

WEEKLY MENU

25/11/24 to 30/11/2024

Accompainment

Cucumber Raita,
Green Salad
Pickle, Sauce, Jam
Boondi Raita
Onion Raita
Veg Raita
Fryums
Papad
Tomato Soup
Corn Soup



Carbs/ Delights

Samosa Chaat
Steamed rice
Chhapati
Fried Rice
Poori
Corn Chilli
Gulab Jamun
Moong Halwa
Matar Pack

Healthy Food

Poha
Coconut Chutney
Daliya
Fried Idli
Bread-Butter
Cornflakes with Milk
Sprouts
Khichdi
Uttapam
Khamman Dhokla



Veggies/ Fruits

Peas
Cabbage
Cucumber
Banana
Carrot
Mix Veg
Cauliflower
Corn Palak
Methi Aloo

Proteins/Legumes

Chana Gravy
Matar Paneer
Dal Fry
Plain dal
Lobiya Gravy
Kadhi
Arhar Dal

Snacks/Beverages

White Dhokla
Papdi
Lemonade
Chiwda
Bhel
Biscuit