

SPORTS



HOOPER

CMAD

KAINGER
VALLEY
ACADEMY
INTEGRATED
INDIVIDUAL

GIVES POWER FOR KNOWLEDGE

2023-2024

Where Confidence
Flows

Knowledge Tree

Jummy in the tummy
then Study in the mind





Chief Patron's Message



Swaroopchand Jain
Chief Patron

Dear students,

In the vast and diverse universe, we inhabit, our choices mould our exploration journey, acknowledging that not every decision is ideal. The essence of exploration lies in possessing the navigation sense and the courage to recalibrate when necessary. The powerful force behind the existence of our world has designed us to influence and manage the happenings, activities, and situations in our surroundings. Some instances may have ignited inspiration, others fuelled curiosity, and undoubtedly, some prompted perseverance.

Echoing Kofi Annan's wisdom, "Knowledge is power. Information is liberating. Education is the premise of progress, in every society, in every family," recognises the fortune in wielding this influential tool. Education, a broad and subjective concept, is perceived and absorbed uniquely by individuals. In today's world,

learning extends beyond traditional institutions. As the most informed generation navigating a densely connected global landscape, remain mindful of the pitfalls in this shimmering world. Not all information is factual, and the digitally connected may sometimes find themselves most isolated. Formal education plays a pivotal role, where your informed decisions shape not only your future but also the destiny of a brighter tomorrow.

I have faith in your courage to champion what is right and stand against the flawed. Your collective efforts possess the potential to bring about substantial shifts and transformations. Cheers to a continuous learning journey! Ahead lies a colossal mountain, and I am confident that you will ascend the heights of your choosing at your own pace.

God bless you and long live KVA!

Chairman's Message



Sanjay Jain
Chairman

Education is a transformative journey, a relentless commitment to enhancing the world we inhabit. It is a profound endeavour aimed at nurturing individual souls and moulding minds into invaluable contributors to the global community. As the steward of an Educational Institute, my daily pursuit revolves around a singular question: What strategies can be employed to enrich the educational path of every learner, ensuring the infusion of deep-seated values, the transmission of indispensable knowledge, and the cultivation of virtuous qualities?

In an age dominated by an overwhelming influx of information and a diminishing capacity for its assimilation, the challenge is formidable. The current generation, marked by instant access and smart thinking, has expanded the realm of possibilities through technology. However, amidst this digital era, there is a crucial need to preserve the human touch. At Kaanger Valley Academy, we are dedicated to

safeguarding this human connection in every conceivable manner.

Our mission is to empower children, transcending boundaries to become limitless, unstoppable, happy, healthy, and responsible individuals. Upon introspection, it becomes evident that these qualities are inherent in every child; our role is to cultivate and nurture them. The pivotal question that propels the KVA family forward is the meticulous consideration of how well we nourish and stimulate these innate traits.

I take great pride in leading a dedicated group of individuals who share this common vision for the future well-being of our children, city, state, and nation. Our involvement in KVA goes beyond mere schooling; it encompasses a commitment to providing education for life. I extend my best wishes to each member of our community, hoping for success in our endeavours.

May God bless us all!!!

From The Editor...

"Creativity is the spark that ignites innovation, and perception is the lens through which we capture the brilliance of new possibilities." - Steve Jobs

Craft it, intertwine it, capture it, share it, sizzle it... Unleash your creativity, pour in your passion, and simply bring your imagination to life. Let the process be a feast for your heart and soul—cook up a masterpiece with every ounce of your being!

As we stand at the threshold of another academic year's end, it is only fitting to reflect on the myriad events that shaped our experience. 'Oyster', this year's artistic canvas, is woven with threads of perception, patience, and faith—three pillars that define our journey as KVAites.

Perception, the lens through which we view the world, has been a guiding light. Our events, from cultural extravaganzas to academic pursuits, have expanded our horizons, challenged preconceived notions, and fostered a nuanced understanding of life's intricate mosaic. Each listed activity is a brushstroke on the canvas of our perception, contributing to a richer, more vibrant worldview.

Patience, the silent strength that accompanies every endeavour, has been tested and triumphed. From the initial struggles of adapting to new challenges to the later stages of project completion, our students have showcased remarkable resilience. Patience has been the glue that binds our efforts, turning stumbling blocks into stepping stones and transforming challenges into opportunities for

growth.

Faith, not just in oneself but in the collective spirit of KVA, has been the undercurrent of our successes. The unwavering belief that together we can overcome

obstacles, achieve greatness, and create lasting memories. It's this faith that propels us forward, even when the path seems uncertain, reminding us that the journey is as important as the destination.

The 2023-24 edition of our school magazine stands as a testament to this journey—a Pandora's box of creativity bursting with the vibrant expressions of our young KVAites. It is a collective showcase of the artistic endeavours, intellectual pursuits, and emotional subtleties that make our school community unique. Through its pages, we find a reflection of our shared experiences and the diverse talents that define us.

As we turn the pages of this year's magazine, let us celebrate the unity in diversity, the perseverance in adversity, and the unwavering spirit of KVA. Together, let us set out on an adventure through the prism of perceptions, guide our course with patience, and bring unwavering faith with us on the journey—therein lies the magical transformation of discovery.

We wish you all a happy reading.



Shivani Sondh,
Chief Editor

The Editorial Team



Satarupa Manna



Dr. D B Tripathi



Heera Lal Sahu



Dr. Laxmikant Panda

Annual Report



Rakhi Jain
Secretary

Warm Greetings.....

A warm welcome to the 17th Annual Day Celebration, back in its elemental hues.

Kaanger Valley Academy staunchly believes in the transformative power of quality education to shape character, build mental strength, and nurture integrated individuals. Our commitment to this belief has driven our practices, adapting to the evolving educational landscape. With our forward-looking indigenous framework, we seamlessly navigate changes, be it the CCE in 2010 or the NEP 2020, ensuring a continuous commitment to excellence.

Moving forward with purpose and reflecting upon the milestones conquered, today, I feel honoured to stand here to present before you our achievements of the year.

To begin with the academic accomplishments of the session 2022-23, Anjal Gagan Zanwar, of Class X, Ojasvi Purohit, Jayant Sahu, and Shreshtha Swami, of Class XII Science, Commerce and Humanities respectively kept KVA's flag soaring high among CBSE toppers. Humanities' scholar Manveer Singh Bhalla scored a perfect 100 in the challenging field of Psychology and Science sophomore Pranati Chavali achieved 99 in English, the highest in the city. Also, she bagged the top Zonal Rank, a Gold Medal, and cash prizes in the 2nd Level SOF International English Olympiad.

Kunal Singh Tiwari and Priyanshu Upadhaya

cleared JEE Mains with 97 and 95.4 percentile respectively. Ojasvi Purohit, Kartika Dinesh, of the current batch, and Vinita Kanwar, of the previous one, have qualified for NEET and are now in different medical colleges of repute. Two accomplished individuals from our current batch of Class XII Humanities, Deepika Chauhan, and Sheetal Jain, have successfully passed the CLAT examination

Our budding scientists, Aayushmaan Yadav and Siddharth Rampuria, secured first place at the Rotary 'Little Scientist' Competition and advanced to the Zonal round of the Macmillan Budding Scientist Award 2022-23. Mohanika Jain claimed the 2nd position in the district-level science competition, while Siddharth Rampuria and Atharv Agrawal triumphed at the District Level NCSC 2023, qualifying for the State Level Competition. Sivanand Arpit Panda and Anay Tikaria's "MULTI-TASKING FARMING MACHINE" model earned them a spot in the CBSE National Science Exhibition 2023 after winning at the regional level.

Daksha Chatterjee, of class X, earned the Best Debater award and KVA proudly claimed the trophy for the Best Debate Team of the Jitendra Jain Memorial Debate Championship.

Notably, Vamika Jain and Vanshika Saraowgi, of class X, earned the top spot and a cash prize of ₹15,000 in the Science Working Model-Making Competition at Kalinga

University for their winning model, a Multiutility Electricity Generator.

In the Mindspark Inter-School Competition hosted by Brighton International School, Samriddhi Rampuria of class XI clinched the Best Debater Trophy.

At the "AMICIZIA 2023" inter-school competition hosted by Amity International School, the KVA Athletic team secured the first position and received a Gold Medal. The Kho-Kho girls' team bagged a Silver Medal. The school's debate team, secured the second position in the Azaad Aawaz Debate Competition at Amity International School.

Another proud moment for KVA, in "Aurora Interschool Fest" organised by DPS Raipur, our team of Class XII scholars secured 2nd position in the "Business Bull Competition". "Akhil Sao and Pola Sai Vaishant of class X B" bagged the first runner-up trophy in the "Web Designing Competition." The school team comprising Harshika Vaid and Gunjan Rahangdale, class X earned the topmost rank in the Sanskrit Geet Competition. Ishan Sahu and Varan Agarwal from class V proudly secured the 2nd position in the "Mathematics Exhibition" of Group A.

In an outstanding feat, Vehad Agrawal, from Class I, secured a gold medal at the 16th Chhattisgarh State Roller Sports Championship hosted at KPS Sarona.

In the aquatic realm, Veda Rao Shinde of Class VI has excelled in swimming with 15 gold and numerous silver medals in state and zonal competitions. Her stellar achievements earned her a spot in the SGFI Nationals in Delhi and she's gearing up for the Khelo India Women's Junior Swimming Competition in Bhopal this January.

Jinansh Jain, a Class IX student, dominates squash with a five-year winning streak in state categories. Notable achievements include quarterfinal appearances at the Sub Junior National Championship and the Dhunseri 9th Bengal Eastern Slam. He clinched the top spot in the Chattishgarh State closed tournament and a bronze medal at the national tournament in Pune.

Ishita Singh, of Class XI, excelled in karate by winning a number of gold medals at the Chhattisgarh Karate League, and at the West Zone State Selection.

With a dream of an education system that brings out the extraordinary human potential in every child, we introduced Chrysalis last year for pre-primary and primary classes. Staying committed to our cause, this year Chrysalis

introduced Genie, the World's first Augmented-reality-enabled intelligent teaching console. These immersive classrooms have made the learning experience unparalleled for students and teachers.

Furthermore, in collaboration with New Horizon, Delhi, KVA curated an unforgettable adventure camp for students in classes III to XII which included diverse activities like rappelling, flying fox, zorbing ball, and more. The unique experience added a touch of hill station ambience, fostering lasting memories through a comprehensive blend of adventure and nature.

Kaanger Valley Academy hosted a free career counselling session by a nationwide renowned career counsellor and educational psychometrist Mr Mohit Mangal, offering valuable insights amidst the multitude of contemporary career options for both parents and students.

Reflecting on our 18-year journey, I proudly assert that KVA has secured a unique identity among educational institutions. Our students, the true ambassadors, exude fearlessness, compassion, and a revolutionary spirit. I assure all stakeholders that our commitment to nurturing Integrated Individuals, fostering well-rounded, empowered students set to make a lasting impact, remains steadfast. This journey continues with the unwavering support of enthusiastic parents, dedicated educators, resilient administrators, and the virtuous Board of Governors of KVA.

Tonight, we unveil the latest edition of Confetti, focusing on our bond with the environment. More than a celebration, it's a platform for change, encouraging sustainable solutions. This edition aims to raise awareness, fostering a greater understanding of environmental issues and highlighting collective responsibility. Let's sow seeds of awareness and commitment, turning this event into a powerful message of hope for our environment's improvement.

Finally, to bring my report to a close, I take this opportunity to extend my heartfelt gratitude to each one of you and our chief guest of the evening, Shri Om Prakash Choudhary, for being part of this significant journey toward a more environmentally conscious future...

Thanks a lot, and God Bless!!!

From Principal's Desk



Mr. Abijit Das

Principal

In the realm of academics, the year posed considerable challenges for both learners and mentors, with obstacles appearing more formidable than ever. I am delighted to state that Team KVA, inclusive of all members, demonstrated exceptional resilience in overcoming these hurdles. Despite the disruptions, students bridged their learning gaps with the support of their subject faculty. They revitalised their writing habits and adopted a more composed approach to peer interactions. The stress of recent times faded into the background, replaced by a brighter reality of collaborative and interactive learning environments at school.

The mentors, through their guidance, benchmarks, and patient handling, elevated learning outcomes despite the setbacks. The current generation of learners displayed a remarkable ability to adapt confidently to drastic changes, pleasantly surprising us all. The teachers, support staff, academic leads, coordinators, and administrative staff rose to the

occasion, successfully navigating academic and co-curricular events.

Team KVA implemented modified practices such as detailed result analysis with post-pandemic rubrics, restructured internal assessment benchmarking to address learning gaps, and a review of the CBSE blueprint for a return to normalcy. Gratitude is extended to supportive parents and alumni for always standing by us, offering a crucial boost whenever needed.

Increased participation in PTM and orientation sessions is sought from parents for better collaboration. The feedback received throughout the year has been invaluable for continuous improvement. Despite the roller coaster ride of ups and downs in the 2023-24 academic year, students coped remarkably well, mentors navigated challenges, and KVA emerged strong and vibrant.

Long Live KVA!









REFLECTIONS



A Glimpse into 'Divine Earth': An Educational Adventure

~ Eeshan Chandrawanshi, IX B

Educational tours are a crucial component of the academic programme because they give students the chance to learn outside of the classroom and get useful practical experience. There is a proverb that goes, “*I hear and I forget; I see and I remember; I do and I comprehend,*” and it refers to the idea that seeing something being done in a certain location helps people remember it better. Recently, I had the privilege of being a part of a wonderful educational trip to the workspace of ‘Divine Earth’.

As we stepped into their beautiful and natural workspace, they showed us a two-minute video that contained the details and ideas of their innovative start-up. They gave us some insight into their ‘divine mission’. Their mission was to make the world a healthy place to live (disease- and drug-free) in two minutes by encouraging people to follow a holistic healthcare approach that includes a clean and nutritious diet along with healthy lifestyle changes.

Their first and foremost approach was:

“Let food be your only medicine.”

There, we discussed how nowadays, heavily processed foods are becoming a threat to our health. Their startup prepared food products that were unprocessed or minimally processed, i.e., they prepared food products in such a way that they did not lose their nutritional value, which they would’ve lost during processing, such as refined oil, seeds, processed grain, flour, etc.

They carried the idea of “back to basics,” which means that they used to prepare such healthy products through old-school methods such as ‘cold press’, a method of extracting oil. This traditional method was used in rural areas where technology was not yet up-to-date and where people had fewer opportunities.

Through such innovative ideas and their divine mission, they are not only making the world a better place, but they are also giving hope to those with fewer opportunities by providing employment.

I got to meet the founder—the cool person who started it all. He was like a friendly guide to us. He showed us around, and we got to learn about many interesting things that day. They told us the significance of wooden appliances for cooking and how they can be a better alternative to steel appliances. In the end, we got to taste and smell some natural, unprocessed food products, such as different types of wheat, grain, spices, etc. and were even treated to some delicious millet pocha.

In the end, we asked them a few questions related to the day-to-day difficulties that they face and how they can cope with the pressure.

To sum up, I would like to say that Divine Earth was not just an ordinary trip; it was an adventure, a day filled with new ideas, showing us that education is not just in books; it is out there waiting to be explored.



A Visit to The Glorious Aspects of The Sun

~ Sandeepan Chakraborty, VIII A

It was a normal day at the school. We were all about to assemble in our classes when we were informed about a tour. A tour around our school. We never expected that there was anything left to be seen in this building where we had spent years together. But somehow one important aspect skipped our minds. What we saw was more than we expected.

I always wondered how the school channels and obtains electricity. We saw cables and wires, but never a generator set or any of the other electrical components. This tour answered my bundle of questions when we visited the roof of our school.

The answer was Solar Power.

It should have been obvious to us, but somehow it never crossed my mind. As my father's occupation revolves around harnessing solar power, I was not too

amazed at this sight, as I had previously seen some installations. But my classmates were. They were all asking millions of questions to our class teacher, who answered them thoroughly and patiently.

We saw the huge solar panels, which trap and harness the Sun's energy to run electrical gadgets and appliances. These panels were connected to wires, which distributed this energy throughout the school. This is a renewable and sustainable energy generator. This experience was quite enlightening. It taught me about sustainable ways of development. But greater than that, I believe, was the fact that it brought the Sun closer to us and our lives with its never-ending source of energy for us.

At the end of the day, it was not a visit to the roof of our school; it was a visit to the Sun's glorious aspects.

Athletic Triumph **Pahal Mandavi, VIII A**

This year's Annual Sports Day at Kaanger Valley Academy will always be a memorable moment for me, where I saw how strong and dedicated all my fellow schoolmates were. But the news from Imran sir, my Physical Education teacher and Sports Coordinator, that I had been recognised as the best athlete in Group III, excelling in the 100m, 400m, and 4x100m relay races, was the cherry on top. Being honoured with the trophy amid cheers and support from classmates and friends filled me with immense gratitude. The overwhelming joy I felt underscored the tireless efforts and dedication I had put into perfecting my skills throughout the year.

I owe deep gratitude to the Kaanger Valley Sports Department and my exceptional coaches, whose support and guidance were pivotal in this remarkable achievement. Participating alongside my friends for Sapphire House, especially our collective triumph in the 4x100m relay race, was proof of our unity and teamwork. I am committed to upholding the spirit of sportsmanship and contributing further to Sapphire House's success in the coming years.



AGRAI: Sowing Hard Work, Reaping Silver

~ Kanishka Agrawal, XII Commerce

BUSINESS BULL—an event that made the DPS campus buzz with electric energy as students gathered beneath the glow of fairy lights, transforming the familiar surroundings into a magical heaven for a morning of student-led brilliance. It provided the perfect platform for showcasing inner talents, fostering an entrepreneurial mindset, and expanding skills and knowledge beyond the confines of theoretical books. The selection of our team for the prestigious AURORA event, where we represented our school, filled our hearts with excitement and determination to make our school proud. We started preparing for the event day and night.

The initial challenge was choosing a business model topic. After thoughtful consideration, we thought of preparing a business model to address the pressing needs of the agriculture sector and mix it with the most developing sector, AI. Thus, AGRAI was born—an AI-based agriculture app with features such as weather forecasting, vermicomposting, livestock scanning, and crop scanning.

The journey wasn't without its hurdles, including PPT preparation and cost analysis, but our team overcame each obstacle. In the weeks leading up to the event, our team buzzed with activity, blending infectious enthusiasm and nervous anticipation into its preparation. The event day finally arrived, and as we stepped into the venue adorned with twinkling lights and vibrant colors, we were welcomed into a nexus of ideas, creativity, and celebration.

Then we were asked to wait. The hours leading up to the results were filled with a quiet yet persistent unease. Looking back, there was a sense of vulnerability in those moments preceding the revelation of the results. Finally, the moment of truth

arrived; time stood still as the results were unveiled, the room holding its collective breath. We jumped as we heard “2ND POSITION IS HELD BY KAANGER VALLEY ACADEMY.” Surrounded by applause and congratulations, we went up to the stage with a beaming smile, the satisfaction of earning a silver medal reflected on our faces. The journey was challenging, but the elation of being the second-best filled the air with a sense of triumph. But the triumph is not just ours; it's a shared success with our incredible school faculties, who shaped us for this moment.

We then proceeded back to the school eagerly to see the proud faces of our Principal sir, and the teachers. As we arrived, everyone was waiting to celebrate this success, and a sense of accomplishment filled us. We kept our promise and fulfilled it with flying colours. From the principal's congratulatory words to the spirited applause by the teachers, the school's reaction mirrored the significance of our win. Adding to that, our parents were also present at that time on the school campus to give us a surprise. Our parent's smile spoke volumes about the pride they felt for our accomplishment.

In the tapestry of this unforgettable event, every shared moment, every triumph, and every challenge have woven a narrative of growth, resilience, and companionship. As we draw curtains on this chapter, let the echoes of our shared experiences linger as a testament to the indomitable spirit that binds us together. The memories created will forever be etched in our hearts, a reminder that in unity, we find strength, and in celebration, we discover the true essence of our journey together. Here's to the event that brought us closer, challenged us to excel, and left us with a tapestry of memories to treasure.

Beyond Words: My Inter-School Debate Journey

~Tiya Bais, X C

Amicizia, an annual inter-school festival, is organised by Amity International School, Naya Raipur. Under this, there are different inter-school competitions held spanning public speaking, music, dance, and sports. This year, Kinjal Agrawal and I represented the school team in the 'Azaad Awaaz Debate Competition'. I advocated, and Kinjal eloquently articulated against the topic. "Should the usage of crackers be banned in India?".

For me, participating in this competition was an exhilarating experience that challenged both my communication skills and my ability to think on my feet. Its preparation involved extensive research and refining arguments to construct a compelling case. We practised every day and worked hard for it. As the day of the competition approached, my excitement intensified, as it was my first inter-school debate competition. On the day of the competition, the atmosphere was buzzed with intellectual energy as students from various schools passionately articulated their perspectives on this thought-provoking topic. Standing at the podium, I felt a mix of nerves and excitement. But in the end, it went very well! All the preparation and hard work were worth it, as we secured second place in the competition.

The overall experience left an indelible mark on my personal and academic growth. It was more than a competition; it was a journey of self-discovery honing not only my debating skills but also my ability to engage in respectful discourse. It was truly a memorable journey for which my teachers and my school deserve full credit, along with my parents, for their choice.

Artful Saturdays ~ Shaanjali Singh Rajput, II

I wait for Saturdays as I enjoy art and craft activities the most. Andrea ma'am teaches us to make beautiful things. We learned how to make pencil toppers, vases using plastic bottles, lanterns with plastic cups and craft paper, beautiful bookmarks of superheroes using ice cream sticks, wall hangings with ice cream sticks, and floating candle stands using colourful bangles. We were excited to make colourful masks in one of the classes. I enjoyed colouring diyas with my favourite paint colours and decorating them the most. I love art and craft; it's my favourite and a lot of fun!



Blaze of Glory: KVA Annual Sports Event

Md. Imran Khan, Sports Coordinator

On December 11, 2023, Kaanger Valley Academy hosted its Annual Sports Day at the school's cricket ground. The esteemed guest for the event was Brigadier Vivek Sharma. The spirited atmosphere saw students from the four houses competing zealously in various sports events, including the 3-legged race, 50-meter sprint, skipping race, and relays of 100m, 200m, and 400m for both boys and girls. Amidst enthusiastic cheering from non-participating students and teachers, each house passionately

supported its representatives.

The Principal and the Chief Guest honoured the winners, awarding prizes while allotting points to the four houses based on their performance. Culminating the day's events, the Principal acknowledged the best athletes and hailed Emerald and Ruby House as the best performers, felicitating them with the Palladians Trophy. Gratitude was expressed to the Brigadier for gracing the occasion, and the students were praised for their outstanding efforts and performances.



KVA Theatre: Acting, Advocacy, and Lifelong Skills

~ Aarush Kumar Sharma VII & Arav Agrawal VIII A

Theatre is the best activity for aspiring actors. We have performed many plays related to a multitude of topics. One of them was based on the topic of 'Save The Tiger.' As deforestation rose, the tigers entered urban areas, only to be killed off. We always try to raise awareness about animal life and environmental concerns. In this activity itself, we are taught how to behave and act on stage, as well as how to create a

play that is able to entertain and engage the audience for a long time. This activity is also helpful for people with stage fright, as it helps them overcome it. This activity is a wonderful experience and stands as a testament to KVA's commitment to holistic education, ensuring that students graduate with not only academic knowledge but also a diverse set of skills that will serve them well in various aspects of life.

Career Counselling: Clarity Towards Life

~ Rumki Mukherjee, School Counsellor

Amidst the conversation during the alumni meet of schools, most of the time in a very low voice, it might have been overheard by us that, "We could have been at the right place at the right time if someone had been there to guide us" or "I don't want to be in this profession; I feel suffocated" or "I joined this because I did not know what I wanted to do" and so on. The list of the statements can be vast and endless.

Most of the time, after listening to such statements, the line somewhere read, just clicked, "There are many who give advice, but very few who offer guidance".

These are not very common or general statements; these statements carry lots of pain, agony, frustration, guilt, etc., and we cannot deny this. The schools that are focused and student-centric never want to have their students in such situations, and neither does our Kaanger Valley Academy.

The students, right from classes VI to XII, keep visiting the well-set counselling laboratory to discuss

their career aspirations and discover the path to achieve them. The counsellor gives a patient hearing to their basketful of ideas and, using psychoanalytical tests, helps them understand their attitudes and interests through insightful questions.

At the beginning, students are unable to differentiate between their expectations and practical capability, but by the end of the session, the exchange of smiles helps the counsellor understand that the confusion is cleared, and the confident walk of the students reflects the newfound understanding of their future visions.

KVA takes Ellen Hopkins' wisdom to heart: "Sometimes the little things in life mean the most." The school recognises that guiding students through their career choices is not just about advice; it's about fostering clarity, confidence, and a sense of purpose. Thus, KVA stands as a beacon, illuminating its students' path to success.

A Rainy Day

~ Siddhi Sharma, VIII B

The raindrops fall,
on mother nature's call;
not letting the birds fly,
who chirp, yet we can't espy.

Pale grey clouds
thundering aloud;
not a patch of the sky-
to be seen.

Still the flowers bloom,
and the plants grow;
but the farmer,
does not touch his plough.

The hanging nests,
of the weaver birds,
swing east and west.

Now the Sun is out,
and the birds fly again;
now no one pout,
catch a glimpse from your
window pane!

Try to spot a rainbow,
or maybe even two;
as after a rainy day,
there are many surprises,

waiting for you!

{Rain is truly magical, as after just the first rain of the season, we start to see dainty new leaves appearing on trees and flowers blooming with pure joy. As enchanting as it is to watch the rains, winds, and clouds, it is even better to go outside, get drenched and feel the joy of nature, so here I present to you my perspective of a rainy day in the form of self-composed poetry}

Chilling Confessions: Aerol Swamy's Not-So-Cool Journey ~ Gunjan Rahangdale, X C

Hello there! I am Aerol Swamy Air Conditioner. I am from Panasonic City. You know, I am a very famous and most loved technological appliance in my city. In the summer season, my demand increases so much that I am no less than Allu Arjun from Tollywood. But you know, it's not easy to handle so much fame because with glamour comes huge criticism. My life is also not easy, and it does contain a lot of hate in people's hearts for me. You know, the other day, I was relaxing in X'C' of Kaanger Valley Academy, and suddenly, out of nowhere, people started cursing me and moved away from me as if I came from the gutter! But I ignored all of this and slept while the English teacher was teaching Newton's third law! I am an inanimate object; I understand that, but I too have desires, you know. Now and then, people talk behind my back and say that I am one of the prominent reasons why global warming is increasing and that I am breaking the ozone layer. I mean, if I am causing so

much harm to the world, why was I made? Coming back to my desire, my greatest desire, which lies in my heart of hearts, is that I wish I was made in an eco-friendly way. So that I will be more confident in my existence, everyone, including scientists, economists, environmentalists, children, parents, etc., will be happy to make me a part of their lives. Also, I have a second wish, and it can be fulfilled only by humans. Now and then, parents and elders mock or taunt their children for being habitual users of me. So, it is my heartfelt request to all those dear fans of mine to use me only when required. This way, Mr Fan Khan, my cooler uncle, and other neighbours of mine will also remain employed and live a happy, well-settled life. Now too, I am sitting in front of you, seeing you read this autobiography of mine. Just don't read it and forget about my struggles. Read it, feel it, and remember it. I am always there for you; just turn me off when not needed because electricity is not cheap!

Patriotism ~ Arav Agrawal, VIII B

The love for our nation
The work we do for our nation
The sacrifice we make for our nation
Is actually patriotism.

When the soldiers fight for the country
When they give their lives for the country
Passion within them to do something for the country
Is nothing, but patriotism.

When we are proud of diversity in our nation
When we feel glad on unity in our nation
When we are elated at achievements of our nation
This sensation of pride and happiness
is indeed patriotism.

When we feel sad on losing a match
When we are heartbroken on a terrorist attack

When we feel guilty on doing something bad
These outlooks are nothing, but patriotism.

When we want brotherhood to
summarize our nation
When we want happiness to picturize our nation
When we want justice to symbolize our nation
This urge is truly patriotism.

When we salute our national flag
When we feel jovial on our country getting a tag
When we compose poems on nationalism
It is nothing, but patriotism.

[In this self-composed poem, I am going to
convey my feelings about patriotism, nationalism,
soldier's sacrifice, and nation's achievement]

Chrysalis English: Learn, Play, Enjoy!

~ Ira Badgawe, V B

I like English Chrysalis books a lot. They are very different and more fun-filled than other books. English is one of my favourite subjects, and because of Chrysalis, English is even more fun for me. They have fun activities; e.g., we had to make poster presentations on 'Save the Tiger' in teams. It was fun to make colourful posters. It has good stories in the literature part. The Chrysalis Studio book has a colourful representation of every story. It also connects English with other languages like Telugu, Bengali, Hindi, etc. The grammar part is also very interesting. Every topic is well explained, and ample opportunity is provided for grammar practice in the English Chrysalis companion book. It's fun to learn English with the Chrysalis books.



Cracking the Code:

My Journey Through the Aryabhata Ganit Challenge ~ Khushi Ladha, X A

I participated in the Aryabhata Ganit Challenge (AGC), an annual competition conducted by the CBSE for students in grades VIII to X. The challenge aims to test and enhance students' ability to apply mathematical concepts to real-world scenarios. The AGC comprises two levels and covers various mathematical domains.

Initially, the first stage of the AGC was conducted in my school in a pen-and-paper mode for all students in classes VIII to X. I was thrilled to be selected along with two other students for the second stage, which was a national-level computer-based test. The questions were challenging, but this made it more interesting. They were designed to be like brain teasers that required clever thinking and creative ideas to solve.

The competition was all about finding innovative ways to solve problems and thinking outside the box.

Confidence Unleashed: Kaanger Valley Speaks Up

~ Ruby Samant, Presentation In-charge

School presentations provide students with an opportunity to develop their speaking skills. They help them to think critically about how to present their ideas clearly and persuasively, and they also build up their confidence.

With this in mind, Kaanger Valley Academy organises such events from time to time to enhance the speaking skills of children. They work as a powerful motivator for kids. Children are given the freedom to select their topics. Participating in such events helps children find and organise information and effectively share it with the audience. It further helps children practice their language skills and thereby helps create impressive personalities.



Did You Ever Imagine ?

~ Aditri K. Bandhakavi, XII Science

It was a lovely afternoon in the spring season of the year. A child was sitting alone on a bench in a garden. The garden had a very beautiful landscape filled with cherry blossom trees all around. The harsh mentality of the people who were governing her life was disturbing her. Then a piece of paper flew with the blowing wind and covered her face. She was amused to see it. She started reading.

It began as some pieces of wisdom for our survival in this world.....

Did you ever imagine?

A Pandora's box is filled with unexpected and unknown things. These may be good, bad, valuable, or worthy possessions that may make us feel happy or sad. We cannot expect to get what we want from the box. We can only envisage it for the better.

It's all about picking things up and finding our luck with whatever we get. Sometimes these test our patience and may cause us to lose ourselves, but we should never forget what hope and positive affirmation are all about. We should be able to make use of everything that this box gives us to improve the tapestry. We should be wise enough to utilise everything.

This little story symbolises something else, doesn't it?

It's the tapestry of our own lives, indeed. Rather than being prickly and mourning over our unfulfilled desires and expectations towards people and wasting our time to hope to find the hidden gold behind the rainbow, it's always worth investing time in focusing on ourselves and changing the bad into good since time is precious. Invest the time you spend thinking about other things yourselves; this will take you to great heights. All of us know these obvious lessons, but what makes us successful is when we embark on a mission to implement them. People also should be

wise enough and have a broad mindset towards thinking rather than limiting themselves to a certain extent towards anything. Be it about social media platforms, teens are very fond of Instagram, Facebook, and Snapchat. They spend the majority of their adulthood surfing through these social interfaces. We are generally constrained by the attitude that these interfaces only consume a lot of our time and reflect our bad attitudes, like comparing our lives and getting intrigued by those of others. But these interfaces, called addictive, can do wonders in terms of portraying our talent to the world and gaining immense knowledge from the wise people of the world. But this can only be made possible with the sole intent of using these apps in a good way.

A judgemental attitude can deteriorate us. People are often bound by the narrow thinking that being with the intelligent can help us grow and that being with the fools can altogether fade our existence and make it pointless. But humans are indeed social animals, aren't they? It's all about people's hearts and their natures that help us grow from inside, nurturing love and life.

Often, the people around us get carried away by other people's emotions and their choices or reactions towards us. But one has to remember that a flower blossoms through its struggle in harsh conditions; similarly, it's not others' opinions that are going to shape us. We human beings must live our lives on our terms. This is the key to eternal happiness.



Empowering Education with Interactive Panels: A Game Changer in the Classrooms

~Ritu Arora, Academic Lead (Middle)

Interactive panels, often referred to as interactive whiteboards or smart boards, have become a valuable tool in the field of education at Kaanger Valley Academy. These panels combine traditional presentation tools with advanced technology, allowing for a more engaging and interactive experience. This multimedia-rich environment captivates students' attention and facilitates a deeper understanding of the subject matter. For example, a history teacher can display historical images, maps, and videos to transport students to a different time and place, making history come alive, a mathematics teacher can show different shapes and 3D figures while teaching. The visual and interactive nature of smart boards allows students to actively participate, whether by writing, drawing, or solving problems directly on the board.

This multisensory approach accommodates various learning styles, making it easier for students to comprehend and retain information. Moreover, access to diverse educational resources provides

students with a more personalised and interactive education. It helps students excel academically and prepare for a technology-driven future. Smart boards provide a platform for teachers to save and share content, making it accessible for students to review later. This feature promotes independent learning and revision, reinforcing the material covered in class.

In conclusion, smart boards have emerged as a dynamic tool that empowers teachers to create interactive and engaging learning environments. They enhance traditional teaching methods by offering multimedia integration, access to digital resources, and collaborative opportunities. Smart boards also adapt to the changing landscape of education, supporting both in-person and remote learning. With these capabilities, teachers can cater to diverse learning styles, promote critical thinking, and foster a deeper understanding of the subject matter. As technology continues to advance, smart boards remain an invaluable asset in the modern classroom, helping to shape the education of the future.



Exploring Agricultural Marvels: A Day at Indira Gandhi Agricultural University

~Vedha Chopker, VII

This trip took place on 31st October 2023. During our visit to the Indira Gandhi Agricultural University campus, we explored four separate places. The bus ride was thoroughly enjoyable. Our first stop was the "Indira Gandhi Agricultural Museum" The museum boasted an impressive collection of fine art, educational exhibits, and informative artefacts. The museum enlightened us on water, land and crop-related challenges and the innovative solutions they adopted. The museum displayed a detailed model of the university, historical relics, and life like models of various vegetables grown in Chhattisgarh. Additionally, an extensive collection of rice and grains in Chhattisgarh was on display. Moving on, we proceeded to the second floor, which highlighted modern agricultural practices.

Our next destination was the "Biocontrol laboratory" where we received an explanation of insect-conservation and their role in natural crop protection. Not to forget, observing worms through the microscope was a terrible experience. Continuing the tour, we encountered a greenhouse, where we learnt about its role in enhancing crop growth, by trapping sunlight.

Finally, we visited the "Herbal Garden" which was honestly my favourite. The garden featured a variety of plants including chilly, lemongrass, cucumber, and majestic trees like banyan.

Overall, I enjoyed this trip, as it provided me with a wealth of new information, increasing my understanding of various agricultural practices that were previously unfamiliar to me.

Books

~ Jasmine Kaur Bhalla, VII

The ideas of imagining,
The wonders of animation.
They are the life of ours,
But they're telling us their creation.

They are our future,
don't let it go in trash,
just enjoy reading it,
And use them as much as you are.

The room we sit, it melts away,
And we find ourselves in a play.
With someone before or end,
May become our chosen friend.

Always remember a saying of
A. P. J. Abdul Kalam.
They always let you travel the whole world
Being always steady and calm.

You can find magic
wherever you look,
Just sit back and relax,
cause there is a book.

[Books take us to another dimension.
My personal masterpiece shares my belief that
books are always there with us,
no matter what.]

Exploring Raipur's Rich Heritage: A Stroll Through Chhattisgarh's Capital

~ Arisha Siddiqui, XII Science

When we consider India's history and heritage, Raipur is not usually the first place that comes to mind. While it has rapidly embraced urban development, the city has also managed to preserve its rich cultural heritage.

On November 4, 2023, students of Class XII explored one of the oldest known civilisations of modern India, i.e., Purani Basti. This heritage walk was conducted by Shivam P. Trivedi Sir, by intertwining intriguing facts associated with the places we visited. Firstly, he briefed us about Raipur's origin and history. The roots of Raipur's history trace back to the 9th century, when it was part of the Kalachuri dynasty. In the 14th century, the name "*Raipur*" was coined after Brahmdeo Rai. Raipur was designated as the capital city of the newly formed state of Chhattisgarh on November 1, 2000. This significant decision was part of the reorganisation of states in India, leading to the creation of Chhattisgarh as a separate state carved out of Madhya Pradesh. Before beginning our walk, we also discussed the Ramayana and the Mahabharata. According to historians, the Mahabharata took place after the Ramayana. Still, after carbon dating (a method to determine the age of old organic material), it was found that cities mentioned in the Mahabharata, such as Vrindavan, Mathura, etc., are comparatively older than those described in the Ramayana like Ayodhya and Magadha.

We began by visiting Budheshwar Mahadev Temple, established by the Dani family. We saw idols of Lord Vishnu and Lord Brahma. Next, we went to Mahamaya Temple, where we saw a "Bavdi" i.e., a water well. While excavating, three idols of Hanuman Ji were discovered, and recently, when the water level in the well was shallow, an outline of a fourth

idol was seen. After a few steps, we reached Jaitusav Math. Uma Devi established it in the memory of her husband, Jaitu Sav. We sat for a while. Shivam sir told us about the place. We learned that the difference between a 'Mandir' and a 'Math' is that a mandir is primarily a place of worship dedicated to deities.

In contrast a math is an institution for monks to engage in spiritual practices, education, and community service. We also learned to differentiate between a Vishnu and a Shiv mandir by looking at the entrance. If it is a Vishnu temple, Laxmi Ji or Garud ji must be situated at the top, and if it is a Shiv temple, Ganesh ji. Then, we saw the Jagannath temple and "Turi Hatri," which used to be a market by and for women. This marked the end of our walk.

The successful and enriching walk made us believe that a heritage walk is not just a physical journey through historical sites but a profound exploration connecting individuals with the rich tapestry of their cultural legacy.

India is a pictorial kaleidoscope of beautiful landscapes and rich cultural heritage spread throughout its opulent historical and royal cities that have been contributed by different people and races over the period. Heritage walks are the best way to learn and recognise our culture, tradition, philosophy, myths, and associated rituals with them. The walk makes us look back and reminds us of our rich culture and history, provoking us to think about the existence of every historical structure and place. It also helps bring the

Various reflections that I can elaborate on shall include-

1. Cultural Appreciation- The walk allowed us to delve into the roots of one's culture,

Exploring the Rich Heritage at the State Museum

~ Arnav Tikaria, VIII B

On a sunny day, we got the opportunity to visit the Guru Ghasidas Memorial State Museum at Ghari Chowk. Our morning began with breakfast while the rest of the school assembled for the morning prayer, and soon after, we embarked on our respective buses, reaching the museum in just 20–25 minutes.

First, the girls commenced their exploration on the first and second floors, while the boys delved into the wonders of the ground floor. We encountered a gigantic statue that was believed to be of Lord Shiva and sighted some antique tools from the Chalcolithic and Copper Ages. In the next room were some small statues, which were sculpted flawlessly. The room led to a hallway that had ancient inscriptions, in Prakrit script, on massive tablets of stone. The text, to my surprise, wasn't even close to Sanskrit.

On the first floor, there was a display of a forest ecosystem. The guide claimed that all those animals were real and had been chemically preserved to appear frozen in motion. Though some of them did look real, a few left us in disbelief.

Our journey continued to a room with antique items, including idols of people, replicas of huts and armour, swords, and helms of ancient rulers and soldiers from the Bastar tribes.

The trip was now over, but we didn't leave the place yet. We roamed around here and there for a while, and we were given booklets about the museum. We then boarded our buses and bid goodbye to this wonderful place. To enhance our experience, Sanjeet Sir, our teacher, instructed the bus driver to take us on a scenic route back to school. This joyous trip, which was filled with songs, took us approximately 40 minutes.

It was a great experience for me, as I had not been to any museums. Apart from enjoying ourselves in the company of friends, all of us gained a lot of knowledge about our state's history. In the end, we may not have done much studying that day, but the wealth of knowledge gained and the memories created made it a truly enriching experience for us, courtesy Kaanger Valley Academy.

Mask-Making Delight

~ Akshita Kachhwaha, III

Our school celebrates Animal Rights Week every year in the month of April. The whole week, we are engaged in some or other exciting activities like mask-making, bird watching, puppet shows, general knowledge quizzes on animals, movie watching, and many more. My favourite activity was mask-making. Our class loved and enjoyed making animal-shaped masks. The common animal shapes made were lions, cats, and cows. For making the mask, we were asked to bring materials from home like A4-size chart paper, colours, paint, a punching machine, elastic string, and permanent marker. We have one presentation period

to finish this task. Some of the masks were also put up on the backside soft board. It felt wonderful to see everybody enjoying and involved in the making process. The enthusiasm and involvement of everyone during the process were truly wonderful. I cherish Animal Rights Week as one of my favourite weeks at school. I am thankful to Kaanger Valley Academy for raising awareness about animal rights through such creative and enjoyable initiatives, making a positive impact on our understanding and appreciation for the world around us.

YUVA Club: Empowering Minds, Bridging Educational Gaps

~ Yash Kedia, VIII A

On November 3, the students of the YUVA Club visited the government school for an interactive counselling session arranged for classes VI to VIII. The club members went to help the middle school students in three main subjects: English, mathematics, and science. The students were divided into three groups, where the first group was handling English to help learners read and make them learn at least 15 new words with correct pronunciation and meanings (this group succeeded in making all the students of class VIII read 3–3 lines each, and 8 new words with their meanings were taught to them). The second group was for the science subject, which went to class VII to make them learn the names of the body parts using printouts. The whole session was quite interesting, and the students were responding with correct pronunciations. The third group was allotted to mathematics to reduce the fear of numbers. This group explained a few tricks of addition, subtraction, multiplication, and division. The club members and

the students had fun during this interactive session, in which the students were motivated to study well and learn how a bright future was waiting for them. The members shared a few printouts of tricks, pictures, and stories with the kids who responded well in class as a token of appreciation. It was almost a two-hour interactive session in which both the students of KVA and the government school shared and learned a lot from their experiences. The session was exciting, and the students were also invited to our school for interactive computer and sports sessions too. The overall experience was good; we learned how difficult the lives of girls and boys at that school are and how well they manage their studies and responsibilities towards their home too. The club members went there to counsel and help them in major subjects, and in return, we learned how to manage time, be respectful, and value the things we have, as everyone does not have what we have, even without demanding it.



Whispers of Tradition: A Radiant Tapestry Unveiled in the Pre-Primary Gala

~ Mithlesh Shukla, Teacher

The festival day celebration in the Pre-Primary Section was a vibrant and enriching affair, where young minds immersed themselves in the cultural tapestry of India through various performances and presentations.

The event commenced with a serene rendition of the Gayatri Mantra by the full-day boarder students, setting a reverential tone for the festivities ahead. Following this auspicious beginning, the youngest participants, the KG 1 students, delighted everyone with a lively dance performance depicting the joyous spirit of the Holi festival.

Stepping into the spotlight, Kushaal from KG 2 delivered an enlightening speech on the significance and traditions associated with Diwali, sharing insights and spreading awareness about this widely celebrated festival.

The stage came alive with a series of solo performances by Saatvik, Swaraj, Shourya, Mridu, Pranavi, and Vashishthi from KG 2, who captivated the audience by chanting shlokas, mantras, slogans, and even rendering religious songs, showcasing their talent and dedication.

The younger talents from KG 1, including Prakhar, Agamveer, Anvii, and Kabir, alongside Trilok from the nursery, displayed their prowess with solo performances, reciting slokas, mantras, and melodiously rendering religious songs, adding a beautiful essence to the event.

The nursery group of children enraptured everyone with a charming dance performance, bringing alive the vibrant aura of Diwali through their graceful movements. Meanwhile, the KG 2 group took the audience on a visual journey through a captivating dance performance portraying the essence of the Ram Navami festival, infusing energy and enthusiasm into the celebration.

The day reverberated with joy, excitement, and a sense of cultural immersion as the children embraced the festivities with sheer delight, learning and enjoying the diverse cultural heritage of India.

Overall, the festival day celebration in the Pre-Primary Section was a resounding success, fostering an understanding and appreciation for India's rich cultural heritage while creating lasting memories of joy and unity among the young participants.



My Comfy Spot Soaked in Tabla Vibes

~ Hargun Kaur Kohli, X B

Learning Tabla has been the most rewarding experience for me. It is a versatile instrument that can accompany various genres of music, such as classical, folk, devotional, fusion, and even pop. Learning tabla has improved my concentration, coordination, memory, and creativity. It has been such a great experience to learn tabla from Nilesh Sir. We play it together while sitting in a line with our tablas in front of us. Our minds get rejuvenated by the most delightful and soothing sounds. Since the tabla allows the musician to express themselves, Sir has always told us that it is a friend, confidante, and companion. Hence, learning tabla is the best decision of my life, and I would like to thank Nilesh Sir, who has taught me tabla from the very basics and showed a lot of patience during the course. Everything that I play on tabla today is because of him. Above all, I am but luckier because both of us are at Kaanger Valley Academy, Raipur.

Beyond Bars: Kaanger Pals' Pawsitive Impact

~ Rayan Shee, III

During this week, we learned about animals and their rights. To make us learn something more, our school showed us a movie on animal rights. It gave the message that we should not kill or use animals for our needs. Animals should not be kept in cages or in circuses. We should not throw stones or colours at them. We should give food and water to the stray animals. We should not trouble any animals during celebrations and festivals. If anyone does wrong to any animal, we should try to stop them and make

them understand that behaviour is wrong towards any living being on the Earth. As a student, being part of such initiatives makes me grateful for the well-rounded education I am receiving at Kaanger Valley Academy. It not only equips us with knowledge but also cultivates values that will stay with us throughout our lives. These activities have enriched my understanding of animal rights and have also contributed to shaping me into a more compassionate and responsible individual.



Field Wizard: A Game-Changing Farming Companion

~ Sivananda Arpit Panda and Anay Tikaria, VI A

My experience with the model, a multi-tasking farming machine, began in a crop field. One day, I was roaming inside a village with my grandfather. There, I have seen some farmers spraying fertilisers and pesticides on crop fields by carrying a machine on their backs.

I started thinking about potential solutions for their needs. Then the idea of constructing such a machine came into my mind, which can help farmers in several ways. With the help of this machine, farmers need not move throughout the field; from one place, they can use this machine throughout the crop field. This machine will be more cost-effective, handy to use, and useful to farmers. This machine can be used for spraying water, spraying fertiliser, sowing seeds, levelling the crop field, and sanitising several places. Then I shared this idea with my friend Anay, and together we started working on it.

We participated in the in-school science exhibition with great enthusiasm, courage, and excitement. We started collecting materials like Node MCU, Motor Driver, Wheels, Geared Motor, Lithium Batteries, Female DC Socket, Nozzles, LED Light Sprayer, Pump Solar Panel, and Steel Body. Step by step, it was a bit

nerve-racking constructing the model, but my father and teachers guided and supported us a lot, because of which, finally, we were able to represent it in front of everyone properly.

We secured second place in the school science exhibition. We received an honourable certificate at the INSEF Science Fair, which was held at N.H. Goel World School in December. Our model was also considered for the MacMillan Budding Scientist Competition. We were extremely happy when our model was selected for the National CBSE Science Exhibition. It was a significant achievement for us. At that moment, I was proud to represent our school at the national level.

The support and encouragement I received from my parents and my school, Kaanger Valley Academy, including the guidance from my teachers and the resources made available, were instrumental in the success of my project. I am truly thankful for being a part of a school that values and encourages creative thinking and hands-on learning. The experience has not only contributed to my academic growth but has also left a lasting impact on my overall development.



War: A Tragic Fate

~ Rudraneel Kundu, X C

Amidst the echoes of the drums of war
A mother weeps, her heart torn raw.

The sound of gunfire fills the air,
And in the distance, a city in despair.

Families flee; their homes destroyed,
Their lives forever; altered and devoid.

The soldiers march on, with heavy hearts,
Knowing that death could tear them apart,

They fight for freedom, they fight for peace,
But the price of war is far too steep.

The fields once green, now stained with red,
Of blood and tears, of the countless dead.

As the Sun sets on this battlefield,
The only sound left is the sorrowful yield,

Of mothers and fathers who lost their child,
Of friends and lovers left behind.

Love's tender touch, now out of reach,
Replaced by the chaos, war does preach.

The ravages of war, a scourge on mankind,
A tragedy that leaves nothing behind.

No winners or losers, just pain and sorrow,
and a tomorrow that's bleak and hollow.

War is a tragedy, a cruel fate,
That takes away what we hold so great

It leaves us broken, it leaves us scarred,
In a world that should have never been marred.

Wooden Dreams: Curating Carpentry Creations

~ Noshi Rahangdale, VIII A

Our school is no less than a heaven; it has numerous features to be called a heaven in my dictionary. One such feature is the Saturday activity. Out of numerous activities held at our school, the one I will talk about is 'Carpentry'. Carpentry is not only the art and trade of cutting and joining timber, but it is also a way of expressing our ideas and letting our imaginations take shape. To date, we've curated several designs. For instance, a house, an incense stick, a mini toy tractor, a table/chair, a mini toy aeroplane, a bangle stand/pen stand, and the list goes on. If you ask me how to make a mini house out of wood, I can tell you how. We used nails, hammers, adhesives, and plywood to create one. We incorporated six pieces of plywood, placed them in the shape of a house, and fixed them with the

help of adhesive, followed by the use of nails. It was a great experience. My friends and I felt like inventors. No wonder; carpentry is my way of expressing my creativity. Whenever an idea pops into my head, I write it down and wait for my next carpentry session to work on that idea. I love creating new things, and I find real serenity in the things I love!



Vietnam: Legacy of Culture, Resilience, and Timeless Traditions

~ Sujal Thumar, XII Science

Vietnam is a country with a rich and diverse heritage that spans thousands of years. From ancient civilizations to colonial influences, Vietnam's heritage reflects a unique blend of traditions, cultures, and historical events. Furthermore, Vietnam distinguishes itself on the global stage as a prominent source of commodities such as cashew, black pepper, rice, and coffee. The singular charm of Vietnam finds expression in its unique art of water puppetry, the enchanting allure of the perfume festival and pagoda, and most notably, the resolute "Yes, I Will" ethos exhibited by its people.

One of the prominent aspects of Vietnam's heritage is its ancient civilization. The people of Vietnam share an ingrained bond with their forebears and the customs they handed down. The early Vietnamese kingdoms, such as the Van Lang and Au Lac, laid the foundation for the country's culture and traditions. These venerable societies have cast a profound influence on diverse facets of Vietnamese existence, encompassing not only language and artistic expressions but also spiritual convictions. The Imperial City of Hue and the ancient town of Hoi An are notable historical sites. Foreign influences define Vietnam's heritage, including China, France, and the US. Chinese dominion significantly shaped culture and society, impacting philosophy and writing. Chinese Confucianism and Daoism influenced Vietnamese philosophy and ethics, while Chinese characters and calligraphy influenced the Vietnamese writing system. Amidst these foreign currents, the Vietnamese safeguarded their intrinsic identity, seamlessly fusing these diverse influences into the intricate mosaic of their heritage. The architecture of Vietnam stands as a testament to its rich heritage. The ancient temples, pagodas, and

imperial citadels reflect the country's spiritual and historical significance. Notably, Hanoi's Temple of Literature signifies Vietnam's commitment to education, while the Imperial Citadel of Thang Long, a UNESCO site among eight others, unveils its regal history and architectural prowess. Vietnam's traditional arts and crafts are another integral part of its heritage. Across generations, artisans have transmitted skills like silk weaving and pottery. UNESCO acknowledges the cultural resonance of traditional music, such as "Nhac Dân Tộc Cui Bien." Folk dances and traditional costumes, like the Ao Dai, are also significant cultural symbols. The natural heritage of Vietnam is equally remarkable. Landscapes like Ha Long Bay and Sapa's rice terraces display their stunning environment. These natural wonders not only contribute to their aesthetic appeal but also provide a livelihood for many local communities. Vietnam's heritage is also deeply connected to its struggles for independence and resilience. Historic wars have moulded its identity, notably the Vietnam War, profoundly influencing the nation and its people. The war's aftermath and the process of reconciliation have become part of Vietnam's heritage, demonstrating the resilience and determination of the Vietnamese people.

In exploring the rich heritage of Vietnam, we've uncovered a nation that embodies the essence of its very name, VIETNAM. The **V**ivid Culture, **I**nspirational Resilience, **E**nchanting Landscapes, **T**ime-Honoured Traditions, **N**ourishing Cuisine, **A**rtistic Expressions, and **M**onumental History collectively weave a tapestry of greatness. By embracing and safeguarding this heritage, Vietnam ensures that its legacy will endure for future generations to cherish and learn from.

Fostering Compassion: Animal Rights Week at KVA's Pre-Primary Wing

~ Minali Pandey, Teacher

In the spirit of nurturing empathy and instilling a sense of responsibility towards our furry and feathered friends, Kaanger Valley Academy's Pre-Primary Wing celebrated Animal Rights Week with a series of engaging activities throughout April. The aim was not only to educate young minds about the importance of respecting animals but also to make the learning experience enjoyable and memorable.

One of the highlights of the week was a vibrant colouring session where the children enthusiastically adorned pictures of various animals with a riot of colours. The activity served as a creative outlet for the little ones, allowing them to express their love for animals through art while reinforcing the message of kindness and compassion.

The excitement reached its peak during the puppet show, a dynamic and interactive way to communicate important lessons about animal rights. Through captivating stories and animated characters, the children learned valuable lessons about treating animals with respect and understanding their needs. The puppet show not only entertained but also served as a powerful tool for imparting meaningful insights to the young audience.

Taking the learning beyond the classroom, the students actively participated in bird-feeding activities within the school campus. Armed with bird-friendly snacks, the children eagerly filled designated feeding stations, observing, and delighting in the presence of feathered visitors. This hands-on experience allowed them to connect with nature and understand the simple yet significant ways in which they can contribute to the well-being of animals.

As a thoughtful gesture, each child received

"Sakorass," small packets containing bird feed, to take home. This initiative aimed to extend the spirit of Animal Rights Week beyond the school premises, encouraging the children to continue their compassionate actions at home. The "Sakorass" became a symbol of their commitment to caring for the winged inhabitants of their neighbourhoods.

The week's activities were not just about imparting knowledge; they were about sowing seeds of empathy and fostering a lifelong appreciation for the animal kingdom. By combining education with enjoyable experiences like colouring, puppet shows, and hands-on bird feeding, Kaanger Valley Academy's Pre-Primary Wing succeeded in making a lasting impression on the young minds, instilling in them a sense of responsibility and compassion towards the creatures we share our planet with.

In conclusion, Animal Rights Week at Kaanger Valley Academy was a resounding success, weaving together education and enjoyment to create a holistic learning experience for pre-primary children. Through these activities, the school not only imparted valuable lessons but also nurtured a generation that understands and values the rights of animals, laying the foundation for a more compassionate and harmonious future.



Faith in Distress: Politics Diminishing the Sanctity of Religion Today

~ Palak Sharma, X A

The heartbreaking loss of 13,000 innocent lives might appear trivial to my esteemed counterparts, but to me, it stands as a profoundly pivotal and distressing reality. This number symbolises the tragic toll of the recent Israel-Palestinian conflict, where the manipulation of religious fervour for political ends has led to an immense human tragedy. Both Israeli and Palestinian leaders exploit religious sentiments to validate their territorial ambitions, resulting in a harrowing spectacle of power dynamics that relentlessly perpetuates a cycle of violence. In this cruel geopolitical chess game, the lives of thousands are callously reduced to mere pawns, sacrificed for the sake of territorial claims and political manoeuvring.

A noteworthy instance of this phenomenon is evident in our daily lives, particularly in recent times during election campaigns. Political parties often use religious symbols, rituals, and rhetoric to woo voters along religious lines. This opportunistic use of religion tends to eclipse the genuine moral teachings of faiths, as political leaders prioritise electoral victories over ethical considerations. But, is religion supposed to be a political tool?

Political parties, in their bid to gain power, often polarise communities, sometimes even using religion as a tool to divide rather than unite. What would be a better example than the partition of India? Two religion-based parties advocated the two-nation theory of Hindu and Muslim nations, which led to the partition of India and Pakistan. Large-scale religious violence and riots have periodically occurred in India since its independence. For instance, the Kashmir genocide of January 19, 1990, brought misery to the lives of Kashmiri Pandits and subsequently led to their ethnic cleansing from Kashmir. The state government

at that time abdicated its constitutional duties, created a sociopolitical vacuum, and left people's lives and liberty at the mercy of looters, marauders, and terror groups. Approximately 300,00 Kashmiri Pandits are reported to have left the region due to constant persecution. And what's more heartbreaking is that this wasn't the first, but the 7th exodus that took place in Kashmir.

1984 remains one of the darkest years in modern Indian history. Following the assassination of Indira Gandhi by her two Sikh bodyguards, Sikh riots erupted, and an estimated 8-20 thousand Sikhs were killed across India.

And how can I forget about the Godhra Train burning incident, in which Hindus were allegedly charred to death by Muslims by closing the door of the train, which led to the 2002 Gujarat riots? According to official figures, the riots ended with 1044 people dead. The prevailing "us versus them" storyline perpetuated by politics cultivates an atmosphere in which religious doctrines promoting inclusivity, empathy, and tolerance are overshadowed by political convenience. And this is just not it. 1998 Chamba massacre; 2002 Fidayeen attacks on Raghunath temple; 2002 Akshardham Temple attack; 2006 Varanasi bombings; Marad massacre; Gujarat riot 1969; Ayodhya dispute; and the list is never ending. But my worthy opponents continue to strive to substantiate their claims without any supporting evidence.

At last, I would like to rest my case by quoting the famous Indian philosopher J. Krishnamurti "Religion is created to reform lives, not to take revenge on one another, but this pure and noble intentionality of religion is constantly dominated and overshadowed by today's politics."

Tots in Action

~ Ritu Roy, Teacher

Sports Day in our Pre-Primary section was a delightful spectacle of tiny tots showcasing their enthusiasm, energy, and budding athletic skills. The sunlit morning was filled with laughter and cheers as parents, teachers, and fellow students gathered to witness the vibrant event.

The day kicked off with welcoming the dignitaries and parents. The events were thoughtfully designed to be age-appropriate, ensuring every child could participate and enjoy the day to the fullest.

The highlight of the day was undoubtedly the events completed by Nursery kids. The air was filled with excitement and the occasional release of balloons, creating a symphony of joy.

The sportsmanship displayed by these little ones was heartwarming. Whether they crossed the finish line first or last, every child received applause and encouragement, fostering a sense of camaraderie and inclusivity.

Parents actively participated in the Parent-Child Race, adding an extra layer of joy to the event. It was a touching sight to see parents and their little ones hand in hand, navigating the course with shared laughter and determination.

As the day concluded with prize giving, each child received a token of appreciation for their efforts, reinforcing the idea that participation and enjoyment are paramount. The memories created on this Sports Day will undoubtedly linger in the hearts of both children and parents, celebrating the joy of teamwork and the spirit of healthy competition in the early years of education. Amidst the laughter and achievements, Sports Day also stood as a testament to Kaanger Valley Academy's commitment to nurturing not only academic excellence but also essential life skills in our tiny tots.

Victories And Memories

~ Rudra Agrawal, X A

Sports Day is one of the most enthusiastic and exciting events in our school. The practice for this day starts two weeks before the actual event. During these two weeks, selection rounds are held to choose two students from each house for specific events. After the selection, our coaches hold regular practice sessions to sharpen our skills, instruct us in proper technique, and get us ready for Sports Day.

This year, I was awarded the Best Athlete Prize as I secured first place in the 100m and 400m races, and my house team (Emerald) won first place in the 100x4 relay race. It was an exhilarating moment for me when I was felicitated with the Best Athlete Trophy. I felt incredibly happy, and this is one such

day that I eagerly anticipate. Unfortunately, this was my last year participating, and I will miss this day tremendously.

This victory is not just mine; it was possible only due to the support and encouragement I've received from Kaanger Valley Academy. The school's commitment to promoting sports and fostering a competitive spirit has been instrumental in my success. KVA's emphasis on sportsmanship, teamwork, and skill development has shaped me into the athlete I am today. I dedicate this win to the school that has nurtured and honed my abilities, encouraging us to strive for excellence in both academics and sports."

Today's Politics Overshadows the Nobility of Religion

~ Daksha Chatterjee, X C

In the face of the September 11, 2001, terrorist onslaught that targeted the very essence of freedom, then-President George W. Bush emerged as a stalwart defender of his nation and its people. 9/11 saw large waves of unjust hatred against Muslims, where Americans themselves labelled their own people as malevolent and thus began their president's efforts to save his people from each other.

After this devastating incident, President Bush took multiple steps to protect Muslim-Americans from hate crimes. He held a series of events, including hosting the first-ever White House Iftar, visited the Islamic centre and created the "Friendship through Education" initiative to bring American and Muslim children closer together. Yet, despite his fervent work in mending these fractures, according to a 2022 study, 61% of Americans still believe Muslims to be 'anti-American' and excessively violent. How is it that people, as much as my adversaries, still blame politics for overshadowing the nobility of religion when it is clearly their deeply ingrained religious stereotypes that blind them from looking at the plain truth in front of them?

Further, the focal point in all religious and political debacles in India revolves around the Ayodhya dispute. It had been the bone of contention between communities for ages until the November 9, 2019, Supreme Court ruling that finally put an end to this saga rooted in vandalism and malice. The court ordered the 2.77 acres of disputed land to be given to build the Ram mandir since it had been evidenced that the Ram mandir predates the Babri masjid. However, the court also gave an alternative 5 acres of land to rebuild the Babri masjid elsewhere.

The role of the Indian government in the Ayodhya dispute has been so entirely overblown that people continuously disregard the Supreme Court's verdict,

but in 2017, when under the rule of the very same Indian government, the Supreme Court abolished Triple Talaq, no one batted an eye. Is this not a clear example of people's bigotry? Is this not a clear example of people's habit of picking and choosing arguments against politics?

Talaq-E-Biddat or Triple Talaq, a case that now celebrates the victory of empowerment for Muslim women, was once engraved with principles disregarding gender equality and dignity. The bench delivered a historic verdict striking down the practice of triple talaq and declaring it unconstitutional and illegal, commenting, "What is bad in theology cannot be good in law.". Article 25 states that if any religious practice violates fundamental rights, then it can be struck down by the Supreme Court. It held that the practice of triple talaq was derogatory and thus a violation of Article 14, the Right to Equality.

I would like to rest my case with this valuable piece of advice. For all my adversaries, it is not politics that overshadows the nobility of religion; rather, it is your prejudice, stereotypical thinking, and dogmatic mindset that are completely destroying any meaning left of religion.



Garba Giggles: Little Learners' Cultural Showcase

~ Ritu Roy, Teacher

In a celebration that brought smiles and rhythmic beats to our school, the Garba Party was a delightful event that showcased the vibrant cultural spirit of our young learners. The school's premises buzzed with excitement as tiny tots, dressed in colorful traditional attire, eagerly participated in this joyous dance festival with our energetic and beautiful parents.

The event commenced with the Thinkroom participation of the tiny tots with their parents in KG-II, KG-I, and Nursery. The young participants in KG-II, very energetically completed the task of making different patterns with the use of different shapes, and the parents also helped them in doing so. The kids in KG-I made different images of objects using four shapes. Parents were also helping the little ones.

The munchkins of Nursery class hosted a delightful Thinkroom presentation, inviting parents into the world of their children's education. The highlight of the event was a clay moulding activity where parents and kids collaborated to create miniature rooms—a bedroom, living room, kitchen, dining room, and bathroom.

This hands-on experience not only sparked creativity but also offered parents a glimpse into the dynamic learning environment of the classes. The presentation extended beyond art, providing parents with insights into the curriculum. It showcased the blend of structured lessons and playful exploration that defines the educational journey at Kaanger Valley Academy.

Parents and family members joined in the celebration, witnessing the adorable spectacle of their little ones joyfully engaging in the traditional dance. The atmosphere echoed with laughter, cheers, and the infectious energy of the young performers, creating memories that would be cherished for years to come.

As the event drew to a close, the participants were greeted with applause and accolades for their spirited performances. The Garba Party in our school not only celebrated the joy of dance but also nurtured a sense of cultural awareness, leaving everyone with a heart full of memories and a deeper connection to the vibrant traditions of our country.



Generations Unite: Joyful Day at Badhte-Kadam

~ Jaspreet Kaur Bhalla (Teacher)

On August 22, 2023, a group of class V students from Kaanger Valley Academy undertook a social visit to Badhte-Kadam. This visit was organised as part of an educational trip. The primary objective of our visit was to engage with the elderly residents of the Old Age Home, spend quality time with them, and provide companionship. On arriving at the Old Age Home, we were warmly welcomed by the staff and residents. We initiated the visit by introducing ourselves and engaging in conversations with the elderly individuals. Many of them were eager to share their life stories, experiences, and wisdom with us, which proved to be incredibly insightful and inspiring. Children organised various activities, including playing musical instruments, song performances, and dances, which brought smiles to the faces of the residents and created a lively atmosphere. The children were served snacks after their performances. They also gave handmade cards to the residents. The gesture was greatly appreciated by the residents. There was a special bonding between the elders and the children. The elderly individuals expressed their

gratitude for the companionship. The visit to the old-age home was an enriching and humbling experience. We look forward to organising more such visits in the future to continue making a positive difference in the lives of the elderly and fostering intergenerational connections.

In my children's own words:

It was a wonderful experience to meet with old people. I felt like talking to my grandparents. They gave me lots of blessings.

~ Kanishk Sinha, V A

We enjoyed ourselves in the old-age home. The grandparents were very happy to see us all. We gave them beautiful, handmade cards.

~ Jishan Memon, V B

When we were dancing, one grandma came to dance and sing. I feel glad that I made them happy.

~ Aahana Bisen, V A

I felt happy to host a small program for the elderly. I could see the love in their eyes for us. It is a good way to make old people happy despite their sadness.

~ Ishaan Sahu, V B



Through My Eyes

~Asha Pillai, Senior Coordinator

A Native American saying goes:

“Tell me, and I forget. Teach me, and I remember. Involve me, and I learn.” At KVA, this has been the benchmark of the teaching-learning process.

As I reflect on the past 17 years within the walls of our beloved school, I am filled with gratitude and a deep sense of accomplishment. It has been an amazing journey, filled with growth, shared successes, and the joy of witnessing each of the young KVaites evolve into the exceptional individuals that they are today.

When I first stepped into the role of a teacher here, little did I know that this institution would become not just a workplace but a second home. The enthusiasm for education that fueled me back then has only grown stronger, and I feel privileged to have moved into the role of senior coordinator.

In navigating the ever-changing landscape of education, we have faced challenges and embraced opportunities for growth. Together, we have weathered curriculum changes, technological advancements, and societal shifts, emerging stronger and more resilient each time. The spirit of unity and collaboration among our dedicated staff, brilliant students, and supportive parents has been the cornerstone of our success.

Our students are the heartbeat of this school. Their enthusiasm, curiosity, and thirst for knowledge fuel our commitment to providing the best possible

education. I have watched them overcome obstacles, celebrate triumphs, and grow into remarkable individuals with unlimited potential. Their achievements, both inside and outside the classroom, are a testament to their dedication and hard work.

The passion for teaching and unwavering commitment of fellow educators towards nurturing young minds have been a constant source of inspiration. Together, we have fostered an environment where creativity thrives and learning extends beyond textbooks. The dedication towards our shared mission of shaping the future leaders of tomorrow is truly commendable.

To the third vertex of our learning triangle, the parents, the partnership between home and school is a vital foundation for the success of our students. The guardians have always entrusted us with the education and well-being of their children. Their support and collaboration have been invaluable in creating a harmonious and enriching learning environment.

As we continue this journey together, let us remain steadfast in our commitment to excellence. Let us embrace change as an opportunity for growth, celebrate the diversity that enriches our community, and continue to foster a love for learning that extends far beyond the classroom.



The Only Ones

~ Noshi Rahangdale, VIII A

When you all came into my life
I thought something was complete,
I could now enjoy happily as if,
you all were my second family.

You made me laugh in every situation,
made me realise
everything was fine,
even when I was in a really bad time.

The jokes you say,
the pranks you pull,
though I know it's very lame
but can you explain me,
how do we enjoy playing this game?

When I'm with you guys
I think I'm in a zoo,
because you indirectly do the same things
the monkeys, rabbits, cows and giraffes do!

Don't think I'm insulting you
Instead, I'm praising you
you know why,
because monkeys, rabbits, cows and giraffes
are favourite animals of mine!

When we recover from a lot of fights
just know at that time,
we are making our bonds strong
because that will help us
make our friendship live long.

I know the discussions we conducted
on choosing careers
which made me realise that,
we have wasted another year.

Oh man! forget about these things,
and focus on the current situation
the current situation in which,
you will have to study
in order to make it your buddy,
so that you can score good marks
and shine like the stars.

So the world is the sky where you
come as a star,
make a group-like constellation
which would never break us apart.

{ This self-composed recital is dedicated
to all my silly best friends. }



Genie: Revolutionising Education at Kaanger Valley Academy

~ Rashmi Ahmed, Academic Lead (Primary)

“If we teach today’s students as we taught yesterday’s, we rob them of tomorrow.”

- John Dewey

Education should be accessible and effective for all students, regardless of their background, abilities, or learning styles. A one-size-fits-all approach may not be effective for all learners. Students have diverse learning styles, preferences, and abilities. Inclusive teaching methodologies address the diverse needs of students and promote equal learning opportunities. Differentiated instruction and varied teaching methods can cater to individual learning needs.

The rapid advancement of technology has transformed the way we live and work. Integrating

technology into education can enhance engagement, facilitate personalised learning, and prepare students for a technology-driven world.

To propel our drive toward impactful learning, Kaanger Valley Academy adopted Genie- the world’s first augmented reality (AR) teaching console, for immersive classrooms. By combining traditional learning with interactive technology, we have created an environment that fosters active participation and makes education an absolute joy, meeting the diverse needs of today’s learners.

Staying committed to the cause, KVA ensures that it remains a pioneer in providing accessible, effective, and forward-thinking education for all its students.

Good Nutrition, Happy Mood: Culinary Care at KVA

~ Rumki Mukherjee, Nutritionist (Teacher)

At Kaanger Valley Academy, the Mess Committee, led by Ms Rumki Mukherjee, Ms Anju Malik, Ms Ruby Samant, Ms Rama Rao Shindey, and Ms Neelam Dwivedi, operates under the expert guidance of Ms Rakhi Jain and Mr Ashish Kushwaha, recognising that health is, indeed wealth. The committee is committed to ensure the well-being of students and teachers by providing a balanced and delightful dining experience.

With a weekly menu crafted in collaboration with student preferences, the committee strikes the perfect balance between nutrition and taste. The menu, regularly updated on the school website, allows parents to stay informed about the culinary offerings. From savoury delights like Samosa Chaat, Papdi Chaat, Matar Pack, and Dhokla to sweet treats such as Gulab Jamun, Jalebi, Ice cream, Pastries, and seasonal delights like Gajar ka halwa, the variety caters to diverse palates and seasonal preferences. In accordance with a proposal by India, the United Nations has designated the year 2023 as the

International Year of the Millet. India aims to establish itself as a worldwide hub for millets. Following this initiative, Kaanger Valley Academy has embraced the trend by incorporating millet pasta and idli into its delectable meals. This step not only addresses health concerns but also enhances the culinary experience.

Hygiene is a top priority, and both the school and girls’ hostel receive equal attention. Special consideration is given to girls living away from home, ensuring they enjoy local cuisine that brings a taste of home. The committee actively manages fried food intake and controls carb consumption, prioritising the overall well-being of students.

Should any issues arise, the Mess Committee addresses them promptly and with the utmost urgency. The dedication of all members ensures that the students not only eat well but also eat happily. The served platter is a vibrant array of colours, reflecting the committee’s commitment to providing a nutritious and delightful dining experience.

KVA's Sporting Prowess

Md. Imran Khan, Sports Coordinator

At Kaanger Valley Academy, we deeply value sports as an integral part of our students' development. Our school takes pride in the participation of numerous students in various competitions at district, state, and national levels. Some notable achievements include:

CBSE School States Skating Competition Raipur: Devyansh Sharma, Daksh Makana, Aditya Patel, Rishabh Kashyap and Vehad Agrawal

Open National Skating Competition Chennai: Vehad Agrawal

CBSE Far East Zone Volleyball Competition Titlagarh Odisha: School Boys Volleyball Team

Open National Square Competition Pune: Jinansh Jain

Open National Swimming Competition Uttarakhand: Veda Rao Shinde

CBSE Far East Zone Swimming Competition: Veda Rao Shinde

Inter-School Competition (Amity International School, Raipur)

- Kho-Kho Girls Team (Silver Medal)
- 100x4 Relay Race Team (Gold Medal)

Inter-School Competition Brighton International School, Raipur)

- Cricket Team (Boys) (Bronze Medal)
- Volleyball Team (Boys) (Bronze Medal)

Our academy boasts excellent sports infrastructure, including cricket and football grounds, tennis and handball courts, and basketball and netball courts, catering to students of all ages, from toddlers to senior levels. We encourage and support students to excel in diverse sports like skating, volleyball, swimming, cricket, and more. Their active participation showcases their talent and instils discipline, teamwork, and determination, contributing to their overall growth and success. Alongside our sports collaborations, our dedicated coaches ensure that students receive comprehensive training and emotional support, fostering a holistic environment for their development. Moreover, our collaboration with the Sports Village Foundation aims to offer opportunities to underprivileged children, using sports to drive positive changes in their health, education, and empowerment. Our dedicated coaches, working tirelessly, focus on improving athletic skills and providing emotional support, and creating a holistic environment for student development.



Harmony Within: Spiritual Science and Meditation for Integrated Living

~ Rashmi Sinha, Spiritual Science Teacher

Kaanger Valley Academy is at the forefront of integrating spiritual science and meditation into its educational framework, striving to make the world a better place. The academy's mission is clear: to empower individuals for personal transformation and contribute to a more peaceful, sustainable world. Through a series of yoga-based practices and meditation techniques, participants learn to attain greater clarity, focus, and inner balance.

The unique approach to meditation at Kaanger Valley Academy emphasises its active nature, not merely as an escape from reality but as a means to engage with one's innermost self. This perspective teaches that meditation is an exploration of consciousness, allowing individuals to tap into a vast reservoir of wisdom, creativity, and intuition within themselves. This process fosters greater self-awareness, aiding in the identification and overcoming of negative thoughts and behavioural patterns.

The academy's commitment to "Integrated

Individuals" is reflected in its emblem and motto. Kaanger Valley Academy nurtures well-rounded, empowered students who are prepared to make a positive impact on the world. On the school campus, a dedicated Pyramid Meditation Center stands as a testament to the practical implementation of their beliefs. Here, students engage in pyramid meditation weekly, accompanied by classes that impart spiritual values and wisdom.

Personal testimonials highlight the effectiveness of pyramid meditation. Meditating in the Pyramid's king's chamber reportedly induces a thoughtless state of mind quicker than outdoor meditation. Many practitioners attest to the special energy or properties of pyramids that enhance meditation, improve mental functions, and improve overall well-being. Kaanger Valley Academy ensures that students benefit from pyramid meditation on campus and encourages them to continue the practice at home, maximising the positive impacts of meditation on their lives.



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Soulful Journey: A Day of Discovery and Respect in Religious Diversity

~ Mithlesh Shukla, Teacher

On August 21, the young minds of our pre-primary class embarked on an enlightening and soulful educational trip, exploring the rich cultural tapestry of our country's religious diversity. Filled with enthusiasm and curiosity, the children visited two sacred places, Ram Mandir and a Gurudwara, each offering a unique glimpse into the beauty of religious practices.

The day started with excitement as children, along with teachers and staff, boarded the bus, filled with joyous anticipation. As the wheels rolled, the air was filled with laughter, chatter, and the innocent exuberance of the little ones.

Their first stop was the revered Ram Mandir, where the children immersed themselves in the serene ambience. They enthusiastically participated in chanting shlokas and sang melodious bhajans, their sweet voices echoing the sanctity of the temple walls. The children were captivated by enchanting stories from the temple priest about Lord Rama that sparked their imaginations with tales of bravery and goodness.

Following this enlightening experience, the young learners proceeded to the Gurudwara. Respecting traditions, children covered their heads and cleaned their feet before entering the sacred place of worship. A delightful sight unfolded as one of our Punjabi children performed a heartfelt 'paath,' exuding sincerity and reverence, touching the hearts of all present.

The priest at the Gurudwara, with utmost warmth and humility, narrated the greatness of the Gurus, enlightening the children about the teachings and principles that form the core of Sikhism. The little ones listened intently, absorbing the wisdom shared with wide-eyed wonder.

Amidst these spiritual experiences, the

journey was also filled with moments of joy and delight. The children relished delicious snacks on the bus, sharing stories of their favourite parts of the trip and cherishing each other's company.

As the day concluded and the bus journeyed back, the children were not only enriched with newfound knowledge but also with a deeper understanding and respect for different faiths. Their innocent hearts had not only experienced the divinity within these places but also revealed the joy of learning and sharing.

This educational religious trip was a testament to the power of exposure and understanding, fostering in our young learners a sense of inclusivity, respect, and appreciation for the diverse cultural fabric that enriches our society. Through these experiences, they've taken a step towards becoming compassionate and open-minded individuals, ready to embrace the world with acceptance and understanding.



Journey Through Pages

A school library serves as an excellent place for learning and gaining knowledge. At my school, we are fortunate to have a vast library where we can sit peacefully and read books. Our library has an extensive collection, including many beautifully illustrated short story books, several of which are classics! Personally, I love reading story books with colourful illustrations from our library. Moreover, our school librarian, Anjana ma'am, is incredibly helpful. Maintaining silence and discipline is crucial in the library, a rule I happily follow. I always look forward to visiting the library, where I get to discover and immerse myself in new books.

Pranavi Roy, I

I am very happy to share that we get a chance to visit the library at our school every month. We carry Hindi and English story books alternatively on a monthly basis. After reading the books, we give a presentation on them in front of our class. These presentations help boost our self confidence. I eagerly await each month's library visit to explore new books.

Krishna Maskara, II

In my school, Kaanger Valley Academy, there is a library that houses approximately 5000 books. I like to read books because it improves my vocabulary and expands my knowledge. I visit the library every month. Our librarian, Anjana ma'am, efficiently manages the school's collection, issuing both Hindi and English story books to us. This year, I borrowed two books in English, 'Sumi' and 'The Mice Who Ate Iron' along with 'Ludhakta Pahiya' and 'Vruksh Raj' in Hindi. Reading books has been an enriching experience for me, particularly spiritual stories and English magazines. In conclusion, books are a great blessing, and I believe it's essential to always embrace the habit of reading.

Lastly, I want to thank Kaanger Valley Academy for giving us the chance to read lots of different books. The school's library is fantastic, and it helps us learn many new things. Kaanger Valley Academy, thank you for making reading so much fun!

Jayshree Panda, III

Strings of Joy

Anya Singh~Vedha Chopker, VII A

Every Saturday, multiple activities are held at our school. One of them is the guitar class, and it is truly amazing. This session lasts for about an hour, and that one hour is amazing as we dive deep down into the beauty and harmony of music. It is mesmerising to experience and feel the beat of every guitar string in our hearts. Moreover, the instructors are helpful as

they guide us through every step. It has been almost a year since we participated in this activity, and it is thoroughly enjoyable. Overall, we enjoy being involved in this activity, and our heartfelt thanks to Kaanger Valley Academy for providing opportunities to explore and delve into the beauty of music.

Hard Work Beats Talent When Talent Doesn't Work Hard

~ Amitesh Parashar, X A

Tim Notke said that talent doesn't guarantee success, but hard work always does. Not everyone is born with special talents; those are like gifts from God. However, everyone can put in the effort and work hard.

Even if you're not naturally talented, you can become successful by putting in the effort. For instance, Sachin Tendulkar is a name that is synonymous with the game of cricket in India. The master batsman enthralled and bewitched a country of more than 1.2 billion people for almost a quarter of a century. No cricketer in history has been under more scrutiny than Tendulkar. But he always worked hard to silence others. Not working hard means you won't stay successful for long. For example, a doctor has to keep learning and working hard to stay good at his job

because new things come up in medicine all the time.

If you're not naturally good at something, like if I am not good at playing badminton, I can learn and practice to become better. Now that I know everything, I need to practice hard, and this will help me play badminton perfectly.

The key message is that if one wants to do well in life, in school, or in anything, the most important thing is to work hard. There's no substitute for putting everything you have into what you want to achieve. Leaders are born out of perseverance. So, in different situations, talent might not be as important as working hard consistently. This belief has been engraved into my personality by my parents, my teachers at KVA, and my competitive peers therein.

Life



~ Rishi Yadav, IX B

Life is a journey, short and sweet,
With moments bitter but also neat.
Life is a gift, a precious treasure,
Full of moments we should try to measure.
Life is a dance, a rhythmic beat,
In harmony with each heart's beat.
Life is an adventure, full of delights,
A journey we work for days and nights.
Through sunny days and stormy nights,
We navigate our life with all our might.
Life is never ever certain,
It always seems to change its tide.
We can never be sure that a person will not
leave our side.
So live life to the fullest

Like there is no tomorrow,
But ... Always be prepared to fight unexpected
sorrow.
Never think twice before,
Bringing a smile to somebody's face,
And.... your life will be filled with beautiful and
happy days.
A happy and contented life is what I wish for you,
my friend...
I wish you a life without regrets till the very end...
"Life is just like a roller coaster; it sometimes
goes down and sometimes up... The one who
truly faces the ups and downs of life is the one
who truly lives his life."

These lines are the cover point of my poem.

Skill Sprint Saturday

I like my school's Saturday activities and enjoy dancing to my favourite Punjabi tunes. I feel happy and relaxed while doing activities with my class teacher. I love my school because there are so many new activities for us. Thank you, Ma'am and Sir, for making us shine like a  

~ Seerat Kaur Saini, I

Our Saturday activity was gardening. On the first day, we learned about the types of soil and tools we needed to choose to grow plants. On the second day, we planted some seeds of 'khatta bhaji' and watered the seeds with a watering can. On our third visit, we planted 'cheeriya' and we saw our khatta bhaji had grown a little bit. When we went to the garden on the fourth day, we learned about the medicines that we needed to give our plants in a week. On the fifth day, we saw that the khatta bhaji had grown very well, and the cheeriya plants had beautiful and colourful flowers on them!! They were blue, purple, white, red, and orange. The stem was the same colour as the flower. On the sixth day, we dug the soil and planted coriander seeds. On the seventh day, the coriander plants had grown but were small, and after that, we had heavy rains. The rainy season can hamper small seedlings because of excess water. It used to be hot and humid, but I enjoyed my gardening activity as I learned how to plant with my own hands.

~ Nishka Maskara, IV A

Calligraphy is a beautiful way of expressing art through writing. It's more than just regular handwriting; it turns writing into a detailed and captivating form of art. This is my first year at this school, so I had to get an activity that could help me start the session. There were many activities, like art and crafts, fireless cooking, piano, etc. So why did I choose calligraphy? The answer is simple, I want to have beautiful handwriting.

By learning calligraphy, you can nurture creativity, hone focus, refine motor skills, and elevate your handwriting. Learning calligraphy is a bit tricky. The pen you use is different from regular pens; it is more like a fancy fountain pen. You have to be careful with it and learn how to hold it just right. Writing in calligraphy involves special angles and strokes, whether you're doing regular letters or trying different calligraphy styles. But for me, it's a fun and relaxing activity. So far, I have learned normal alphabets and uncial calligraphy styles.

My calligraphy teacher taught me that getting good at it takes a lot of practice. If you're not happy with your work, you should keep trying until it looks the way you want it to. I've practiced a lot, and now I feel proud of my calligraphy.

At last, I would like to thank my calligraphy teacher for teaching me this art and for being patient. I will keep doing calligraphy all my life and remember it.

~ Ishaan Sahu, V B

Fireless cooking is my favourite Saturday activity. In this way, we make recipes that do not require cooking over a flame. Our teacher, Nidhi Ma'am, gives us a chance to prepare recipes except for chopping vegetables. I eagerly wait for every Saturday of the week to discover which recipe we'll explore and enjoy eating.

During the activity, we made Oreo milkshakes, corn chaats, bhel, sandwiches, nacho chaats, Russian salads, and many more.

Fun Incident: On one of the Saturdays, while preparing Nacho Chaat, we were putting sauce on, and it spurted out, spoiling our uniforms. We had a great laugh at this incident. I wish I could continue with this activity every year.

~Aadya Arkesh, III

Melodies of Innocence: Hindi Poem Presentation Enchants Pre-Primary at KVA

~ Minali Pandey, Teacher

In a delightful celebration of language, rhythm, and the inherent charm of childhood, the Pre-Primary section of Kaanger Valley Academy recently witnessed a vibrant showcase of talent through a Hindi Poem Presentation. The event was a testament to the expressive abilities of the youngest learners, who enthusiastically took the stage to recite and perform a medley of rhymes.

The stage was adorned with colourful backdrops and decorations, creating a whimsical setting that perfectly complemented the innocence and exuberance of the young participants. Excitement filled the air as parents, teachers, and fellow students gathered eagerly to witness the magic that was about to unfold.

One by one, the little poets confidently stepped forward, their faces radiating a mix of nervousness and eagerness. Clad in adorable costumes, they recited a variety of Hindi rhymes that ranged from nature-inspired verses to playful tales of friendship and daily activities. The poems, carefully chosen for their simplicity and relatability, resonated with the young audience, creating an atmosphere of joy and laughter.

The presentation was not just about reciting verses; it was a holistic experience that included expressive gestures, animated facial expressions, and even a touch of dramatic flair. The children's uninhibited enthusiasm and genuine love for language were on full display as they effortlessly delivered their poems, capturing the hearts of everyone present.

Teachers played a crucial role in guiding the little performers, ensuring that each child felt supported and encouraged. The nurturing environment allowed the children to express themselves freely, fostering a sense of confidence that extended beyond the stage.

The audience was treated to a kaleidoscope of emotions as the children recited poems that celebrated the beauty of nature, the joys of friendship, and the wonders of the world around them. The rhythmic cadence of the rhymes, coupled with the infectious energy of the young performers, created an enchanting experience that left a lasting impression on everyone present.

As the last poem echoed through the hall, the audience erupted in applause, acknowledging not just the children's recitation skills but also their ability to bring words to life.

In conclusion, the event showcased the immense potential that lies within every child, emphasising the importance of fostering a love for language and expression from an early age. The Hindi Poem Presentation was more than a performance; it was a celebration of innocence, imagination, and the boundless joy that comes from sharing the beauty of words with the world.



Puddle Party: Pre-Primary Rainy-Day Celebration at KVA

~ Minali Pandey, Teacher

August brought with it the rhythmic pitter-patter of rain, and at Kaanger Valley Academy's Pre-Primary section, the joy of monsoons was celebrated with exuberance at the much-anticipated "Puddle Party: Rainy Day Tentative." The atmosphere was abuzz with excitement as the young learners eagerly embraced the theme of the day—rainy-day revelry. The classrooms transformed into a colourful array of raindrops and umbrellas, setting the perfect stage for a day filled with delightful activities.

To kick off the festivities, the children engaged in a hands-on activity by crafting paper boats. Laughter echoed through the rooms as tiny hands meticulously folded paper, turning them into vessels ready to set sail. The anticipation of floating their creations in puddles added an extra layer of thrill to the crafting experience. As the paper boats were ready, the children, adorned in vibrant raincoats and armed with colourful umbrellas, ventured outside to explore the magic of rain. Puddles awaited, and with unbridled enthusiasm, the little ones joyfully released their boats into the water, watching them navigate the mini waterways.

Back indoors, creativity continued to flow as the children engaged in a lively colouring session. Rain-themed colouring sheets became canvases for their

imagination, with rainbows, umbrellas, and raindrops coming to life under the strokes of their tiny fingers.

The highlight of the day was the chance for the children to step outside and experience the rain firsthand. With raincoats donned and umbrellas held high, they ventured into the drizzle, their giggles harmonising with the rhythmic sounds of raindrops. The sheer delight on their faces as they felt the rain on their skin was a testament to the simple joys that make childhood magical.

The Puddle Party wasn't just about getting wet; it was a celebration of sensory exploration, creativity, and the uninhibited joy that comes from embracing the elements. It allowed the children to connect with nature playfully and memorably, fostering a love for the changing seasons.

In conclusion, the Pre-Primary Puddle Party at Kaanger Valley Academy turned a rainy day into an unforgettable adventure. Through paper boat races, colourful artwork, and the sheer thrill of experiencing rain, the children celebrated the magic of monsoons. The event not only brought smiles and laughter but also instilled a sense of wonder and appreciation for the beauty found in the simplicity of raindrops and puddles.



Paws, Claws, and Compassion

~ Aarav Patidar, IV A



Animal Rights Week is held during the first week of April each year. The purpose of Animal Rights Week is to remember and honour the animals who have been subjected to exploitation, harm, and death at the hands of humans around the world. At our school, we actively participate by shedding light on the challenges animals face. We go to the library and read some books about animals. We also help the animals who need us. For example, if we see an injured dog lying on the street, we should help it. In India, the initiation of Animal Rights Awareness Week is credited to Colesworthey Grant. This week inspires us to craft our own slogans, such as “Don’t destroy their homes to build ours. It’s right to fight for animal rights,” “Great or small, love them all.” and “Together, we strive to make a difference and foster compassion for our fellow creatures.” We also do mask-making presentations, G.K. presentations, bird-watching, movie-watching, etc.

Power of Teamwork: Our Amicizia Triumph

Nikita Kanwar, X A

My visit to Amity International School in Naya Raipur was life-changing for me and my entire team. We represented our school in the 'Amicizia' Inter-School Sports Competition on October 15, 2023. With our school management and coaches' support and daily practice sessions, we prepared well for the games, including Kho-Kho and relay races, which paved the way for our success.

The lush green surroundings of Amity's ground set the stage for our relay race. During the relay race, my heart raced with nerves when we initially led but were overtaken by another school. Yet, the unwavering support from our friends and coaches fuelled our determination, and we eventually triumphed, claiming the first position. That moment of victory was euphoric as our teammates and coaches hugged each other, our eyes shining with joy. This experience taught me the power of true sportsmanship and unwavering support in achieving our goals. A heartfelt thanks to Team KVA for their constant encouragement.



Mentoring Magic: Shaping Futures at KVA

~ Anju Agrawal, HOD & LEAD (COMMERCE)

Mentoring has the power to impact young minds who are on their own journey of finding themselves. Incorporating this into the school's system and curriculum has demonstrated its positive influence on students' academic achievements and personal development.

In teaching and learning, it's really important to create trust and believe in each student's potential. This trust and faith in students' abilities are the foundation of good education. These values aren't just for one culture or school system—they show how crucial it is to connect with students and communicate in a way that helps them grow. Through mentorship and personalised guidance, educators can create an inclusive environment where every student feels valued and capable. This approach ensures that no student is overlooked, allowing teachers to reach and support all learners within a classroom setting.

No teacher can teach a child unless he or she knows her students and their aspirations. At KVA, students have the opportunity for regular meetings with a dedicated teacher on working days, benefitting from mentorship that supports their academic journey and personal development. There cannot be learning if positive and strong relationships are not established, as connections and relationships foster better learning. Interactions between students and teachers not only enhance academic rigour but also ignite and fuel their passion for learning.

Mentoring at KVA focuses on the following aspects and is found to be enriching for both teachers and students:

- The mentor helps the child set goals for both academic and personal trajectories.
- At KVA, mentoring involves supporting students in defining their academic and

personal goals, which, through goal setting and action planning, helps them effectively prioritise their tasks and aspirations. Furthermore, when articulated, these aspirations serve as a tangible reflection of inner ambitions, urging individuals towards excellence by nurturing their abilities and capabilities. They offer a guiding light for students, allowing them to navigate their paths under the guidance of a mentor.

- Self-efficacy, or having a strong belief in one's capabilities, is one of the most important ingredients for achieving a challenging goal for success. Research shows that the type of learning environment and scaffolding (zone of proximal development) will improve self-efficacy in a child.
- Establishing connections and fostering trust emerge as fundamental pillars in the realm of education. Communicating the sentiment "I care for you; I believe in you" illustrates genuine concern. Seeking to comprehend each student is a multifaceted endeavour due to their individual uniqueness. Engaging with questions like "Are you okay?" encourages students to open up, nurturing trust, the cornerstone of robust relationships.

At KVA, mentoring transcends boundaries to prepare our children for a future that's undefined. We embrace the concept of being 'start-up ready,' not solely in a business context but equipped to confront any challenge by cultivating crucial skills and competencies. While the future remains unpredictable, amidst a technologically evolving world, we advocate for equipping every child with essential 21st-century proficiencies like resilience, risk-taking, and more.

Nurturing Potential:

Understanding and Overcoming Learning Disabilities in Pre-Primary Kids

~ Rupa Makhija, Academic Lead (Pre-Primary)

In the exciting journey of early childhood, some children may encounter learning disabilities that require careful attention and support from parents. Recognising and addressing these challenges early on can make a significant difference in a child's educational journey.

Learning disabilities in pre-primary children can manifest in various forms, such as difficulties in reading, writing, or understanding information. It's crucial for parents to stay observant and responsive to potential signs, which may include delayed language development, struggles with coordination, or trouble following instructions.

Firstly, open communication with your child's educators is essential. Teachers can provide valuable insights into your child's behaviour and academic performance. Early intervention programs and specialised assistance can be arranged to meet the unique needs of your child.

Creating a supportive home environment is equally crucial. Establishing consistent routines and incorporating engaging, hands-on learning activities can foster a positive attitude towards learning. Encourage creativity through art, music, and play, as these activities can enhance various cognitive skills.

Tailoring your approach to your child's learning style is the key. Some children benefit from visual aids, while others may respond better to auditory or kinaesthetic methods. Patience and flexibility are paramount, as progress may be gradual.

Seeking professional guidance from educational psychologists or specialists can provide a more in-depth understanding of your child's specific learning challenges. These professionals can offer personalised strategies and exercises to address and overcome obstacles.

Lastly, remember the power of encouragement and praise. Celebrate small victories and milestones to boost your child's confidence. Building a strong support network, including teachers, therapists, and other parents facing similar challenges, can also provide valuable insights and emotional support.

In conclusion, understanding and overcoming learning disabilities in pre-primary kids requires a collaborative effort between parents, educators, and professionals. By fostering a nurturing and adaptive environment, parents can empower their children to navigate the early years of education with resilience and confidence.



Numeric Ninjas: Inspire, Create, Excel

~ Ved Prakash Bajpai, Mathematics HOD

On August 4, 2023, our school hosted a remarkable mathematics exhibition for students from grades III to XII. The event featured 63 exhibits, showcasing innovative ideas and project work through various mathematical models. Esteemed mathematics Professors, Dr. Shanti Swarup Dubey, Mr. Jagdanand Raw, and Mr. Ashok Adil, graced the occasion as chief guests.

These exhibitions play a crucial role in making mathematics tangible and allowing students to apply their creative talents to mathematical concepts. They not only enhance analytical and logical skills, but also cater to social and moral development, promoting teamwork among students. The opportunity to present mathematical models in front of esteemed judges from different colleges adds an extra layer of significance to these events.

The exhibited models covered a diverse range of topics, such as Fibonacci Numbers, Probability, and the Geometry of Architecture. Students found the experience enriching as they delved into previously unfamiliar subjects. The presentation aspect not only

facilitated learning but also helped students become more adept at public speaking, conquering stage fear, and building self-confidence.

Organising a virtual model for the exhibition posed challenges, but the hard work invested in setting it up was rewarded with positive results and appreciation. Arthav Bajpai and Jasmeet Kaur Saini from Group III secured the first position for their presentation on 'Tiling and Spidron Pattern.' In Group IV, Harshika Baid and Gunjan Rahangdale claimed the top spot with their presentation on 'Probability.'

The Mathematics Exhibition served as a platform for budding mathematicians to showcase their innate talents. It not only provided an opportunity for students to learn and apply mathematical concepts creatively but also allowed them to overcome challenges, building resilience and determination. In conclusion, it is our hope that every school like KVA will play a crucial role in building a genuine passion for maths and nurturing future wizards. We hope every school makes maths exhibitions a compulsory and integral part of their educational journey.



appreciating the art, architecture, and stories embedded in these historical landmarks.

2. **Historical Insight-** Exploring historical sites provides insights into the lives of those who came before, understanding their challenges, achievements, and the context in which they lived
3. **Architectural Awe-** This showcases the architectural marvels that stand as a testament to the skills and craftsmanship of earlier generations.
4. **Community Bonds-** The walks foster a sense of unity and bonding amongst the participants- who share an interest in their glorious heritage
5. **Personal Connection-** Individuals may feel a personal connection to a particular historical site, perhaps due to ancestral ties or a deeper resonance with the stories embedded in the place
6. **Preservation Advocacy-** Witnessing the challenges faced by historical sites may evoke a sense of urgency to advocate for their preservation and restoration.

Takeaways from the Heritage Walk

The visit heightened my sense of cultural pride and helped me connect deeper to our ancestors' traditions

and practices. It also gave me a broader perspective on history, fostering a sense of continuity and realising that contemporary issues often have historical roots. I can firmly say that after the visit, I have found a fresh appreciation for the aesthetics and engineering prowess of historical periods, potentially inspiring an interest in architectural history. I also feel responsible for environmental conservation, understanding that protecting historical sites often involves preserving their ecological surroundings. The strengthened community bonds and the potential for collective efforts in preserving and promoting cultural heritage will go a long way in my life. I realise how individual stories contribute to the larger narrative of collective heritage, and I sincerely commit myself to actively supporting initiatives to conserve heritage sites for future generations. A heritage walk is not just a stroll through the past. It is a transformative experience that leaves individuals with a profound appreciation for their heritage and a sense of responsibility to safeguard it for the future.

Cultural heritage is our reference point to the past. It helps us to understand our history and the ancestry that binds us together, while at the same time being an integral part of our present and our future.



अभिसार



राष्ट्र के प्रति नारी का योगदान

निकिता कँवर -10वीं (अ)

किसी भी राष्ट्र के निर्माण में उस राष्ट्र की आधी आबादी अर्थात् स्त्री की भूमिका की महत्ता से इंकार नहीं किया जा सकता। आधी आबादी यदि किसी भी कारण से निष्क्रिय रहती है, तो उस राष्ट्र या समाज की समुचित एवं उल्लेखनीय प्रगति की कल्पना भी नहीं की जा सकती। हमारे यहाँ शास्त्रों में कहा गया है कि 'यत्र नार्यस्तु पूज्यन्ते रमन्ते तत्र देवताः' अर्थात् जहाँ नारी का सम्मान होता है, वहाँ देवताओं का वास होता है। भारत की कुल जनसंख्या में लगभग 39 प्रतिशत कार्यशील जनसंख्या है, जिसमें लगभग एक चौथाई महिलाएँ हैं। कृषि प्रधान भारत देश में कृषि कार्य में सक्रिय भूमिका अदा करते हुए स्त्रियाँ प्रारंभ से ही अर्थव्यवस्था का आधार रही हैं, लेकिन पितृसत्तात्मक समाज में स्त्री की आर्थिक गतिविधियों को हमेशा से ही उचित रूप से मूल्यांकित नहीं किया गया है। आधुनिक युग में समाज सुधारकों के प्रयासों एवं शिक्षा के प्रसार ने महिलाओं की स्थिति में धीरे-धीरे सुधार लाना प्रारंभ किया, जिसका परिणाम राष्ट्र का समुचित प्रगति के पथ पर निरंतर अग्रसर होने के रूप में सामने आया है। आज स्त्रियों ने अनेक सामाजिक एवं पारिवारिक समस्याओं को पार करते हुए नई बुलंदियों को छुआ है। घर की जिम्मेदारियाँ तो वह सदियों से निभाती आ रही हैं, अब उन्होंने स्वयं को बाहर की दुनिया में भी दृढ़ता से स्थापित किया है। चिकित्सा का क्षेत्र हो या इंजीनियरिंग का, सिविल सेवा का क्षेत्र हो या बैंक का, पुलिस हो या फौज, वैज्ञानिक हो या व्यवसायी, प्रत्येक क्षेत्र में अनेक महत्वपूर्ण पदों पर स्त्रियाँ आज सम्मान के साथ आसीन हैं। किरण बेदी, कल्पना चावला, मीरा कुमार, मेनका गांधी, संतोष यादव, सानिया मिर्जा आदि की क्षमता एवं प्रदर्शन को भुलाया नहीं जा सकता आज नारी पुरुषों के कंधे से कंधा मिलाकर आगे बढ़ रही है और देश को आगे बढ़ा रही हैं। सुभाषचंद्र बोस ने कहा भी है –

“ऐसा कोई भी कार्य नहीं

जो हमारी महिलाएँ नहीं कर सकती और ऐसा कोई भी त्याग और पीड़ा नहीं है, जो वे सहन नहीं कर सकती।”

यद्यपि महिलाओं ने अनेक क्षेत्रों में प्रगति की है, परंतु महिलाओं को अभी बहुत कुछ करना शेष है। आज भी स्त्री की उपेक्षा का सिलसिला उसके जन्म के साथ ही शुरू हो जाता है। पितृसत्तात्मक सामाजिक संरचना के कारण हमें हर स्तर पर उनकी दशा सुधारने के लिए प्रयास करने चाहिए। आज भी अधिकांश भारतीय स्त्रियाँ वेतनभोगी होते हुए भी आर्थिक दृष्टि से पुरुषों पर आश्रित बनी हुई हैं। सिर्फ कानूनी प्रावधान ही महिलाओं की स्थिति सुधारने लिए पर्याप्त नहीं होंगे, बल्कि लोगों की मनोवृत्ति में परिवर्तन लाने की भी अत्यंत आवश्यकता है। आवश्यकता इस बात की भी है कि भारतीय समाज महिलाओं को उनका सम्मान दिलाने के लिए कटिबद्ध हों। उनकी मेधा एवं ऊर्जा का भरपूर प्रयोग हो तथा जीवन के प्रत्येक क्षेत्र में उनके साथ समानता का व्यवहार हो।



सच्चा इंसान

वेधा चोपकर - 7वीं (अ)

सच्चा इंसान वही होता है जो दूसरों को सम्मान देता है, अपने माता-पिता का ध्यान रखता है, अपना काम ईमानदारी से करता है और सब का ख्याल रखता है सच्चा इंसान वह भी होता है जो अपने समय को अच्छे से इस्तेमाल करता है ।

सच्चा इंसान बनने के लिए हमें कोई विशेष काम नहीं करना पड़ता, हमें बस अपने काम को ईमानदारी और मन से करना होता है । एक सच्चा इंसान सबको लेकर चलता है एक सच्चे इंसान के पास बहुत सारे फायदे भी होते हैं जैसे उसे अपनी जिंदगी में अधिक संकटों से लड़ना नहीं पड़ता । लेकिन जो सच्चा इंसान नहीं होता है, वह किसी के भी वचनों का पालन नहीं करता, अपने माता-पिता का ध्यान नहीं रखता और गंदे काम करता है । जो सच्चे इंसान नहीं होता उससे कोई फायदे नहीं होते । अगर हम एक सच्चा इंसान बनते हैं तो हमें अधिक खुशियाँ मिलेगी । जो सच्चा इंसान नहीं होता वह हमेशा चोरी करता है और सिर्फ अपने फायदे देखता है । ऐसे लोगों से कोई भी दोस्ती नहीं करता है और ये लोग हमेशा अकेले ही रहते हैं अगर लोग अच्छे व्यवहार के साथ मिल जुलकर रहें तो हमारा यह देश और हमारी यह पृथ्वी एक अच्छी जगह बन सकती है ।

अपने देश का ख्याल रखें । बड़ों का सम्मान करें तो सोचिए हमारा देश कितना आगे बढ़ सकता है । भगवान एक सच्चे इंसान को हमेशा अधिक धन और खुशियाँ देते हैं । हम सब को एक अच्छा इंसान बनकर अपने देश और इस समाज का ख्याल रखना चाहिए जो हमें ईश्वर से एक उपहार के रूप में मिला है ।

कामकाजी महिलाओं की सफलता

किंजल अग्रवाल - 10वीं (ब)

इस दुनिया में एक समय ऐसा था, जब महिलाओं को घर से बाहर निकलने नहीं दिया जाता था । उन्हें पढ़ाई लिखाई करने की इजाजत नहीं थी । औरतों के साथ बहुत गलत व्यवहार किया जाता था परंतु अगर हम अभी की बात करें तो महिलाओं ने हर एक जगह अपना सामर्थ्य साबित कर दिया है, चाहे वह बिजनेस में हो या खेल । आज के समय में हर घर की महिलाएँ घर के बाहर नौकरी करती हैं । परंतु यह इतना आसान काम भी नहीं है । एक कामकाजी महिलाओं के जीवन में बहुत सारी समस्याएँ होती हैं ।

आप कल्पना कीजिए कि आपकी माँ एक कामकाजी महिला है, वह आपको शाला छोड़ने के बाद अपने काम पर जाती है और रात को आपके सोने के बाद घर लौटती है, कभी-कभी तो उन्हें काम की वजह से एक हफ्ते या उससे ज्यादा समय के लिए बाहर जाना पड़े आप उनसे बात नहीं कर पाए । यह सब सोचकर एक व्यक्ति को बहुत बुरा लगता है । एक कामकाजी महिला जिसके बच्चे हैं उनके साथ यह बहुत बड़ी समस्या है कि अपने बच्चों को पूरा ध्यान नहीं दे पातीं । वे अपनी काम की वजह से इतना थक जाती हैं कि वह अपने बच्चे जिन्हें उनके प्यार की जरूरत है उन्हें ध्यान नहीं दे पाती ।

महिलाओं पर समाज का दबाव भी होता है जब कोई महिला अपनी खुद की दुकान खोलती हैं तो उनके साथ काम में कोई पुरुष साथ हो तो वहाँ काम सही है परंतु जब वह अकेली कोई दुकान खोले तो उसे समाज की तरफ से बहुत सारे विरोध झेलने पड़ते हैं । एक महिला से लोग क्या आशा करते हैं कि वह घर गृहस्थी के काम में अपना पूरा योगदान दे और जब एक महिला काम करती है तब उस पर घर और नौकरी दोनों का भार आ जाता है जिसकी वजह से काम को व्यवस्थित रूप से खत्म करने में बाधाएँ आती हैं । इन सब समस्याओं के बाद महिलाएँ अव्वल दर्जे पर आती हैं ।



प्रिंट मीडिया की सार्थकता

विभा महिलांगे - 10वीं (ब)

प्रिंट मीडिया अर्थात् समाचार पत्र में जनसंचार का एक सशक्त माध्यम है। समाचार पत्रों में निष्पक्षता के साथ-साथ प्रामाणिकता के कारण इनकी विश्वसनीयता में भी तेजी से वृद्धि हो रही है। समाचार पत्र सर्व सुलभ है प्रत्येक व्यक्ति की जीवन में समाचार पत्र अनिवार्य सा हो गया है।

“ झुक जाते हैं उनके समक्ष महान गर्वित सिंहासन
बाँध न पाया आज तक, कभी किसी का अतिशासन ।
जिन विचारधारा के पोषक है प्रचार के दूत महान
समाचार पत्र का करते सब इसलिए तो सम्मान ।।

16वीं शताब्दी में प्रिंटिंग प्रेस के आविष्कारक के साथ समाचार पत्र की शुरुआत हुई थी 19वीं शताब्दी तक आते-आते वर्षों में समाचार पत्र की तेजी से वृद्धि होने लगी। आज समाचार पत्र लोकप्रिय एवं शक्तिशाली से उभरे हैं। सबसे पहला समाचार पत्र उदंत मार्तंड था। समाचार पत्र के कई रूप होते हैं। सबसे ज्यादा महत्वपूर्ण दैनिक समाचार पत्र है। यह समाचार पत्र घर-घर जाकर दूत बनकर पहुँचते हैं। दैनिक समाचार पत्र में नवभारत दैनिक भास्कर, नई दुनिया। कभी-कभी मासिक, वर्षाक और त्यौहार के समाचार पत्र भी छपते हैं। समाचार पत्रों का कार्य लोकमत का निर्माण सूचनाओं का प्रसार, भ्रष्टाचार और घोटालों का पर्दाफाश करना है और समाज को सच्ची तस्वीर दिखाना। हर वर्गों को ध्यान में रखते हुए सही जानकारी देना। समाचार पत्र में देश-विदेश के साथ फैशन मनोरंजन आदि समाचार भी होते हैं जो पाठक के लिए बेहद उपयोगी होते हैं आज के युग में समाचार पत्र सबके लिए महत्वपूर्ण और समाचार पत्र से पाठक की मानसिक विकास के साथ-साथ ज्ञान भी बढ़ाता है आम जनता समाचार पत्र के माध्यम से अपनी समस्याओं से सबको अवगत करा सकती है। आज समाचार पत्र भारतीय लोकतंत्र का एक मजबूत आधार बन चुके हैं। समाचार पत्र का श्रेय लेकर एक दल दूसरे दल पर कीचड़ उछालता है जिससे समाचार पत्र पर प्रश्न उठते हैं। एक सच्चा समाचार पत्र वह है जो राष्ट्र के प्रति अपना कर्तव्य निभाये और राष्ट्र को सही जानकारी घटनाओं से अवगत कराये।

समय का सदुपयोग

तनु कुर्रे - 10 वीं (ब)

“समय का सदुपयोग ही जीवन का सबसे बड़ा सदुपयोग होता है”

एक मनुष्य जीवन में समय का महत्व बहुत बड़ा होता है। समय कभी किसी के लिए नहीं रुकता बल्कि हमें समय के साथ-साथ चलना पड़ता है। जो व्यक्ति समय की कदर न कर सका उसे कभी सफलता मिल ही नहीं सकती। यदि किसी को अपने आवश्यक कार्य के लिए देर हो जाए तो वह हमेशा समय को ही दोष देता है लेकिन खुद को दोष कभी नहीं देता। मनुष्य का स्वभाव ऐसा होता है कि यदि किसी ने अपने जीवन में समय का सही उपयोग कर लिया तो मानो उसने सफलता का पहला पड़ाव तो यूँ ही पार कर लिया। लोगों के पास कई सारी समस्याएँ होती हैं। उनमें से एक समस्या यह भी होती है कि जीवन में समय का सदुपयोग कैसे करें? हमें समय का सही प्रयोग अच्छे कामों में लगाना चाहिए लेकिन हम मनुष्य तो समय की कदर ही नहीं करते और उसे फिजूल की चीजों में ज्यादातर लगा देते हैं। विद्यार्थी जीवन में पढ़ाई के लिए समय ही नहीं मिल पाता। इसलिए हमें एक समय - सारणी का प्रयोग करना चाहिए जिसमें दिनचर्या के काम और अपनी पढ़ाई को पूरा समय दे सकें। आजकल की नई पीढ़ी को समय से कोई मतलब ही नहीं है मानो उन्हें समय की कीमत ही पता नहीं हो और उनके लिए तो जीवन का कोई महत्व नहीं होता उन्हें ऐसा लगता है कि जीवन जैसे चल रहा है वैसे ही चलता रहेगा। उन्हें ज्यादा फर्क नहीं पड़ता। लोग अपनी कलाई में नई-नई घड़ियाँ तो शौक से पहन लेते हैं किंतु समय की किसी को कदर ही नहीं होती। दुनिया में कुछ ही लोग हैं जो समय को महत्वपूर्ण मानते हैं। हमें अपने जीवन में समय का बहुत ही सोच समझकर और सही ढंग से प्रयोग करना चाहिए। सफलता तभी संभव है।



जिम्मेदार नागरिक

सात्विक बैद - 10 वीं (ब)

एक जिम्मेदार नागरिक वही होता है जो अपने देश के प्रति अपने हर एक कर्तव्य को अच्छे से निभाएँ। एक जिम्मेदार नागरिक हमेशा अपने आस-पास, अपने नगर और अपने देश में स्वच्छता बनाए रखता है। एक जिम्मेदार नागरिक का सबसे बड़ा कर्तव्य है कि अपने देश के नेता का चयन करना एवं अपना एक अमूल्य वोट अपने प्रतिनिधि को देना। यह उसका सबसे बड़ा कर्तव्य होता। एक जिम्मेदार नागरिक कभी भी रेवड़ी जैसी चीजों के पीछे अपना अमूल्य वोट नहीं गवांता। जिम्मेदार नागरिक कभी भी मुफ्त की बिजली, पानी, राशन के पीछे न भागकर अपना वोट एक ऐसे शक्तिशाली को दे जो उनकी तकलीफें एवं शिकायतें सुने समझे एवं उसका सही समाधान करे। उसके अनुरूप योजनाएँ आरंभ करे। तभी एक नेता भी जिम्मेदार नागरिक बन सकेगा। एक जिम्मेदार नागरिक वही होता है जो धर्म, जाति, पुरुष, महिला के बीच कोई फर्क न करे एवं सभी परिजनों को एक समान समझे। देश के विकास के लिए सबसे महत्वपूर्ण अंग पहला देश की जनता और दूसरा देश की जनता द्वारा दिया गया टैक्स। एक जिम्मेदार नागरिक हमेशा अपना टैक्स सही समय पर देता है और वह कभी भी टैक्स चोरी नहीं करता और काला धन भी नहीं रखता है। एक जिम्मेदार नागरिक कभी भी वृक्ष नहीं काटता और वृक्षारोपण का प्रचार करता है। जिस व्यक्ति या नागरिक के अंदर यह सारी विशेषताएँ होती वह जिम्मेदार नागरिक कहलाता है।

वक्त की कीमत

होमिका भगत - 10 वीं (स)

“आलस्यं हि मनुष्याणां शरीरस्थो महान् रिपुः” इस श्लोक का अर्थ है आलस जो कि मनुष्य के शरीर में रहता है वह उसका सबसे बड़ा शत्रु है। आज लोग समय का सदुपयोग नहीं कर रहे हैं। जब उठना रहता है तब उठते नहीं हैं, जब सोना रहता तो सोते नहीं, जब खाना रहता तब खाते नहीं, अपने कामों को समय पर नहीं करते हैं अक्सर ऐसा होता है कि मनुष्य समय पर काम नहीं कर पाता और बाद में वह पछताता है। उसे पश्चाताप होता है कि काश मैंने उस दिन यह कार्य कर लिया होता। उदाहरण के लिए बच्चों को आदत नहीं होती अपना काम समय पर करने की। जब उनकी परीक्षाएँ आती हैं और वह समय का सदुपयोग न करते हुए अपना काफी समय गँवा देते हैं और उन सारे सवाल को हल नहीं कर पाते वह कहावत तो सुनी ही होगी समय किसी का इंतजार नहीं करता इसलिए समय का सदुपयोग अतिआवश्यक है।

भरी स्याही

सानिया कोसरिया - 12 वीं (स)

पेन की भरी स्याही जैसे
जिंदगी में मेरी
कभी इस कागज पर तो
कभी उस कागज पर
खर्च हो जाती
रिफिल की तरह है
कहानी मेरी
शुरू होते ही खत्म हो जाती है
इस्तेमाल कर छोड़ जाते हैं वे
जैसे मैं हूँ ही नहीं हालाँकि
बरसात की पानी में
तैरती हुई मेरी सपने

अपने लहरों से
मेरी हाथों को जाती है
छू-छू कर मेरी
अपनी मंजिल के किनारे
कभी इस कागज पे
तो कभी उस कागज पे
पर खर्च हो जाती है
जिंदगी ये मेरी
हाँ मैं हूँ पेन की
भरी स्याही
घड़ी की काँटे जैसे
साँस मेरी

बस अटकते हुए
पेन
जैसे चल रही
घड़ी की काँटे
न जाने
कब रुक जाए
साँसों का क्या
भरोसा ये तो कभी
भी थम कर
घरो में परिताप ले
आए ।।



आरक्षण देश के विकास में बाधक है

पूरब सिंघल - 10वीं (स)

जी हाँ, आरक्षण देश के विकास में बाधक है। आज हर तरह का आरक्षण पूरी तरह समाप्त होना चाहिए। किसी को भी एक प्रतिशत का आरक्षण नहीं मिलना चाहिए। न सरकारी नौकरी में न राजनीति में। इसकी जगह आर्थिक रूप से कमजोर छात्राओं की शिक्षा पूरी तरह निःशुल्क की जानी चाहिए चाहे वह बच्चा दलित हो या सवर्ण। प्रतियोगी परीक्षाओं में आरक्षण न हो, सबके लिए खुला मैदान होना चाहिए जो प्रतिभाशाली होगा वह आगे निकल जाएगा और जो प्रतिभाशाली नहीं होगा, वह पीछे रह जाएगा।

भारत देश तेजी से बदल रहा है आज दलितों को भी बराबरी का दर्जा मिल रहा है। हालात पूरी तरह बदल चुके हैं। आज दलित, सवर्ण मिलकर रह सकते हैं लेकिन आरक्षण दोनों के बीच एक दीवार का काम कर रहा है। आज समय की माँग है कि देश का हर नागरिक बराबर हो और उसके साथ किसी भी प्रकार का भेदभाव ना हो। इसके लिए आरक्षण का खात्मा करना बेहद जरूरी है जिससे समाज में समानता का भाव जागृत हो एवं समाज का ढाँचा बिगाड़ने की कोई कोशिश कामयाब न हो।

देश में आरक्षण की व्यवस्था 1960 में शुरू की गई थी, इस दौरान डॉक्टर भीमराव अंबेडकर ने कहा था कि आरक्षण केवल 10 वर्षों के लिए होना चाहिए। आरक्षण का मतलब बैसाखी नहीं है, जिसके सहारे सारी जिंदगी जी जाए। यह तो विकसित होने का एक आधार मात्र है इससे ज्यादा कुछ भी नहीं।

आरक्षण की आड़ में कम अंक प्राप्त करने वाले लोग नौकरी करते हैं और प्रतिभाएँ सड़क पर घूमती रह जाती है। यह प्रतिभाएँ दूसरे देशों में चली जाती हैं जिसका उपयोग वे देश करते हैं और तरक्की के मार्ग पर आगे बढ़ जाते हैं। आरक्षण के सहारे हम यह सोचें कि समाज में कौशल का विकास हो जाएगा तो यह सोच कहीं न कहीं गलत ही सिद्ध होगी। क्योंकि यह सत्य है कि आरक्षण के सहारे जो नौकरी प्राप्त होगी वह सामान्य स्तर की नौकरी पाने वालों की प्रतिभा के समक्ष भले ही पद के मामले में समान हो, लेकिन बौद्धिक प्रतिभा के मामले में पीछे ही रहेगी। हमारी सोच को आरक्षण ने बहुत ही सीमित कर दिया है जिससे हम अपनी जाति के स्वार्थ से उठकर राष्ट्रहित के बारे में नहीं सोच पा रहे हैं। किसी भी देश में जहाँ राष्ट्रीय भाव सर्वोपरि होता है वहाँ प्रगति के बारे में कुछ भी करने की आवश्यकता नहीं है वहाँ राष्ट्रीय प्रगति ही प्रमुख लक्ष्य होता है।

आज हमारे देश की सबसे बड़ी कमजोरी है कि हम अपने उत्थान के लिए सरकारी प्रयासों पर निर्भर हो गए हैं। छोटी-छोटी जरूरतों को पूरा करने के लिए हम सरकार से माँग करने लगते हैं। यह निर्भरता ही व्यक्ति को आलसी बनाती है। आरक्षण का सहारा व्यक्ति और समाज की क्षमता को कमजोर कर रही है। आरक्षण सभी प्रकार से व्यक्ति, समाज और एवं राष्ट्र की उन्नति में बाधक हो रही है।

घर की याद

पलक गोयल - 10वीं (ब)

जब बरसों बाद मैं अपनों को और अपनों का प्यार छोड़कर छात्रावास में रहने आई। और मेरे माता-पिता मुझे छात्रावास में छोड़कर जा रहे थे तब मुझे ऐसा लगा था कि जैसे जीवन में उनसे कभी नहीं मिल पाऊँगी बचपन में मेरे माता-पिता मुझे हमेशा कहा करते थे कि मुझे हमेशा - हमेशा के लिए छात्रावास भेज देंगे। तब मुझे यह मजाक लगता था। मुझे क्या पता था कि एक दिन ऐसा भी आएगा। इस छात्रावास में मैं किसी को भी नहीं जानती थी और ना कोई मुझे जानता था। मुझे बहुत अकेला-अकेला लगता था और बिल्कुल भी अच्छा नहीं लगता था। सिर्फ घर जाने का मन करता था पर कब धीरे-धीरे सब अपने बन गए पता भी नहीं चला घर जैसा प्यार तो नहीं मिला पर उदास चेहरे में मुस्कान थी। इस छात्रावास में रहकर मैं कई तरह के लोगों को देखी। पहले तो छात्रावास में ऐसा लगता था कि कहाँ आ गई हूँ। पर धीरे-धीरे पता चला यह मेरी मंजिल का दरवाजा है और यह मुझे मेरी मंजिल तक पहुँचाने में मददगार है। घर से दूर हूँ पर घर की याद आज भी आती है। हर दिन हर रात बस घर जाने की चाहत होती है मुझे पता मैं घर से दूर हूँ घर वालों से नहीं। मैं उनके दिलों में और वे मेरे दिल में हमेशा रहेंगे। मैं, मेरे घर मैं मेरे घर और घर वालों से बहुत-बहुत प्यार करती हूँ और करती रहूँगी।



सबसे अच्छा

भाव्या तिवारी - 11 वीं (ब)

मेहनत का फल अच्छा होता है,

मित्रों का साथ अच्छा होता है,

इस साथ से उपजा आत्मविश्वास सबसे अच्छा होता है।

बड़ों की डाँट अच्छी होती है, इस डाँट से जीवन में सुधार अच्छा होता है।

शांत जंगल में नदियों के कल-कल का शोर अच्छा होता है,

अँधियारे में जुगनू की लौ सबसे अच्छी होती है

भोर में चिड़ियों का कलरव सबसे अच्छा होता है।

सबसे अच्छी होती है वह उत्साह से भरी आँखें जो चमक उठे

सपने देखकर जैसे आसमान में तारे, जो डटे रहे मकसद पर और न हारे,

सबसे अच्छा होता है उन सपनों का पूरा हो जाना

जिनके पूरे होने की उम्मीद नहीं है।

सबसे अच्छा होता है वह समय जो आपके लिए रुका होता है,

आपके साथ जो बढ़ता है और जिसके निकल जाने से आपका दिल डरता है।

सबसे अच्छा वह लक्ष्य होता है जो आपके इशारों के उलटफेर में ढल जाता है,

जो आपके अकेलेपन के बर्फ को पिघलाकर जीवन की लौ को जलाता है।

सबसे अच्छा वह चाँद होता है, जो हर अमावस के बाद आपके आंगन में पूर्णिमा लाता है

उसकी चाँदनी की खूबसूरती से आपका मन जगमगाता है,

सबसे अच्छा बिन शब्दों का वह गीत होता है,

जिसे मनुष्य खुश होकर गुनगुनाता है,

न कोई अर्थ होता है उसका, न ही संगीत बजता है,

पर गुनगुनाने से रोता हुआ बच्चा भी चहक जाता है।

सबसे अच्छी उत्सव की रात होती है,

जहाँ इंसान अपने रंजिश भुलाकर आनंदमय हो जाता है।

गरीब अमीर हर एक के दरवाजे पर दीपक जगमगाता है।

मेहनत के फल का स्वाद अच्छा होता है,

मित्रों का साथ अच्छा होता है,

इस साथ से उत्पन्न आत्मविश्वास सबसे अच्छा होता है,

बड़ों की डाँट अच्छी होती है,

इस डाँट से आए जीवन में सुधार सबसे अच्छे होते हैं।



डॉ.लक्ष्मीकांत पंडा (शिक्षक)

एक साथ

अपनी कमजोरियों से,
अपने अंदर के खोखलेपन से,
बखूबी वाकिफ हैं हम,
खुद के साथ हर पल जो बिताया है,
शायद इसीलिए खुद को दुनिया से बेहतर जानते हैं ,
अपनी हर खामी को बखूबी पहचानते हैं,
कि मुट्ठी भर कोशिशें भी हम पूरे मन से न कर पायेंगे,
मन में शक लिए कुछ कदम तो आगे बढ़ायेंगे,
ढूँढ ही लेंगे कोई न कोई वजह,
आगे न बढ़ पाने की,
फिर से पीछे लौट आने की,
यही वो जगह है,
जहाँ हमारे हौसले वहीं गिर जाएँगे।
शायद यही वजह है कि हम जो भी चाहते हैं,

पहले से मुकम्मल चाहते हैं।

इस सच से बेखबर, इस सच से अनजान,
कि मेरी ही तरह, यहाँ हर शख्स अधूरा है,
क्यूँ कभी यह ख्याल, हमारे दिल से नहीं गुजरता,
कि थाम कर हाथ उसका,
उसे अपने वजूद में शामिल कर लें,
कुछ उसके तो कुछ अपने, सपनों को पूरा कर दें
आओ की एक दूसरे का हौंसला बने हम।
एक दूजे के अधूरेपन को खत्म कर दें।
जिंदगी उतनी भी बेरहम नहीं है,
जितना तुमने और मैंने इसे बनाया है,
कुछ वक्त जो जरूर लगा समझने में,
पर आओ इस जिन्दगी को दिखा दें,
कि होंसले हमारे इस जिंदगी से भी बड़े है,
हजारों सवालों के बावजूद हम एक साथ खड़े है।

सोशल मीडिया एक जरूरत

सानिया कोसरिया - 12वीं (स)

हम सब यह भली भाँति जानते हैं कि सामाजिक मेलजोल हमारे जीवन का सबसे महत्वपूर्ण हिस्सा है। सोशल मीडिया हमारे आस-पास के लोगों को बहुत आकर्षित करता है यह संचार अंतराल को रोकता है। सोशल मीडिया के जरिये हम दुनिया-दुनिया के बारे में जानते हैं, क्योंकि लोगों को अपडेट होना जरूरी है।

आज के दौर में बच्चों से लेकर बूढ़े तक सोशल मीडिया पर है, हम अपने परिवार और दोस्तों के संपर्क में रह सकते हैं। सामाजिक मेलजोल एक वरदान है, क्योंकि इससे हमें दुनिया भर की होने वाली घटनाओं के बारे में पता चलता है, और तो और सामाजिक मेलजोल हमें हमारी सरकार के कामकाज के बारे में भी बताता है।

सोशल नेटवर्क वास्तव में मानव जाति के लिए एक वरदान है क्योंकि यह लोगों को करीब लाता है जिससे वे अपने विचारों को दुनिया भर में साझा कर सकते हैं। सबसे अच्छा उदाहरण गुगल है। हम इस पर दुनिया भर में संपर्क कर सकते हैं। है ना? सोशल मीडिया ने अद्भुत चीज गढ़ी है, लेकिन साथ ही कई चीजों को नष्ट भी किया है, सोशल मीडिया वह माध्यम है, जिसके माध्यम से हम अपना विकास कर सकते हैं यह हमारे जीवन को आसान और अधिक कुशल बनाता है। आज यह हमारी संचार संस्कृति का एक अनिवार्य हिस्सा बन गया है। कोविड महामारी के दौरान सोशल मीडिया ने एक भूमिका निभाई। यह हम सब जान ही चुके है।

मैं मानती हूँ कि इसका दुश्प्रभाव भी है परंतु इसका सही उपयोग और व्यवहार हमें समझना होगा। इसका दुरुपयोग करने वालों के कारण सदुपयोगिता को नजरअंदाज करना गलत है।

यह सोशल मीडिया में सूचनात्मक समृद्धि देती है। सुविधा को संपन्न बनाती है समाज को तीव्र गति से विकास की ओर ले जाती है इंसान को इंसान से जोड़ती है और वसुधैवकुटुंबम् की भावना को सार्थकता प्रदान करती है। अंत में बस इतना ही —

सावधानी से चलो, कुदना वहाँ तक ठीक है,
आप तब तक डरे डरना जहाँ तक ठीक है।
फायदा नुकसान से ज्यादा है तो अपनाइये,
सिर्फ निन्दा के लिए निन्दा कहाँ तक ठीक है ।।

एक देश एक चुनाव (पक्ष)

पलक गोयल - 10वीं (ब)

अपनी धुन में हर असंभव को संभव कर पाने वाले,
सही समय पर सही दिशा में अपने कदम बढ़ाने वाले ।
सब उनका अनुसरण करेंगे दुनिया नहीं बनाते हैं,
जो लोक पकड़ कर कब चलते हैं अपनी राह बनाने वाले ।

कुछ कहने के पूर्व को स्मरण दिला दूँ कि यह वही भारत है जो पवित्र आर्यावर्त मानी जाती है । यह वही भारतवर्ष है जहाँ संसार के सर्वश्रेष्ठ ऋषियों ने जन्म लिया । यह वही भारत है जिसके सिर मुकुट हिमालय और जिसके चरणों का मन्द स्पर्श महासागर करते हैं । महोदय हम इस पुण्यभूमि भारत के वासी हैं । महोदय, किसी भी देश के लिए चुनाव लोकतंत्र का महापर्व माना जाता है । उसमें भी स्वतंत्र और निष्पक्ष चुनाव उसे लोकतंत्र का अभिन्न अंग है । लेकिन प्रश्न यह उठता है कि चुनाव क्यों और किसके लिए ? नेताओं के लिए और जनता के लिए ? केवल और केवल प्रजा के पोषण और समृद्धि के लिए नेता का चुनाव होता है । अफसोस यह है कि आज भारतीय लोकतंत्र उस अवस्था में है जहाँ दिखावे का बोलबाला है, जहाँ चुनाव दर चुनाव राजनीतिक दलों द्वारा प्रत्यक्ष और परोक्ष रूप से अनगिनत रुपए पानी की तरह बहाए जाते हैं । महोदय ! बार-बार चुनाव होने से जनता का हित कट जाता है शेष बचता है चुनाव । प्रत्येक 5 वर्षों में सांसद और विधानसभा में बैठने वाले चेहरे तो बदल जाते हैं नहीं बदलता है तो सिर्फ बदहाल जनता की किस्मत । देश के किसी ना किसी राज्य में विधानसभा चुनाव वर्ष भर चलते रहते हैं चुनावी कार्यक्रमों से जनता को मुक्ति चाहिए ।

जनतंत्र का एक महत्वपूर्ण उद्देश्य सुशासन सुनिश्चित करना भी है । यदि इस प्रकार के संशोधनों से लोकतंत्र और शासन मजबूत बनते हैं । जनता का लाभ हो तो एक देश एक चुनाव होना ही चाहिए । मेरे विपक्षियों से पूछना चाहती हूँ कि अलग-अलग चुनाव की तारीखें तय होने ही आचार संहिता के कारण नए विकास कार्यों के रुकने से किसे तकलीफ होती है ? आखिर वर्ष भर आचार संहिता लगते रहेंगे तब काम कब होंगे ?

बार-बार चुनाव के कारण राजनीतिक दलों द्वारा एक के बाद एक लोक लुभावना वादे किए जाते हैं जिससे अस्थिरता बढ़ती है साथ में देश का आर्थिक विकास भी प्रभावित होता है । बड़ी संख्या में सुरक्षा बलों को भी चुनाव कार्य में बार-बार लगना पड़ता है मैं यह भी बता दूँ कि वर्ष 2009 में लोकसभा चुनाव पर 1100 करोड़ रुपए खर्च हुए थे और वर्ष 2014 में यह खर्च बढ़कर 4000 करोड़ रुपए हो गया । यह तो केवल एक चुनाव की बात है आए दिन चुनाव में कितना खर्च होता होगा अनुमान से बाहर है क्या इस प्रकार सरकारी खजाने पर बोझ बढ़ाना उचित है ।



किसी ने कहा है -

सावधानी से चलो कहना, वहाँ तक ठीक है
आप तब तक ही डरे डरना जहाँ तक ठीक है ।

फायदा नुकसान से ज्यादा है तो अपनाइए
सिर्फ निंदा के लिए निंदा कहाँ तक ठीक है !!

पार्टी का कोई भी नेता जनता की सेवा के लिए होता है या अपनी सेवा के लिए ? महोदय यदि उसे पार्टी का इतिहास अच्छा हो उसमें प्रजा के प्रति सेवा भाव हो तो उसकी जीत सुनिश्चित होती है चाहे वह क्षेत्रीय हो या केंद्रीय किसी दल विशेष की बात न करते हुए कहना चाहती हूँ कि एक देश एक चुनाव देश हित में होगा ।

लोकतंत्र में देश कौन चलाएगा इसका फैसला जनता करती है और अगर जनता ही किसी विपक्ष को जानकारी रही है तो क्या किया जा सकता है ?

हाँ मैं मानती हूँ कि इस बदलाव के लिए राजनीतिक दलों की सहमति अनिवार्य है इसके लिए मैं संवैधानिक और वैधानिक संशोधनों का

मसौदा तैयार करना होगा । एक साथ चुनाव कराने के लिए प्रशासनिक सज्जता भी करनी होगी महोदय, किसी भी बदलाव के लिए संघर्ष और टकराव को हम नकार नहीं सकते किसी बड़े लाभ के लिए हमें चुनौतियां स्वीकारनी ही होगी । एक देश एक चुनाव का मैं पूर्व जोर समर्थन करते हुए मैं कहना चाहती हूँ कि इस भारतवर्ष ने सदियों से आघात प्रत्याघात का विपर्यय सहकर भी अक्षुण्ण बना हुआ है, इसका एक ही कारण है परंपराओं का पोषण और नूतनता का स्वागत । आज भी हम अपनी स्वयं के प्रयासों से वर्तमान तथा भविष्य की समस्याओं का हल निकाल ही लेंगे आज आवश्यकता है तो व्यक्तिगत स्वार्थ और दलगत राजनीति के स्वार्थ को त्यागने की है । अनावश्यक को छोड़कर नए को अपनाने की है । एक देश एक चुनाव को स्वीकारने की है अंत में बस इतना ही मेरे साथियों से कहूँगी

गौरव की भाषा नई सीख
भीखमंगों की आवाज बदल
सिमटी बाहों को खोलकर गरुड़
उड़ने का अंदाज बदल
स्वाधीन मनोज की इच्छा के
आगे पर्वत हिल सकते हैं
रोटी क्या अंबर वाले सारे श्रृंगार मिल सकते हैं ।
जय हिन्द



एक देश एक चुनाव (विपक्ष)

दीपिका चौहान - 12वीं (स)

नदी के धार पर भी गर, सियासी लोग बस जाएँ
तब प्यासे होठ पानी की बूँदों को तरस जाएँ
गनीमत है मौसम पर हुकूमत चल नहीं सकती
वरना सारे बादल इन्हीं के खेतों में बरस जाएँ ।।

हमारे देश में लोकतंत्र की भावना का हमेशा से आदर होता रहा है । हमारे सबसे पुराने ग्रंथ ऋग्वेद में भी कहा गया है संगच्छध्वं, संवदध्वं अर्थात् साथ चलने और साथ बात करने और सब के मन को एक जैसा मानते हुए सबके लिए खुशियाँ बटोरने की बात की गई है यही वजह है कि हमारे यहां सबसे न्यूनतम इकाई गाँव के पंचों और पंचायत की बात भी मानी जाती है अंग्रेजों की गुलामी से देश जब आजाद हुआ तो हमें अपने संविधान खुद बनाया । संविधान में ऐसी शासन व्यवस्था लागू की गई जिसमें निर्वाचन के जरिए प्रतिनिधि चुने जाते हैं । यह चुनाव इस संविधान का हिस्सा है ।

हम सभी जानते हैं कि भारत में संघीय ढाँचे के साथ-साथ एक बहुपक्षीय लोकतंत्र है जहाँ विधानसभा और लोकसभा के लिए अलग-अलग चुनाव होते हैं । अब यदि हम दोनों चुनाव को एक साथ करते हैं जनता के बीच एक द्वंद्व कायम रहेगा जो कि स्थानीय मुद्दों से उसका ध्यान भटका सकता है, क्या यह संघीय ढाँचे के विरुद्ध नहीं ?

अभी तक संविधान में ऐसा कोई प्रावधान नहीं जो यह कहता हो कि लोकसभा और विधानसभा के चुनाव एक साथ कराए जा सकते हैं ।

हाँ, मैं मानती हूँ कि 1967-68 तक लोकसभा और विधानसभा के चुनाव साथ होते थे, लेकिन इसका कारण कोई संवैधानिक प्रावधान नहीं बल्कि लोकसभा तथा राज्य विधान सभा का एक ही समय पर विघटित होना था ।

मैं इसीलिए भी इसके विपक्ष में हूँ बार-बार चुनाव होने से सरकार के लिए एक नियंत्रण और संतुलन की व्यवस्था कायम रखने का

कार्य करते हैं। जो कि एक चुनाव में यह संभव नहीं स्थानीय जनप्रतिनिधियों के मन में बह जाता रहेगा कि एक राज्य में काम न करने की सजा दूसरे राज्य को मिल सकती है इसका परिणाम यह होगा कि केंद्र और राज्य दोनों स्तरों पर एक ही साथ काम-काज काम हो सकता है। इससे जनता का हित लाभ तो स्वाहा हो जाएगा।

मेरे साथी यह बताएँ कि जनता का हित वह किसे मानते हैं? प्रशासनिक सहूलियत को अथवा स्थानीय स्तर पर उनके व्यक्तिगत सुख सुविधा का? जरा सोचिए कि एक देश एक चुनाव के तहत एक ही बार में चुनाव होंगे तो भीड़ और अराजकता से निपटना आसान होगा? पश्चिम बंगाल में चुनाव में हमने देखा ही है कि क्या स्थिति थी इस प्रकार अन्य कई राज्य हैं जहाँ बिना दंगे फसाद के बिना चुनाव संपन्न होती ही नहीं।

पूरे देश में होने वाली अराजकता से आम जनता की सुरक्षा कैसे सुनिश्चित होगी? मान भी लेते हैं कि पैसा बचेगा तो क्या पैसा बचाने के लिए लोकतंत्र को खत्म कर दिया जाए? क्या हम अपनी गणतंत्र से समझौता करने के लिए तैयार हैं?

पहले एक देश एक टैक्स की बात हुई फिर एक चुनाव की बात हो रही है फिर तो आगे चलकर एक धर्म खान-पान और पहनावे तक मामला चल जाएगा। परिवर्तन में हिमायती मेरे साथी यह बताएं कि हम भाषा के नाम पर अलग-अलग, जाति के नाम पर अलग-अलग, धर्म के नाम पर अलग-अलग, क्षेत्र के नाम पर अलग-अलग, गिनो दोस्तों कितने हुए भारत और बताओ कौन सा है तुम्हारा भारत? किसके लिए तुम परिवर्तन चाहते हो? मैं मान लेती हूँ कि परिवर्तन अथवा बदलाव किया जा सकता है चाहे वह दबाव में हो या प्रभाव में परंतु इससे क्या सामाजिक परिस्थितियों बदलेगी? नहीं एक देश एक चुनाव जैसे नियम केवल और केवल नेताओं की जिंदगी बदल सकते हैं। गरीब और देश की आम जनता तो यूँ ही सड़कों पर ही नजर आएगी।

चुना गया नेता जहाँ का भी हो जैसा भी हो जिस दल का हो उसे यदि काम करना है तो एक चुनाव हो या 10 चुनाव वह काम करेगा ही।

यह एक देश एक चुनाव केवल राजनीतिक स्वार्थ सिद्धि नजर आता है। इन्हीं विसंगतियों के कारण समाज में आधारभूत संरचना के सिद्धांत नष्ट होते हैं।

यह एक चुनाव एक देश राज्यों की राजनीतिक स्वायत्तता को प्रभावित करेगा का जो की संघवाद के मूल्यों के खिलाफ है। इसीलिए मैं इसके खिलाफ हूँ। मैं यह मानती हूँ कि जिस तरह कुदरत ने इकोसिस्टम और फूड चैन बना रखे हैं इस तरह समाज भी सभ्यताओं के विकास को साथ तरक्की करते हुए इस युग तक पहुँचा है। यह सब यूँ ही बर्बाद नहीं होने दिया जा सकता।

हमें अभी जरूरत है तो एक स्वस्थ समाज की जिसके लिए चुने गए नेता और चुन्ने वाले लोगों की रचनात्मक भागीदारी आवश्यक है एक देश एक चुनाव के मकर जाल में फँसकर हम मूलभूत आवश्यकताओं को नकार नहीं सकते। मैं चुनाव के खिलाफ नहीं हूँ बल्कि एक चुनाव जैसी भीषण आग में जनता को झोंक देने के खिलाफ हूँ। मेरी यही गुजारिश है कि राजनीतिक समीकरण और व्यवस्था को बदलने के बजाय हम समाज की वैचारिक व्यवस्था के बदलाव पर कम करें तो शायद देश और समाज हम भला कर पाएँगे।

महोदय एक देश एक चुनाव काम में पूर्ण जोर विरोध करते हुए बस इतना कहना चाहता हूँ कि किनारो पर बैठकर जो तमाशा देखा करते थे वह भी अब उठकर जाने लगे हैं



भीड़ हूँ मैं, बस भीड़ हूँ मैं
हँकाला जाता हूँ, कभी इधर से, कभी उधर से
जो सर परस्त थे कभी हमारे, वो भी अब
जिनके हाथों में चाबुक है, उनके संग चलने लगे हैं।

आरक्षण से विकास

दक्षा चटर्जी - 10वीं (स)

किसी भी व्यक्ति को अपनी क्षमता हासिल करने एवं जीवन में अपना गुजारा कमाने जैसी बुनियादी एवं सम्मानजनक स्वतंत्रता के लिए कभी भी तरसना नहीं चाहिए। फिर भी कुछ लोग यह मानते हैं कि यदि देश से आरक्षण की व्यवस्था है हट जाए तो भारत का विकास एक रात में हो जाएगा। मेरा उन लोगों से केवल एक ही सवाल है क्या भारत का विकास संभव है जब हम लगभग 70 प्रतिशत भारतीयों को उनकी क्षमता ही न हासिल करने दे ? जब हम उन्हें उनका गुजारा तक न कमाने दे ? भारत का विकास संभव ही नहीं हो सकता यदि हम पिछड़े वर्ग के लोगों से यह सामान्य सुविधा छीन लें। भारत में आरक्षण की जड़ें प्राचीन काल से मौजूद थी, प्राचीन काल से उच्च वर्ग ने निम्न वर्ग के साथ अत्याचार किया, उनके साथ जानवरों से भी बदतर व्यवहार किया था दशकों तक उन्हें समाज के निचले स्तर तक दबाया गया था। जिससे उबरने के लिए अभी आज तक संघर्ष कर रहे हैं। लोग कहते हैं कि आजादी के बाद देश से पक्षपात की समस्या हट गई थी लेकिन मैं यह नहीं मानती क्योंकि अगर ऐसा होता तो एक 26 साल के मासूम छात्र को अपनी जान ना लेनी पड़ती। रोहित विमल नामक एक 26 साल के दलित छात्र ने अपनी जान ले ली जिसे देशभर में हम एक 'संस्थागत हत्या' के नाम से जानते हैं, क्योंकि उसके दोस्त एवं परिवार वाले यह सख्त दावा करते हैं कि उसके साथ जातिवाचक एवं उग्रवाचक अन्याय हुआ था जिसके कारण उन्होंने आत्महत्या कर ली। और लोग कहते हैं आरक्षण विकास में बाधक है। रही बात देश के विकास की मुझे जरा यह बताइए क्या भारत का विकास संभव है ? यदि हमें पहले ही पिछड़े वर्ग को ऊपर उठने के बजाय उसे और पीछे ढकेलते चले जायें एक वर्ग पढ़ाई के लिए तरस रहा है तड़प रहा है, और दूसरा उसी की पढ़ाई के ऊपर हँस रहा है, ठहाके लगा रहा है, जहाँ एक ओर भारत संपन्नता की नई ऊँचाइयाँ छू रहा है, तो यही अन्याय का दाग हमें सफलता से दूर खींच रहा है। भारत एक मात्र देश नहीं जिसमें आरक्षण की व्यवस्था है स्विट्जरलैंड, जापान, अमेरिका आदि में भी आरक्षण लागू है स्विट्जरलैंड में 40 प्रतिशत बोर्ड की सीटें आरक्षित हैं। आरक्षण देश के विकास में बाधक नहीं है। लोगों की सोच, उनका भेद-भाव एवं पक्षपात बाधक है देश के विकास में।

सबमें भरा उत्साह हो

गुंजन राहंगडाले - 10वीं (स)

नदी के धार पर भी गर सियासी लोग बस जाएँ
तब प्यास होंठ पानी की बूंदों को तरस जाएँ।
गनीमत है मौसम पर हुकूमत चल नहीं सकती
वरना सारे बदले इन्हीं के खेतों में बरस जाएँ ।।

हाँ ! मैं मानती हूँ कि आरक्षण का प्रावधान पूरी तरह से लोकतांत्रिक भावना के अनुरूप है। किसी भी लोकतंत्र का मूल उद्देश्य सामाजिक न्याय स्थापित करना होता है। इसके लिए जरूरी है कि सामाजिक और आर्थिक रूप से पिछले लोगों को प्रोत्साहन स्वरूप कुछ अतिरिक्त लाभ दिया जाता है। भारतीय संविधान में इसी उद्देश्य को पूरा करने के लिए आरक्षण का प्रावधान रखा है। मेरे साथी आरक्षण को देश के विकास में बाधक मान रहे हैं। इंसफ नहीं है लेकिन मेरी इस सोच पर तब गहरी चोट लगी जब मैंने देखा कि समाज का एक बड़ा तबका जो कि पढ़ा - लिखा और तथाकथित रूप से अच्छा है उसमें जाति को लेकर भेदभाव आज भी मौजूद है। यहाँ समाज में तमाम तरह के बँटवारे हैं। जाति धर्म और पंथ के बँटे भारतीय समाज में कोई संपन्नता के शिखर पर बैठा है तो दूसरा दो वक्त की रोटी भी नहीं जुटा पाता।

समाज का एक बड़ा हिस्सा हजारों सालों से दबा कुचला है, जिसके आगे बढ़ाने के सभी रास्ते प्राकृतिक रूप से बंद कर दिए गए हैं। आप ही बताइए क्या ऐसे में समान व्यवहार से सामाजिक न्याय स्थापित कर पाना संभव है। यह तो वही बात हुई कि मछली से कह दे कि उड़कर दिखाएँ हाथी से कह दे की पेड़ पर चढ़े। कोई विकलांग व्यक्ति हाथ पैर से पुष्ट व्यक्ति के साथ कैसे दौड़ लगा सकता है ? जिस समाज को पढ़ाई लिखाई से दूर रखा गया हो। जिनके पेट के साथ-साथ दिमाग पर भी कुठारा घात किया गया उनके लिए मेरे साथियों के मन में इतनी घृणा क्यों है ?

कई सारे मौके देखने को मिले हैं जब संस्थानों में इन वर्गों के लोगों को कुंठित सोच का सामना करना पड़ा है। मैं मानती हूँ कि

आरक्षण का विचार या कांसेप्ट आया जिसमें कम समर्थ लोगों को एक शुरुआत करने के लिए मदद की बात थी ताकि वे लोग पहले से ही अधिक समर्थ लोगों से प्रतियोगिता कर सकें ।

भारत ही एक ऐसा देश नहीं जहाँ आरक्षण हो अमेरिका जैसे देश में काले को मुख्य धारा मिलने के लिए आरक्षण की व्यवस्था की गई ।

इसलिए इस आरक्षण को मिटा देने के मैं खिलाफ हूँ । मेरा मानना है कि आरक्षण ही एक ऐसी व्यवस्था है जिसके माध्यम से आर्थिक सामाजिक और राजनीतिक रूप से पिछड़े समाज को मुख्य धारा से जोड़ा जा सकता है ।

इसके लिए क्रीमी लेयर नीति को ढंग से लागू किया जाना चाहिए जिसमें यह प्रावधान है कि जब कोई व्यक्ति एससी एसटी या ओबीसी तो है पर आर्थिक रूप से अच्छा है । ऐसे में उसकी गिनती क्रीमी लेयर में गिनती होती है और वह आरक्षण से बाहर हो जाता है । डॉक्टर भीमराव अंबेडकर भी यह मानते थे कि जैसे-जैसे ज्यादा को क्रीमी लेयर में आने लगेंगे वैसे-वैसे बाकी लोग अपने आप ऊपर आ जाएँगे । वह वक्त भी आएगा जब पूरा समाज इतना पढ़ा लिखा और संपन्न हो जाएगा तब आरक्षण खुद ब खुद समाप्त हो जाएगी । मेरा सबसे आह्वान है कि हम सब यह स्वीकार करें पीछे रहे चुके तबके को पीछे ढकलने के बजाए उदार चित्त के साथ उनका हाथ पकड़कर आगे बढ़ाएँ ।

अंत में बस इतना ही —

सबकी नसों में पूर्वजों का पुण्य रक्त प्रवाह हो,

गुणशील, साहस बल तथा सबमें भरा उत्साह हो ।

सबके हृदय में सर्वदा, संवेदना की दाह हो ।

तुमको हमारी चाह हो, हमको तुम्हारी चाह हो ।

न्याय...

दीपिका देवाँगन – 10वीं (स)

हक और बराबरी की बात तो खूब करते हो,

सुनो आला जात क्या तुम भी गटर में उतरते हो ।

आरक्षण का अर्थ होता है रक्षित किया हुआ । आरक्षण एक ऐतिहासिक प्रक्रिया है जिसका उद्देश्य समाज में न्याय और समानता को बढ़ावा देना है । यह एक ऐसी सामाजिक प्रणाली है जिसका मकसद तो कोई जड़ से उखाड़ देना और समाज में सादृश्य को स्थापित करना है ।

आरक्षण का प्रमुख उद्देश्य एक समानता समझ और स्थापित करना है । क्योंकि जो दिखता है वो सच नहीं होता हमारा देश न्याय की राह में आगे बढ़ रहा है, पर यह सिर्फ एक बाहरी दिखावा है । कर्ज चुकाने के लिए किडनी बेचने की कोशिश करने वाले आईआईटी छात्र का कहना है कि दलित अंगों को खरीदने वाला कोई नहीं । तो इससे हम समझ सकते हैं कि हमारे देश में कितनी 'समानता' है ।

ऊपर सिर पर कनक, छत्र भीतर काले के काले,

शरमाते नहीं जगत में, जाति पूछने वाले ।

जिस देश में जाति देखकर सजा, शिक्षा, नौकरी और इलाज हो, वो देश कभी विश्वगुरु नहीं बन सकता ।

लोकसभा में पूछे गए एक सवाल पर केंद्रीय शिक्षा मंत्रालय ने बताया कि देश के 45 केन्द्रिय विश्वविद्यालय में एससी, एसटी के एक भी कुलपति नहीं, एक भी प्रोफेसर नहीं । एक विद्वान ने यहां तक कहा है कि दुनिया का सबसे सुंदर और प्यारा झूठा, संविधान भारतीय नागरिकों को समानता का अधिकार देता है, यह है ज़नाब ।

जगन्नाथ पुरी में एक दलित राष्ट्रपति को मंदिर में घुसने नहीं दिया । राजस्थान में मुँछ रखने पर युवक को गोली मार दी गई । एक IPS इसलिए घड़े नहीं चढ़ सके क्योंकि वह दलित है ।

हाल ही हमारे पड़ोसी राज्य मध्य प्रदेश में दलित के साथ क्या हुआ वो जग जाहिर है । दलित वर्ग के छात्रों को जाति-भेदभाव के कारण दर्दनाक अनुभव से गुजरना पड़ रहा है जिसके कारण पिछले 4 वर्षों में 18 दलित छात्रों ने आत्महत्या कर ली । डॉक्यूमेंट्री फिल्म 'डेथ ऑफ मेरिट' में इस घटना की जानकारी दी गई है । इसलिए मैं कहती हूँ कि आरक्षण वरदान है, वरदान ! आरक्षण देश के विकास में बाधक नहीं, बल्कि बाधक तो लोगों की सोच और उनकी घृणा है ।

आरक्षण एक न्याय है, दबे कुचले लोगों के लिए ।
आरक्षण एक वरदान है गिरे छटे लोगों के लिए ।
आरक्षण एक सुनहरी अवसर है, मेरे गरीब भाई बहनों के लिए ।

नीलम द्विवेदी (शिक्षिका)

छिपा ईश्वर हर इक इंसान
छिपा ईश्वर हर इक इंसान, जो मुख पर मधुर मुस्कान,
उसी में बस रहा भगवान, जगत खोजे बना अनजान ।
करो हर आँसुओं का मोल, ये जीवन बड़ा अनमोल,
कि मीठे हों सदा ही बोल, न दौलत से दिलों को तोल ।
न दो निश्छल हृदय को पीर, कि ईश्वर बहता बन के नीर,
न कर ईश्वर को भी घायल, चला कर नफरतों के तीर ।
कर कुछ स्वयं पर अहसान, भुला दे व्यर्थ का अभिमान,
क्यों है जग प्रेम से अनजान, हृदय के दर्द को पहचान ।
वही रखता जगत को थाम, यहाँ पर द्वेष का क्या काम,
कि जीतेगा हर इक तुफान, जो ले सच्चे हृदय से नाम ।
मिले ईश्वर हर इक इंसान, न भूलें हम कभी अहसान,
दर्श ईश्वर का बहुत आसान, सजा हर मुख पे तू मुस्कान ।

नारी

ताश्वी चोपकर - 12वी (अ)

अधूरी है दुनिया हर एक नारी के बिना
जो कभी न कर पाएगा कोई पूरा
दिखावे के लिए करते हो नारी का सम्मान
पर हर मोड़ पर करते हो उसी का अपमान
यह तुम्हारी आदत नहीं, पैदाइशी बीमारी है
उनके हर कदम पर उंगली उठाने वालों
तुम नारी के बिना जी पाओगे क्या ?
जब विलुप्त हो जाएगी नारी इस धरती से
तुम दुनिया बसा पाओगे क्या ?
करते हो नारी का शोषण
छीनते हो उन्हीं से उनका आभूषण
एक ही निशानी तो लाती है अपनी माँ से
पर करते हो तुम उसी का ही अपहरण ।।

सोशल मीडिया का जाल

अर्णव चौधरी - 7 वी (अ)

सोशल मीडिया ने धन को लुटा,
जन को लुट और रिश्तों को बर्बाद कर दिया है,
धर्म जाति के झगड़ों को बढ़ाकर
खुद को आबाद कर दिया है ।।

सोशल मीडिया समाज के लोगों को पास लाने का माध्यम बन चुका है । यह हमारे अंदर की सारी भाव – भंगिमा भंग कर रहा है । मैं एक उदाहरण दूँगा पर एक चुटकुला आया है जिसे पढ़कर हमें हँसी नहीं आ रही है शायद हँसी आना चाहिए लेकिन नहीं आ रही है, ऐसे यह हमारे अंदर की भाव – भंगिमा नश्ट कर रहा है । यह एक विशैला मंच बन चुका है जहाँ रोज नकली जीवन का नाटक होता है । अगर मैं आगे जाऊँ तो और एक सर्वे की मानू तो इससे विश्व को 7 प्रतिशत लोग डिप्रेशन का शिकार और 20 प्रतिशत लोग चिड़चिड़ेपन का शिकार हो रहे हैं । आप जानते हैं यह कैसे दंगे – फसाद बढ़ा रहा है ।

यह सारे उदाहरण तो मेरी निजी जीवन से थे । अगर मैं और आगे जाऊँ तो यह आजकल बहुत हद से ज्यादा अफवाह फैला रहा है, आजकल तो सच्ची से ज्यादा झूठी खबर सोशल मीडिया में आ रही है और जो वह पूरे तरीके से तोड़-मरोड़ के आ रही है । इससे लोगों की प्राइवैसी भंग कर हो रही है । वहीं साइबर क्राइम का जड़ बन चुका है । यही हैकिंग को जन्म दे रहा है । मोटापा, अनिद्रा जैसी समस्या का रचियता यही है । इसी के कारण लोगों का ध्यान पढ़ाई और खेल-कूद से हट रहा है । अन्त में मैं यही कहूँगा – सावधान रहें ! क्या पता एक लिंक गलती से दबा दिया तो पूरे पैसे एक चुटकी में ही उड़ जाएँगे । इसलिए तो मैं कहता हूँ – “सावधान रहे, सतर्क रहे !!”



लाईक कमेंट शेयर

आयुष्मान यादव - 7वीं (अ)

कोरोना में इसी ने दुनिया को चलाया, इसने हम सब को पास लाया। आप ने भी सोशल मीडिया का कभी न कभी इस्तेमाल किया होगा। आज कि दुनिया में कुछ लोगों का इस के बिना दिन नहीं गुजरता। इस के कई प्रकार या ऐप्स हैं जैसे यूट्यूब, फेसबुक, ट्वीटर आदि। इस के द्वारा हम कई लोगो से मिलते हैं। अब हम उनसे कैसा व्यवहार करे यह हम पर निर्भर करता है। सोशल मीडिया बस एक जरिया है। आप इसे देश – विदेश के लोगों से भी मिल सकते हैं। आप एक कोने में रहकर दुनिया के दूसरे कोने से जुड़ सकते हैं। यह सब के लिए उपलब्ध होता है चाहे वह लड़का हो या लड़की, शिक्षित हो अशिक्षित या नहीं, भारतीय हो या विदेशी। आप इसे व्यापार के लिए भी इस्तेमाल कर सकते हैं। इससे आप शिक्षा और ज्ञान प्राप्त कर सकते हैं। मनोरंजन के लिए इस्तेमाल कर सकते हैं। देश – विदेश की खबर जानने के लिए उपयोग कर सकते हैं। इसमें आप समूह भी बना सकते हैं जैसे व्हाट्सप समूह। दूसरों के साथ आप कुछ भी साझा या शेयर कर सकते हैं। यहां आप चीजे खरीद या बेच सकते हैं जो आपके शहर में न मिलती हो या बहुत मुश्किल से मिलती हो। इसे आप नए दोस्त बना सकते हैं। इसे आप का अकेलापन भी दूर होता है। कोरोना में इसी ने तो दुनिया को चालू रखा था। हम इसी से तो परिवार और दोस्तों से बात करते थे। हम इसी से तो पढ़ाई करते थे। आज भी हमें विद्यालय से पत्र Whatsapp समूह में ही वो आते हैं, आप पत्र का इस्तेमाल करेंगे या सोशल मीडिया का। पत्र को 3-4 दिन लगते हैं और सोशल मीडिया को 1 मिनट। कुछ समय पहले मेरा जन्मदिन था और मैंने 20 लोगों को बुलाया था। या तो मैं उन्हें सोशल मीडिया के द्वारा बुला सकता था जिसमें 5-6 मिनट लगता था या मैं उनके घर जा सकता था जिसमें 5-6 घंटे लगते। मैंने सोशल मीडिया चुना।

खेलों का महत्व निबंध

इशकीर्ति सिंह - 4 (अ)

हमारे जीवन में खेलकूद का अपना एक अलग ही महत्व होता है। हमें हर किसी को खेल प्रतियोगिताओं में भाग लेने के लिए प्रोत्साहित करना चाहिए। खेल हमें स्वस्थ और तंदुरुस्त तो रखते ही हैं, साथ-साथ खेल खेलने से हमारे शारीरिक, मानसिक और बौद्धिक क्षमता का भी विकास होता है। लोगों को पढ़ाई के साथ-साथ खेलकूद में भी अपनी भागीदारी दिखानी चाहिए। खेल- खेलने से शरीर में स्फूर्ति आती है जिससे हम दिनभर होने वाले क्रियाकलापों को खुश रहकर कर सकते हैं।

प्राचीन समय से ही खेल हमारे जीवन का एक महत्वपूर्ण हिस्सा रहा है। हम सभी जानते हैं कि स्वस्थ मन का वास स्वस्थ शरीर में ही होता है। अर्थात् अगर आप शारीरिक परिश्रम करते हैं और विभिन्न प्रकार के खेलों में भाग लेते हैं तो आपका शरीर स्वस्थ रहेगा और आप खुश रहेंगे। अगर आप खुश रहेंगे तो आपका मन भी प्रसन्न रहेगा, स्वस्थ रहेगा इस प्रकार आप खेलों की भूमिका को अपने जीवन में समझ सकते हैं।

प्रेरणा

हर्षिका बैद - 10वीं (स)

मम अवगमनानुसारं प्रेरणा केवलं भावना एव अस्ति, तथा अस्माकं प्रेरणास्रोतः साधनं किमपि भवितुं अर्हति, सा व्यक्तिः भवेत् पुस्तकं भवेत्, वस्तु स्यात्, पशुः स्यात्, पक्षीत्यादयः स्यात्, । सः एव स्रोतः उपायः अस्मान् सर्वोत्तमं कर्तुं लक्ष्यं प्राप्तुं च प्रेरयति । सः अस्माकं प्रेरणायाः स्रोतः साधनमस्ति । अस्माकं सर्वेषां भिन्नाः भावाः सन्ति, 'एते सर्वे मिलित्वा जीवनस्य कथां निर्मान्ति।' यदा वयं रोदिमः दुःखं च अनुभवामः तदा कदाचित् प्रेरणायाः आवश्यकता भवति । अस्माकं जीवने एकः समयः सर्वदा भवति यदा वयं हानिं निराशां च अनुभवितुम् आरभामहे, तथा च अस्मिन् परिस्थितौ केचन जनाः अपि अनुचितानि पदानि गृह्णन्ति । अतः भवतः जीवने प्रेरणास्रोतः अवश्यमेव भवितुमर्हति । वयं कुत्रापि कदापि च किमपि वस्तुनः प्रेरणाम् आदाय ग्रहीतुं शक्नुमः । प्रेरणा न केवलं अस्माकं कार्याणि उज्ज्वलं करोति अपितु सृजनात्मकतां प्राप्तुं अपि साहाय्यं करोति ।

आरक्षण की तलवार.....

स्नेहा केडिया - 10 (ब)

अमर राष्ट्र उददंड राष्ट्र,
उनमुक्त राष्ट्र यह मेरी बोली।
यह सुधार समझौतो वाली,
मुझको भाती नहीं ठिठौली।।

आरक्षण क्या है ? वह जिसमें मेहनत और योग्यता का मजाक उड़ाया जाता है, जिसमें 35 लाने वाले सरकारी सेवा में और 70 लाने वाला डिप्रेशन में चला जाता है। प्राचीन भारत में जनजातियों को निचला दर्जा देकर शोषित किया गया आजादी के बाद ऐसे लोगों को समाज के मुख्य धारा में लाने का प्रयास बाबा साहब अंबेडकर ने किया मैं इसका विरोधी नहीं हूँ। चूँकि मैं जानती हूँ कि उस समय सामाजिक और राजनीतिक मजबूती नहीं थी, हमारे पास "सर्वे भवन्तु सुखिनः का सिद्धांत तो था पर विकल्प नहीं था। इसलिए एक निश्चित समय तक के लिए आरक्षण लागू कर दिया गया।

परंतु स्वतंत्रता के 77 साल के बाद भी अगर पिछड़े लोग पिछड़े ही हैं तो आरक्षण का क्या लाभ। आरक्षण के समर्थकों का कहना है कि वंचित और उपेक्षित तबको के संरक्षण के लिए यह जरूरी है तो मैं उनसे यह पूछना चाहती हूँ कि भारतीय इंजीनियरिंग सेवा के प्रथम श्रेणी के अधिकारी जो आरक्षण का लाभ ले चुके हैं, उनकी बेटी को आरक्षण की क्या जरूरत ? क्या यह प्रतिभाओं की हत्या नहीं है ?

कुछ लोग आरक्षण के दम पर विकास बात करते हैं। पर क्या वे यह नहीं देख पा रहे हैं कि आरक्षण समाज को जातीय गुटों में बाँट रहा है। आज सभी जातियों को चाहे वह सक्षम हो या ना हो आरक्षण चाहिए।

हरियाणा में जाट, गुजरात में पटेल जो की आर्थिक रूप से सक्षम हैं, वे आरक्षण की माँग लेकर देश की शांतिमें हिंसा का आधार घोल रहे हैं।

सभी को बैठे बिठाये बिना मेहनत किए काम और दाम चाहिए। विकास को तो आज हम तिलांजली दे चुके हैं। आरक्षण की वजह से योग्य उम्मीदवार अपने सपनों और अभी जी का आजीविका के साधन को प्राप्त करने से वंचित रह जाते हैं उनका कसूर मात्र इतना है कि वह एक ऊँची जाति में पैदा हुए हैं।

आरक्षित वर्ग के लिए भी यह अभिशाप हैं, क्योंकि आरक्षण ने इनकी आदते खराब कर दी हैं, कि ये स्वस्थ स्पर्धा से आगे बढ़ने की बजाय आरक्षण का मुँह ताकते हैं।

हम चाहते हैं कि देश के विकास में सभी वर्गों का योगदान हों, परंतु प्रतिभा बुद्धि और विवेक के साथ समझौता बिल्कुल सही नहीं हैं। हम अगर देश में शैक्षिक स्तर को ऊँचा उठाने के बदले नीचे गिराएंगे, तब देश का विकास कैसे संभव है ? शायद हम भूल गए हैं कि यह वही भारत है जहाँ संसार के सर्वश्रेष्ठ ऋषियों ने जन्म लिया यह वही भारत है जहाँ प्रतिभा और तत्वज्ञान ने आकर अपनी वास भूमि बनाई। यह वही भारत है जो अपने ज्ञान और विज्ञान का परचम दिग दिगंत तक फहराया है। यह वही भारत है जिसे हम सोने की चिड़िया कहते थे, परंतु आज सोने की चिड़िया, इस विश्वगुरु के ज्ञान को दलगत राजनीति ने हासिए पर लाकर खड़ा कर दिया है।

ऐसा चलता रहा तो पढ़ने लिखने की कोई जरूरत नहीं, तुम्हारी प्रतिभा और बुद्धि से हमें कोई लेना — देना नहीं, 30 नंबर आएंगे तो भी चलेगा। देश के विकास यूँ ही होता रहेगा।

देश की नीति नियंताओं से मेरी प्रार्थना है कि जनता को आरक्षण नहीं प्रशिक्षण की आस्था है। जब शिक्षा का स्तर बढ़ने लगेगा तब समझ भी बढ़ेगा। देश इसी रास्ते विकास करेगा।

जो था मात्र 10 वर्ष के लिए वो आज भी जारी है।

काबिलियत पर पिछड़ापन आज भी भारी है।

करती हूँ अनुरोध आज मैं भारत की सरकार से।

प्रतिभाओं को मत काटो आरक्षण की तलवार से।

रक्षाबंधन

वंदया प्रतिभा रंगनाथ - 4 (ब)

भारत त्यौहारों का देश है। यहाँ विभिन्न प्रकार के त्यौहार मनाए जाते हैं। उसमें से एक प्रमुख त्यौहार है, रक्षाबंधन। रक्षाबंधन का शाब्दिक अर्थ रक्षा करने का बंधन है। यह पर्व श्रावण माह की पूर्णिमा को मनाया जाता है। बहन अपने भाई की कलाई पर रेशम के सुंदर धागे के रूप में बांधती है। वह अपने भाई के माथे पर तिलक लगाती है, और मिठाई भी खिलाती है। भाई— बहन को उपहार में कपड़े, चॉकलेट या पैसे देता है। भाई अपनी बहन को हमेशा रक्षा करने का वादा करता है। पुराने समय में गुरुओं द्वारा अपने यजमान को भी रक्षा सूत्र बाँधा जाता था। आज महिलाओं द्वारा देश की सुरक्षा में तैनात सैनिकों को सीमा पर जाकर राखी बाँधी जाती है, क्योंकि वह बाहरी शक्ति से हमारी रक्षा करते हैं। राखी का त्यौहार भाई—बहन को भावनात्मक तौर पर जोड़ता है और मुझे यह त्यौहार बहुत पसंद है।

मेरा प्रिय खेल

जसमीत चौधरी - 4 (ब)

मेरा प्रिय खेल क्रिकेट है। हम क्रिकेट बल्ले और गेंद से खेलते हैं। क्रिकेट में दो टीम होती हैं, एक टीम में ग्यारह लोग होते हैं, क्रिकेट गेम इंग्लैंड में बनाए गए थे। क्रिकेट के अलग—अलग भाग हैं जैसे टेस्ट, टी—20, वन—डे का खेल क्रिकेट बहुत मशहूर गेम है। क्रिकेट के कुछ मशहूर खिलाड़ी जैसे विराट, धोनी, रोहित, रीकी, सचिन। क्रिकेट की दो गेंद होती हैं, लाल गेंद और सफेद गेंद। विश्वकप हर 4 साल में आता है, हर एशिया कप 1 साल में आता है। हर टी 20 विश्व कप 2 साल में आता है। विश्वकप में सबसे ज्यादा बार ऑस्ट्रेलिया विजेता रही है, एशिया कप में सबसे ज्यादा बार भारत विजेता रही है। क्रिकेट में बहुत से रिकार्ड हैं जैसे— वन डे में विराट का 50 शतक। शोएब अख्तर ने सबसे तेज गेंद डाली है।

एडवेंचर कैंप

ईशकीर्ति सिंह - 4 (अ)

हमारा एडवेंचर कैंप 17—18 नवम्बर को स्कूल कांग्रेस वेली एकेडमी, रायपुर में आयोजित हुआ था। हमने एडवेंचर कैंप के पहले दिन रैपलिंग, जिपलाइन और जारबिंग जैसे साहसिक गेम में भाग लिया। शाम होने पर बॉर्न फायर किया और कल्चरल गतिविधियाँ भी की, जिसमें हमने ड्रामा और गाना गाया, फिर हम लोगों ने खाना खाया और अपने—अपने टेंट में चले गये। अगली सुबह हम 5 बजे उठे और व्यायाम किया जैसे कि बनाना डांस, खीर कैसे बनायेंगे और लंबी दाढ़ी वाले बाबा, फिर हमने 10 और गतिविधियाँ की, जैसे फ्री फाल, टी—टी, कंमाडो चैलेंज एक रस्सी में चलना इत्यादि। फिर हम अपने टेंट में चले गये और अपने घर जाने की तैयारी में जुट गये। शाम को पुरस्कार वितरण होने के बाद हम घर चले गये।

मेरी यात्री

स्वरा लोन्हारे - 5 (अ)

हमारी पाठशाला में गर्मी की छुट्टियाँ लगने के बाद बहुत उत्साहित थी, क्योंकि मैं राजनांदगाँव अपने दादा दादी तथा नाना नानी के घर जाने वाली हूँ, फिर कुछ दिनों बाद मेरे पिताजी ने मुझे बताया कि दिनांक 05 मई (बुद्ध पूर्णिमा) को दादा—दादी तथा नाना—नानी के घर जाने वाले हैं। फिर हम अगल दिन सुबह के 10 बजे हम सब राजनांदगाँव के लिए निकल पड़े। फिर हम सब लंबे सफर के बाद पहुँच ही गये, फिर दोपहर के 2 बजे हम सभी ने साथ बैठकर भोजन किया, आराम करने के बाद दोपहर के 4 बजे हम सब परिवार साकरडाहरा के लिए निकल पड़े। फिर हम सब आधे घंटे के सफर के बाद साकरडाहरा पहुँच ही गये, जहाँ मेरे दादा जी ने बुद्ध की मूर्ति बनवायी थी। आज बुद्ध की मूर्ति का अनावरण किया जाने वाला था। फिर कुछ समय बाद हमने अगरबत्ती लगाकर बुद्ध वंदना की, बुद्ध वंदना करने के बाद हमसब परिवार बुद्ध विहान गये जहाँ पर हम सभी ने परित्राण पाठ किया। फिर हम सभी ने सामुदायिक भवन में भोजन किया जिसमें दाल, चावल, आलू बैंगन और खीर बना हुआ था। फिर भोजन की समाप्ति के बाद हम सभी अपने—अपने घर की ओर चल पड़े।

सर्वे भवन्तु सुखिनः

दीपिका देवाँगन - 10 वीं (स)

आजकल हम यह यत्र तत्र सर्वत्र देखते हैं कि समाज में प्रयास सभी स्वयं को श्रेष्ठ समझते हुए परस्पर एक दूसरे का तिरस्कार कर रहे हैं और स्वार्थ साधन में लगे हुए हैं –

“ नीचैरनीचैरतिनीचनीयैः सर्वैः उपायैः फलमेव साध्यम् ”

सभी एक दूसरे पर आश्रित हैं अतः हमें परस्पर विवाद करते हुए नहीं अपितु मिल-जुल कर रहना चाहिए तभी हमारा कल्याण संभव है । क्योंकि—

विचित्रे खलु संसारे नास्ति किञ्चित् निरर्थकम् ।

अश्वश्चेत् धावने वीरः भारस्य वहने खरः ।।

‘शाण्डिल्यशतकम्’ से उद्धृत यह दोनों श्लोक भी इसी बात की पुष्टि करते हैं कि संसार में कोई भी छोटा या बड़ा नहीं है, सभी का अपना-अपना महत्व है जैसे घोड़ा यदि दौड़ने में निपुण है तो गधा भार वहन, सुई जोड़ने का कार्य करती है तो कृपाण काटने का । अतः संसार की क्रियाशीलता और गतिशीलता में सभी का अपना अपना महत्व है ।

तथा ऐसा भी कहा गया है कि—

महान्तं प्राप्य सदबुद्धे ! स त्यजेन्न लघुं जनम् ।

सभी के अपने-अपने कार्य हैं अपना-अपना योगदान है, अतः हमें ना तो किसी कार्य को छोटा या बड़ा, तु महान समझना चाहिए और न ही किसी प्राणी को । आपस में मिलजुल कर सौहाद्र – पूर्ण तरीके से जीवन यापन करने में ही प्रकृति का सौंदर्य है, विभिन्न प्राणियों से

संबंधित निम्नलिखित श्लोको को भी पढ़िए और रसास्वादन कीजिये –

इन्द्रियाणि च संयम्य बकवत पण्डितो नरः ।
देशकालबलं ज्ञात्वा सर्वकार्याणि साधयेत् ।।
काकचेष्टः बकध्यानी श्वाननिद्रः तथैव च ।
अल्पाहारी गृहत्यागी विद्यार्थी पंचलक्षणः ।।

स्पृशन्नपि गजो हन्ति जिघन्नपि भुजंगमः ।
हसन्नपि नृपो हन्ति मानयन्नपि दुर्जनः ।।

प्राप्तव्यमर्थं लभते मनुष्यो,
देवोऽपि तं लङ्घयितुं न शक्तः ।
तस्मान्न शोचामि न विस्मयो मे,
यदस्मदीयं न हि तत्परेषाम् ।।

अयं निजः परो वेति गणना लघुचेतसाम् ।
उदारचरितानां तु वसुधैव कुटुंबकम् ।।

वस्तुतः तभी हमारी यह सभी कामनाएँ भी सार्थक हो सकती है
सर्वे भवन्तु सुखिनः, सर्वे संतु निरामयाः ।
सर्वे भद्राणि पश्यन्तु, मा कश्चित् दुःखभाग्यभवेत् ।।

कविता एकं विश्वाससूत्रम्

गुंजन राहाँगडाले - 10 वीं (स)

अस्माकं जगत् लघु अस्ति,
बहवः सूत्राणि ग्रथितानि, विकीर्णानि,
किञ्चित् समाधान, किञ्चित् जटिलं च,
अस्माकं अयं संसारः तु, अत्यन्तं लघुः अस्ति ।
जीवनं पूर्णं न जीवितं, झंझावातः नानुभूतः,
किन्तु मम वचनानि न श्रुतानि
एतदेव मम सर्वेषां प्रश्नानाम् एकमेव सारम् ।।

एकं पक्षिणं बहुदृष्टवती, पोषितवती,
व्यक्तिना कपटं प्राप्य सः आत्मानमेव शापितवान् ।
नित्यं जलं स्थापयति अथ किमर्थं अन्नं न दास्यति ?

अहं तस्मिन् विश्वसिमि, मम नीडं न भंजयिष्यति
सः मम मित्रम् अस्ति, मां कदापि न त्यक्ष्यति ।
परन्तु सः पक्षी अज्ञः, लघुः पक्षी एव सः
मम कृते तस्य महत्वं नास्ति, नीडवृक्षं छित्वा सुन्दरं गृहं निर्मितम् ।
हा हा उक्तवान् लघुपक्षी, तस्य तु लघु गृहम् एव आसीत्
पक्षी न रोदिति स्म, केवल हताशः,
स्वार्थि जगत् यः, तस्मै रोचते स्म,
अद्यापि तानि सर्वाणि पूर्णक्षणानि स्मरति सः ।
सः स्वस्य नूतनं गृहं पश्यन्ती, स्मितं करोति, हसति च ।

भूकंपः

वामिका जैन - 10वीं (स)

भूमि का कंपन भूकंप कहलाता है। वह बिंदु भूकंप का उद्गम केंद्र कहा जाता है, जिस बिंदु पर कंपन की उत्पत्ति होती है। कंपन तरंग के रूप में विविध दिशाओं में आगे चलता है। ये तरंगे सभी दिशाओं में उसी तरह फैलती हैं जैसे किसी शांत तालाब में पत्थर के टुकड़ों को फेंकने से तरंगे उत्पन्न होती हैं।

धरातल पर कुछ स्थान ऐसे हैं, जहां भूकंप प्रायः आते ही रहते हैं। उदाहरण के अनुसार – प्रशांत महासागर के चारों ओर के प्रदेश, हिमाचल प्रदेश, गंगा एवं ब्रह्मपुत्र का तटीय भाग, इन क्षेत्रों में अनेक भूकंप आए जिनमें से कुछ तो अत्यधिक भयावह और विनाशकारी थे। सुनामी भी एक प्रकार का भूकंपन ही है, जिसमें भूमि के भीतर अत्यंत गहराई से तीव्र कंपन होता है, यही कंपन समुद्र के जल को काफी ऊँचाई तक तीव्रता प्रदान करता है। फलस्वरूप तटीय क्षेत्र सर्वाधिक प्रभावित होते हैं। सुनामी का भीषण प्रकोप 20 सितंबर 2004 को हुआ, जिसकी चपेट में भारतीय प्रायद्वीप सहित अनेक देश आ गए। क्षिति, जल, पावक, गगन और समीर इन पंचतत्त्वों में संतुलन बनाए रखकर प्राकृतिक आपदाओं से बचा जा सकता है। इसके

विपरीत असंतुलित पंचतत्त्वों से सृष्टि विनिष्ट हो सकती है। भूकम्पविषये प्राचीनमतम् :-
प्राचीनैः ऋषिभिः अपि स्वस्वग्रन्थेषु भूकम्पोल्लेखः कृतः येन स्पष्टं भवति यत् भूकम्पाः प्राचीनकालेऽपि आयायन्ति स्म।
यथा वराहसंहितायाम्

क्षितिकम्पमाहुरेके महान्तर्जलनिवासिसत्त्वकृतम्

भूभारखिन्नदिग्गजनिः श्वाससमुद्भवं समुद्भवं चान्ये।
अनिलोऽनिलेन निहितः क्षितौ पतन् सस्वनं करोत्यन्ये
केचित् त्वदृष्टकारितमिदमन्ये प्राहुराचार्याः ॥
कदाचिद् भूकम्पः श्रेयसेऽपि कल्पते।

एतादृशाः अपि उल्लेखाः अस्माकं साहित्ये

समुपलभ्यन्ते यथा वारुणमण्डलमौशनसे

प्रतीच्यां यदि कम्पे वारुणे सप्तके गणे,
द्वितीयायां मे रात्रौ तु तृतीयो वारुणं स्मृतम्।
अत्र वृष्टिश्च महती शस्यवृद्धिस्तथैव च,
प्रज्ञा धर्मस्ताश्चैव भयरोग विवर्जिताः ॥

व्यायामः

जसकरन सिंह - 10वीं (स)

शरीरायासजननं कर्म तद्व्यायाम संज्ञितम्
तत्कृत्वा तु सुखं देहं विमृदनीयात् समन्तत ॥ 1 ॥

शरीरोपचयः कान्तिर्गात्राणां सुविभक्तता।
दीप्ताग्नित्वमनालस्यं स्थिरत्वं लाघवं मृजा ॥ 2 ॥

श्रमक्लमपिपासोष्ण – शीतादीनां सहिष्णुता।
आरोग्यं चापि परमं व्यायामादुपजायते ॥ 3 ॥

न चास्ति सदृशं तेन किञ्चित्स्थौल्यापकर्षणम्।
न च व्यायामिनं मर्त्यमर्दयन्त्यरयो बलात् ॥ 4 ॥

न चैनं सहसाकम्प्य जरा समधिरोहति।
स्थिरीभवति मांसं च व्यायामाभिरतस्य च ॥ 5 ॥

व्यायामस्विन्नगात्रस्य पदभ्यामुदवर्तितस्य च।
व्याधयो नोपसर्पन्ति वैनतेयमिवोरगाः
वयोरुपगुणैर्हीनमपि कुर्यात्सुदर्शनम् ॥ 6 ॥

व्यायामं कुर्वतो नित्यं विरुद्धमपि भोजनम्।
विदग्धमविदग्धं वा निर्दोषं परिपच्यते ॥ 7 ॥

व्यायामो हि सदा पथ्यो बलिनां स्निग्धभोजनाम्।
स च शीते वसन्ते च तेषां पथ्यतमः स्मृतः ॥ 8 ॥

सर्वेश्वृतुश्वहरहः पुम्भिरात्महितैश्विभिः।
बलास्यार्धेन कर्तव्यो व्यायामो हन्त्यतोऽन्यथा ॥ 9 ॥

हृदिस्थानस्थितो वायुर्यदा वक्त्रं प्रपद्यते।
व्यायामं कुर्वतो जन्तोस्तद्बलार्धस्य लक्षणम् ॥ 10 ॥

योबलशरीराणि देशकालाशनानि च।
समीक्ष्य कुर्याद् व्यायाममन्यथा रोगमाप्नुयात् ॥ 11 ॥



वनिता गोलछा (शिक्षिका)

समय कब रहा एक सा
समय यह भी चला जाएगा ,
समय ने जो जख्म दिए
समय ही मरहम लगाएगा ।
समय आज जो साथ नहीं
समय को थोड़ा समय दे दो ,
समय खुद ही समय बदलेगा
समय को सकारात्मक लय दे दो ।
समय के साथ बदल जाओ या
समय को बदलना सीखो ,

समय तो चलता रहता है
समय के साथ चलना सीखो ।
समय जो एक बार चला गया
समय न वह दोबारा पाओगे ,
समय पर समय को ना समझा तो
समय आने पर पछताओगे ।
समय के रहते रहते अगर
समय की कीमत जान ली ,
समय ने भी उसको सफल
समय पर बनाने की ठान ली ।



माता

ऐश्वर्य राठी - 10वीं (स)

महाभारत में अनेक ऐसे प्रसंग हैं जो आज के युग में भी उपादेय हैं । महाभारत के वन पर्व से ली गई यह कथा न केवल मनुष्यों अपितु सभी जीव-जंतुओं के प्रति सम दृष्टि पर बल देती है समाज में दुर्बल लोगों अथवा जीवों के प्रति भी मन की ममता प्रमाद होती है ।

धर्म अर्थ च कामे च मोक्षे च भरतर्षभ ।

यदिहास्ति तदन्यत्र यन्नेहास्ति न तत् क्वचित् ।

अर्थात् धर्म, अर्थ, काम और मोक्ष इन पुरुषार्थ चतुष्टय के बारे में जो बातें यहाँ हैं वे तो अन्यत्र मिल सकती हैं पर जो कुछ यहाँ नहीं है वह अन्यत्र कहीं उपलब्ध नहीं हैं ।

नास्ति मातृसमा छाया, नास्ति मातृसमा गतिः ।

नास्ति मातृसमां त्राणं, नास्ति मातृसमा प्रिया ।।

भारतीय संस्कृति में गौ का महत्व अनादिकाल से रहा है हमारे यहाँ सभी इच्छित वस्तुओं को देने की क्षमता गाय में है, इस बात को कामधेनु की संकल्पना में समझा जा सकता है कामधेनु के बारे में यह माना जाता है कि उनके सामने जो भी इच्छा व्यक्त की जाती है वह तत्काल फलवती हो जाती है ।

काले फलं यल्लभते मनुष्यो

न कामधेनोश्च समं द्विजेभ्यः ।।

कन्यारथानां करिवाजियुक्तैः ।

शतैः सहस्रैः सततं द्विजेभ्यः ।।

दत्तैः फलं यल्लभते मनुष्यः ।

समं तथा स्थान् तु कामधेनोः ।।

अर्थात् गाय के महत्व के संदर्भ में महाकवि कालिदास के रघुवंश में संतान प्राप्ति की कामना से राजा दिलीप द्वारा ऋषि वशिष्ठ की कामधेनु नंदिनी की सेवा और उनकी प्रसन्नता से प्रतापी पुत्र प्राप्त करने की कथा भी काफी प्रसिद्ध है आज हम भी गाय की उपयोगिता प्रायः सर्वथा स्वीकृत ही है ।

एकत्र पृथिवी सर्वा, सशैल कानना,
तस्थौ गौर्ज्यायसी, साक्षादेकत्रोभयतोमुखी ।
गावो हुतं च भव्यं गावः पुष्टिः सनातनी,
मातो लक्ष्म्यास्तथाभूतं, गोषु दत्तं न नश्यति ।।

स्मृति सौरभम्

दक्षा चटर्जी - 10वीं (स)

आनन्दगङ्गा वहतीव यत्र

सौन्दर्यसिन्धु सरतीव यत्र ।

बन्धुत्वसिन्धुश्चलतीव यत्र

संस्कारशुद्धोऽस्ति स वो विभागः ।। 1 ।।

विलोक्य विद्यां प्रति कर्मनिष्ठां

चेष्टां च सर्वा निजनेत्रकान्त्या ।

जातं हि चित्तं सुखमण्डितं मे

विद्या यतो मे जननीव जीर्णा ।। 2 ।।

शुभ्रा सुचित्रा सरला सुभद्रा

विभागदायित्वनगाधिरूढा ।

बन्धुत्वविद्याविषये प्रवीणा

तां भारतीं स्नेहवतीं स्मरामि ।। 3 ।।

साप्ताहिक गतिविधि

डॉ. दादूभाई त्रिपाठी (शिक्षक)

सभ्यता के ऊषाकाल से ही मानव अपनी प्रबल एवं सहज परि कल्पनाओं से स्वभावेन प्रतिदिन कुछ न कुछ अपने जीवन में नया सीखता है, यही मनुष्य मात्र की सहज प्रवृत्ति भी है। प्रत्येक व्यक्ति में जन्मजात कुछ विशेष गुण उसके अन्तःकरण में विद्यमान रहते हैं, वही गुण विशेष, संगति विशेष की अनुकूलता प्राप्त करते ही प्रकट हो जाते हैं, या यूँ कह सकते हैं कि वही गुण विशेष उभरकर मनुष्य की पहचान बन जाते हैं। मनुष्य का एक ही विशेष गुण, उसे दुनिया का सिरमौर बना देता है, हाँ वह कौन सा गुण विशेष व्यक्ति के अंदर समाहित है, इसकी पहचान करना प्रत्येक व्यक्ति को अति आवश्यक है, तभी वह अपने स्वाभाविक गुण, स्वाभाविक विशेषता, स्वाभाविक रुचि के अनुसार स्वयं को समाज के समक्ष प्रमाणित कर सकेगा, अन्यथा वह व्यक्ति यदि अपने स्वाभाविक गुण, स्वाभाविक विशेषता, स्वाभाविक रुचि के अनुसार लक्ष्य का निर्धारण नहीं करता तो उसका समस्त श्रम व्यर्थ हो जाता है, क्योंकि वह व्यक्ति अपने स्वाभाविक गुण, विशेषता, रुचि, योग्यता के अनुसार लक्ष्य निर्धारित नहीं किया फलस्वरूप निष्फल हो जाता है। भारत वर्ष में तो गुरुकुल परम्परा में चौंसठ (64) कलाओं के अध्ययन अध्यापन के प्रमाण प्राप्त होते हैं। छात्रों को बचपन से ही शिक्षक परखता था, तथा शैशव से ही छात्रों की रुचि, योग्यता, अन्तर्निहित गुणों का आकलन, मूल्याङ्कन कर चौंसठ (64) कलाओं में से किसी एक कला के शिक्षण में छात्रों को निष्णात किया जाता था। तभी वह छात्र समाज का मार्गदर्शक बनकर तत्कालीन समाज का कल्याण करता था। कांग्रेस वाली अकादमी इन्हीं उद्देश्यों की पूर्ति हेतु, तथा छात्रों के सर्वाङ्गीण शारीरिक, मानसिक, चारित्रिक, और अन्तर्निहित गुणों के विकास के लिए कटिबद्ध है। छात्रों में आधुनिक ज्ञान के साथ-साथ प्राचीन कालीन गुण एवं कलाओं का चतुर्मुखी विकास हेतु अनेक गतिविधिओं का शिक्षण कुशल शिक्षकों (Experts) के मार्गदर्शन में छात्रों को विधिवत कराया जाता है। उदाहरणार्थ –

काष्ठकला, (carpentry) अपने विद्यालय में छात्रों को विधिवत काष्ठकला का प्रशिक्षण दिया जाता है, ताकि छात्रगण इस कला से परिचित हो सकें, एवं इसकी बारीकियों को समझ सकें, अतः विद्यालय की टूटी फूटी लकड़ियों का प्रयोग करते हुए, कुछ नई चीजें बनाई जाती हैं। कुल मिलाकर पुनर्नवीनीकरण पुनः प्राप्त, पुनर्निर्मित काष्ठकला, जिसमें नए लकड़ी के उत्पाद बनाने के लिए स्क्रेप लकड़ी और त्याग दिए गए या टूटे हुए फर्नीचर के हिस्सों का उपयोग किया जाता है।

मृत्तिकाशिल्प, (pottery) छात्रगण को मिट्टी के बर्तनों के अध्ययन से किसी संस्कृति के दैनिक जीवन, धर्म, सामाजिक रिश्तों, पड़ोसियों के प्रति दृष्टिकोण, अपनी दुनिया के प्रति दृष्टिकोण, निष्कर्ष निकालने का सहारा मिलता है। अपने विद्यालय में छात्रों को विधिवत मिट्टी के बर्तन के शुरुआती रूप से बनाना सिखाया जाता है। मिट्टी तैयार करना, बर्तन बनाना, जिन्हें कितने तापमान पर पकाया जाए, यह सिखाना। मिट्टी बर्तनों को शुरु में गड्ढे में आग या खुले अलाव में पकाने की विधि सिखाई जाती है। मिट्टी के बर्तनों को 600 डिग्री सेल्सियस तक कम तापमान पर जलाया जा सकता है और सामान्यतः 1200 डिग्री सेल्सियस से नीचे पकाया जाता है।

उद्यानिकी, (gardening) विद्यालय में छात्रों को विधिवत उद्यानिकी, (gardening) की शिक्षा दी जाती है कि किस बीज को किस समय बोना चाहिए। कुछ बीजों के उगने में बहुत समय की आवश्यकता होती है या वे विशेष ऋतु में उगते हैं और इससे पहले कि वे उगना प्रारंभ करें, भिन्न-भिन्न प्रकार के पादपों को इतनी विभिन्न मात्राओं में पानी की आवश्यकता होती है कि इनके लिए कोई व्यापक नियम नहीं बनाया जा सकता। कितना पानी दिया जाए और कब दिया जाए, यह इस पर निर्भर है कि कौन-सा पौधा है और ऋतु क्या है। गमले में लगे पौधों को सूखी ऋतु में प्रति दिन पानी देना आवश्यक है। सभी पादपों के लिए भूमि को निरंतर नम रहना चाहिए जिससे उनकी विकास न रुके। फलों के भी समुचित विकास के लिए निरंतर पानी की आवश्यकता रहती है। यह स्मरण रखना चाहिए कि भूमि में नमी मात्रा इतनी कम कभी न हो कि पौधे मुरझा जाएँ और फिर पनप न सकें। अच्छी सिंचाई वही है जिसमें पानी कम से कम मात्रा में खराब जाए।

चित्रकला, (drawing) साप्ताहिक गतिविधि द्वारा अपने विद्यालय में छात्रों को चित्रकला, (drawing) का विधिवत शिक्षण कुशल प्रशिक्षक के मार्गदर्शन में कराया जाता है क्योंकि भारत में चित्रकला का इतिहास बहुत पुराना रहा है। पाषाण काल में ही मानव ने गुफा चित्रण करना शुरु कर दिया था। भारत के क्षेत्रों में कंदराओं और गुफाओं में मानव चित्रण के प्रमाण मिले हैं। इन चित्रों में मानव समूहों, स्त्रियों तथा पशु-पक्षियों आदि के चित्र मिले हैं। अजंता की गुफाओं में की गई चित्रकारी कई शताब्दियों में तैयार हुई थी, इसकी सबसे प्राचीन चित्रकारी ई.पू. प्रथम शताब्दी की है। भारतीय चित्रकला की प्रमुख शैलियाँ जैनशैली, पाल शैली, अपभ्रंश शैली,

मुगल शैली, पटना या कम्पनी शैली, दक्कन शैली, गुजरात शैली, राजपूत शैली, जयपुर शैली, बीकानेर शैली आदि विभिन्न प्रकार की चित्रकलाएँ छात्रगण यहाँ सीखते हैं।

रेखाचित्र, (sketching) रेखाचित्र, दृश्य अभिव्यक्ति का एक रूप है और दृश्य कला के अंतर्गत प्रमुख रूपों में से एक है। कार्टून सहित, रेखाचित्र की कई उपश्रेणियाँ हैं। रेखाचित्र के माध्यम से छात्रगण किसी भाव, घटना, दृश्य, व्यक्ति, परिवेश को अंकिनी (pencil) और तूलिका (brush) के माध्यम से कैसे अभिव्यक्त कर सकें, ऐसा शिक्षण छात्रों को विद्यालय उपलब्ध कराता है।

नृत्यकला, (dance) विद्यालय में छात्रों को अनेक नृत्य विधाओं को सिखाया जाता है। नृत्य मानवीय अभिव्यक्तियों का एक रसमय प्रदर्शन है। यह एक सार्वभौम कला है, जिसका जन्म मानव जीवन के साथ हुआ है। बालक जन्म लेते ही रोकर अपने हाथ पैर मार कर अपनी भावाभिव्यक्ति करता है कि वह भूखा है— इन्हीं आंगिक—क्रियाओं से नृत्य की उत्पत्ति हुई है। जिस तरह भारत में कोस—कोस पर पानी और वाणी बदलती है वैसे ही नृत्य शैलियाँ भी विविध हैं। प्रमुख भारतीय शास्त्रीय नृत्य हैं कथक, ओडिसी, भारतनाट्यम, कुचिपुडि, मणिपुरी, एवं कथकलि आदि। साथ ही लोक नृत्यों में प्रत्येक प्रांत के अनेक स्थानीय नृत्य हैं। इन सभी नृत्य विधाओं को सिखाया जाता है। इन्दिरा गाँधी संगीत कला विश्वविद्यालय खैरागढ़ से संबद्ध कथक का डिप्लोमा कोर्स भी छात्रों को विद्यालय द्वारा कराया जाता है।

गायनकला, (vocal) जैसा कि हम सभी गायन के महत्व से अवगत हैं। इन्दिरा गाँधी संगीत कला विश्वविद्यालय खैरागढ़ से संबद्ध डिप्लोमा कोर्स भी छात्रों को विद्यालय द्वारा कराया जाता है। गायन की कक्षाएँ प्रतिदिन तो चलती ही हैं, साप्ताहिक गतिविधि द्वारा छात्रों को विशेष गायन सिखाया जाता है, ताकि छात्रगण गायन की सभी विधाओं से अवगत हो सकें।

वादनकला, (stuments) तबला वादन की कक्षाएँ प्रतिदिन तो चलती ही हैं, साप्ताहिक गतिविधि द्वारा छात्रों को विशेष तबला वादन सिखाया जाता है, ताकि छात्रगण तबला वादन की सभी विधाओं से अवगत हो सकें। इन्दिरा गाँधी संगीत कला विश्वविद्यालय खैरागढ़ से संबद्ध तबला वादन का डिप्लोमा कोर्स भी छात्रों को विद्यालय द्वारा कराया जाता है।

हस्तशिल्प, (calligraphy) अच्छी हैंडराइटिंग अच्छा इम्प्रेशन बनाने के साथ व्यक्ति की पर्सनालिटी निखरती है। कुछ लोगों की लिखावट इतनी सुंदर होती है कि देखने वाले दंग रह जाते हैं। अगर आपकी लिखावट सुंदर है तो आप calligraphy में अपना करियर बना सकते हैं। छात्रों के लिए Best Career Option साबित हो सकता है। अतः साप्ताहिक गतिविधि द्वारा छात्रों को विशेषतया calligraphy सिखाया जाता है, ताकि छात्रगण अपनी लिखावट सुधार सकें। इस प्रमुख विधा से अवगत हो सकें।

मूर्तिकला, (sculpture) विद्यालय में आधुनिक एवं समकालीन कला और संस्कृति की झलक लिये हुए स्कल्पचर का शिक्षण छात्रों को कराया जा रहा है। परंपरागत कला संस्कृति स्थापत्य कला को पहचानने तथा अपनी जड़ों से जुड़े रहने का मौका प्राप्त हो रहा है। भलीभाँति मूर्तिकला, (sculpture) शिक्षण छात्रगण प्राप्त कर रहे हैं।

पाककला, (firless cooking) बच्चों के लिए आग रहित खाना पकाने की विधियाँ एक आवश्यक जीवन कौशल तैयार करती हैं। यह उन्हें अपनी रचनात्मकता व्यक्त करने, फोकस बढ़ाने और मापने, गिनने, निर्देशों का पालन करने और समस्या—समाधान जैसे कौशल विकसित करने के लिए प्रोत्साहित करता है। विद्यालय में छात्रों को firless cooking का ज्ञान कराया जाता है।



KVA Rising Stars... Class X, Batch 2023-24



Ambassadors of KVA.... Batch 2023-24



KVA Trailblazers



Visitors' Voice



Mr. Mohit Mangal

A nationally recognised Career Counsellor from Ahmedabad, author of Parents' Handbook of Careers after School in India published by CBSE, a Guest Faculty at IIMs, IITs, NID, NIFT, and S.V National Police Academy was invited to Kaanger Valley Academy on 5th June 2023 for the Orientation Programme for parents, students and teachers. All the stake hold made full use of the daylong session, which was of immense use and in many ways an eye opener about the latest career options available today.



Mr. Arif Shaikh

IPS -- (2005 Batch) Inspector General of Police (IGP), a people's cop as he is nicknamed, an IACP & FICCI Policing Award recipient visited the school as the Chief Guest of the Investiture Ceremony & Folk Dance Competition on 11th July 2023. The appointment of the Captains and Vice Captains were done and the Chief Guest gave away the Badges of Honour to the new appointees. He spoke to the children about leadership abilities and how one should keep his/her dreams alive and strive towards making them come true. He stressed on how there was no substitute to hard work, giving his own examples in life.



Mr. Subrat Sahoo

IAS- Additional Chief Secretary of the Government of Chhattisgarh, an avid Quizzer, Debater and Science Fiction Writer, graced the occasion of the 15th Jitendra Jain Memorial Inter School English Debate & Case Study Competition 2023 on 21st November as the Chief Guest. He gave away the prizes to the deserving winners and blessed the audience comprising participating school children. He narrated in numerous unique points for keeping in mind while debating and during case study presentations. The students were awe struck by the exemplary way all of it was shared.



Brig. Vivek Sharma (Retd.)

VSM, Director, Dte. Of Sainik Welfare Board, Chhattisgarh, an infantry man to the core, who had been the Commanding Officer of several units and currently heading the Rajya Sainik Kalyan Board, visited the school on the Annual Sports Day, on 11th December 2023. He addressed the gathering motivating students to join NCC and later the Armed Forces as proud officers. He encouraged students to be always associated with sports as it taught both winning and losing. He patiently & lovingly gave away the prizes and certificates to the keen contestants who had won in their events.



Mrs. Mokshada 'Mamta' Chandrakar

Vice Chancellor, Indira Kala evam Sangeet Vishwa Vidyalyay, Khairagrh. World renowned folk artist (vocalist) in spite of her too busy schedule, agreed to be our Chief Guest at "Hurrah" the Annual Day Celebrations of the Junior School, only for the sake of our children. She was excited to see the little ones performing to suit the title theme of "Kaleidoscope- the hues of the Earth" and was even surprised at their ability of expression and the confidence projected by them. She blessed the students for their hard work and sincere participation, while praising the teachers behind the scene, for their untiring efforts



Mr. O. P. Choudhary

Cabinet Minister for Finance, Govt. of CG, MLA Raigarh, General Secretary, BJP CG., Ex IAS, 2005 Batch. PM Excellence Awardee was the honourable Chief Guest at the school Annual Day for the Senior School- "Confetti". He inaugurated the Art & Craft Exhibition, went around appreciating the craftsmanship of the students. The Chief Guest distributed the school Inter House Co-curricular and Academic Prizes, to the winners. He also sat back to view the Cultural presentations of the students under the theme "Green Gatha" about being in sync with the environment of the Earth. The honourable guest even shared his views with the august gathering of parents, teachers, alumni & students



Dr. Khader Vali

Millet Man of India, also spelled Khadar Valli Dudekula, residing in Mysore is a food and nutrition specialists, who advocates consumption of millets to control life style diseases like diabetes, hypertension. He was awarded Padma Shri, the fourth highest civilian award by Government of India during 2023 and the same was handed over to him by President of India on 5 April 2023. He visited KVA on 2023, went around the school, and expressed his joy on our sharing of our millet menu for children, being served in the mess, during meals. He was more than pleased to note of our involvement and educational trips to "Divine Earth", millet & organic food materials.



Dr. Justice Narendra Kumar Jain

Chairman, National Commission for Minority Educational Institutions, New Delhi, visited the school on 4th September 2023 on his visit to the state on official capacity He was extremely pleased to learn about the unique approach towards progressive learning and how KVA curriculum strived to prepare integrated independent students. He spoke to the students, teachers and the members of the management, encouraging everyone to strive towards excellence and accountability.



KAANGER VALLEY ACADEMY

(Under the aegis of Kaanger Valley Academic Society)

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