

WEEKLY MENU

03/02/2025 to 08/02/2025

Accompainment

Cucumber Raita,
Green -Salad
Pickle, Sauce, Jam
Boondi Raita,
Onion Raita,
Papad
Tomato Soup



Carbs/ Delights

Samosa Chaat
Steamed rice
Fried Rice
Moong Dal Halwa
Jalebi
Veg Pulao
Pav
Chappati



Healthy Food

Poha
Coconut Chutney
Fried Idli
Daliya
Bread-Butter
Cornflakes with Milk
Sprouts
Ragi Uttapam
Dhokla

Veggies/ Fruits

Peas
Cabbage
Cucumber
Carrot, Cauliflower
Barbatti
Brinjal
Mix Veg, Jeera Aloo

Proteins/Legumes

Paneer Chilli
Plain dal
Bhaji
Dal Fry
Rajma
Corn Palak

Snacks/Beverages

White Dhokla
Papdi
Lemonade
Chiwda
Bhel
Biscuit
Banana
Fruit Custard