

# WEEKLY MENU

27/01/2025 to 01/02/2025

## Accompainment

Cucumber Raita,  
Green -Salad  
Pickle, Sauce, Jam  
Boondi Raita  
Masala Raita  
Corn Soup  
Fryums, Papad  
Tomato Soup



## Veggies/ Fruits

Peas  
Cabbage  
Cucumber  
Banana  
Carrot, Cauliflower  
Aloo Palak  
Barbatti  
Brinjal  
Mix Veg, Jeera Aloo  
Capsicum Aloo

## Carbs/ Delights

Samosa Chaat  
Steamed rice  
Fried Rice  
Chocolate Pastry  
Matar Pulao  
Poori  
Chappati



## Proteins/Legumes

Corn Chilli  
Kadhi  
Gatta Gravy  
Paneer Gravy  
Lauki Chana  
Plain dal  
Chhole  
Dal Fry  
Rajma  
Methi Matar Malai

## Healthy Food

Poha  
Coconut Chutney  
Ragi Idli  
Daliya  
Bread-Butter  
Cornflakes with Milk  
Sprouts  
Uttapam  
Millet Pasta  
Dhokla

## Snacks/Beverages

White Dhokla  
Papdi  
Lemonade  
Chiwda  
Bhel  
Biscuit