

# WEEKLY MENU

16/12/24 to 22/12/2024

## Accompainment

Cucumber Raita,  
Green -Salad  
Pickle, Sauce, Jam  
Boondi Raita  
Onion Raita  
Fryums  
Papad



## Carbs/ Delights

Samosa Chaat  
Steamed rice  
Chhapati  
Fried Rice  
Pav-Bhaji  
Chana Chilli  
Veg Pulao  
Chocolate Pastry

## Healthy Food

Poha  
Coconut Chutney  
Daliya  
Fried Idli  
Bread-Butter  
Cornflakes with Milk  
Sprouts  
Upma  
Uttapam  
Dhokla  
Millet Pasta



## Veggies/ Fruits

Peas  
Cabbage  
Cucumber  
Banana  
Carrot  
Cauliflower  
Corn Palak

## Proteins/Legumes

Chana Gravy  
Kadhai Paneer  
Dal Fry  
Plain dal  
Mix Dal  
Arhar Dal

## Snacks/Beverages

White Dhokla  
Papdi  
Lemonade  
Chiwda  
Bhel  
Biscuit  
Aloo Gunda