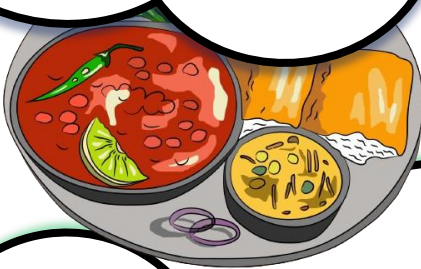


WEEKLY MENU
05/8/24 to 10/8/2024

Accompainment

Corn soup
Veg soup
Cucumber Raita,
Green Salad
Pickle
Boondi Raita
Onion Raita
Sauce



Veggies/ Fruits

Parwal
Okra
Capsicum
Cabbage
String Beans
Cucumber
Banana
Carrot
Green Gourd
Mix Veg



Carbs/ Delights

Samosa Chaat
Kadhi
Fruit Custard
Steamed rice
Chhapati
Gatta Gravy
Jeera-Aloo
Kofta Gravy
Matar Pack
Corn Gravy

Healthy Food

Poha
Uttapam
Coconut Chutney
Namkeen sewai
Daliya
Bread-Butter
Khichdi



Proteins/Legumes

Moong Dal
Arhar Dal
Paneer Bhurji
Rajma
Lobia
Matar
Dal Makhani
Chhole

Snacks/Beverages

White Dhokla
Papdi
Lemonade
Chiwda
Bhel