

# WEEKLY MENU

26/8/24 to 31/8/2024

## Accompainment

Cucumber Raita,  
Green Salad  
Pickle  
Boondi Raita  
Onion Raita  
Sauce  
Tomato Soup



## Carbs/ Delights

Samosa Chaat  
Steamed rice  
Chhapati  
Pav Bhaaji  
Jeera-Aloo  
Kofta Gravy  
Moong dal Halwa  
Chocolate Icecream



## Healthy Food

Poha  
Idli  
Coconut Chutney  
Daliya  
Upma  
Bread-Butter  
Cornflakes with Milk  
Millet Pasta  
Sprouts



## Veggies/ Fruits

Okra  
Cabbage  
String Beans  
Cucumber  
Banana  
Carrot  
Green Gourd  
Parwal

## Proteins/Legumes

Moong Dal  
Arhar Dal  
Paneer Gravy  
Lobia  
Matar  
Rajma  
Corn Gravy

## Snacks/Beverages

Matar Pack  
Papdi  
Lemonade  
Chiwda  
Bhel  
Fruit Punch